



ALASKA FACIAL PLASTIC SURGERY & ENT
CHRISTINA MAGILL MD

3719 E. Meridian Loop, Suite E, Wasilla, AK 99654 P: 907-671-6017 F: 907-631-0766

FRENULECTOMY

WHAT TO EXPECT AFTER THE PROCEDURE:

- Your child may have some sutures (stitches) under his tongue if a lingual frenulectomy was performed in the operating room. These will dissolve on their own. No stitches are used when the procedure is done in the office or when the maxillary frenulum is released.
- You may notice some bloody drainage (pinkish tinge) from your child's mouth for the first 48 hours following surgery.
- Your child might be briefly fussy after the procedure. Taking liquids may soothe your child, but it may be uncomfortable at first. After the first hour your child will feel much better. A non-aspirin pain reliever may be given if needed.
- A slight fever (99 to 100.2 F) is normal after surgery. Do not take your child's temperature by mouth until the stitches have dissolved.

EATING/ DIET:

- Please follow a soft food diet, taking care to avoid the surgical area when chewing. Avoid sticky, hard (such as nuts, popcorn or chips), brittle, spicy, highly seasoned, or acidic foods in your child's diet. Foods such as soups, pasta, scrambled eggs, mashed potatoes, macaroni and cheese etc. are best. Be sure to maintain adequate nutrition and drink plenty of fluids.

CALL OUR CLINIC IF YOUR CHILD EXPERIENCE ANY OF THE FOLLOWING:

- Your child is having difficulty swallowing and has excessive drooling.
- Your child has excessive bleeding from the mouth. A small amount of oozing is normal.
- Your child has severe swelling under the tongue or chin. A small amount of swelling is normal.
- Your child's temperature is greater than 101.5 F.
- Your child has a croupy (barky) cough, cry or wheeze.
- Your child vomits for more than 6 hours or if vomiting is severe.
- Your child has signs of dehydration (dry mouth, sunken look around eyes, no tears with crying, decreased amount of urine, which would mean fewer wet diapers for an infant). A child can become dehydrated when he or she has prolonged or severe vomiting and is not taking enough to keep up with the loss of fluids.

If you have questions or concerns following your surgery please call our office at **907-671-6017**(after hours, ask for ENT doctor on call) or call **911** for emergency.