



2016 – 2017 Officers

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Member Groups

- * Alpha Chi Omega
- Alpha Delta Pi
- Alpha Epsilon Phi
- Alpha Gamma Delta
- Alpha Omicron Pi
- * Alpha Phi
- Alpha Sigma Tau
- * Alpha Xi Delta
- * Chi Omega
- * Delta Delta Delta
- * Delta Gamma
- Delta Phi Epsilon
- Delta Zeta
- * Gamma Phi Beta
- * Kappa Alpha Theta
- Kappa Delta
- * Kappa Kappa Gamma
- * Phi Mu
- Phi Sigma Sigma
- * Pi Beta Phi
- Sigma Delta Tau
- * Sigma Kappa
- Sigma Sigma Sigma
- Theta Phi Alpha
- Zeta Tau Alpha

* Represented at first
Cleveland Alumnae Panhellenic
Association Meeting on May 15, 1914

Newsletter Editor

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Lauren's Letter

I'm excited to begin my presidency for the 2016-2017 CAPA year, supported and guided by an experienced and passionate delegate team! Working together, the term is off to a great start – from an enjoyable social picnic at Leslie Cooke's beautiful home, to productive first Executive Team and Board meetings.

Looking ahead, my primary goals for CAPA are to increase member participation with Community Service initiatives and overall "Panhellenic" spirit throughout the entire 2016-2017 year. I hope to see each chapter donate at least one item to our Next Step collection, as well as send volunteers to our shift at the Cleveland Food Bank on February 27th, 2017, from 6 p.m. - 8 p.m. Additionally, I welcome all chapters to participate on the annual Luncheon Committee. Thank you to current volunteers from Delta Zeta, Chi Omega and Zeta Tau Alpha, together we can make this year's luncheon our best yet!

To help keep delegates and sisters informed on CAPA initiatives, Jessica Hanna of Chi Omega is currently updating our website. Through the updates site, you'll enjoy easier access to our calendar and information about each chapter's events. It will also help us recruit more scholarship applicants and sorority attendees for the annual luncheon.

I've thoroughly enjoyed meeting and interacting with the women of CAPA so far, and look forward to collaborating with you during this term. I've also been pleased to see new faces – and hope to see more! Feel free to contact me any time with questions, comments and suggestions regarding CAPA. And don't forget, our next meeting is on October 13th at 5:30pm. I hope to see you there!

Warm regards,
Lauren Hanna



Fall Fundraiser

CAPA's Fall Fundraiser from Mixed Bag Designs is the time to find great gifts for the holidays and useful items for yourself. In addition to the recycled poly tote bags we all love there are now canvas totes, more gift wrap and a whole catalog of home and kitchen items.

Our sale will start the day of our Oct. meeting, October 13 and run through November 10. Orders and checks should be turned in at our November 10 meeting or mailed to Alison Borodkin to arrive by Nov. 10 in order to ensure that your items arrive in time for holiday gift giving. 50% of the purchase price of anything ordered from you will go to support CAPA programming and scholarships. These items will ship for free and the Ways and Means Committee will arrange delivery so you get everything in time for the holidays.

At your next alumnae chapter meeting do a fashion show with the bags you purchased in past years and you will definitely get orders. Let your members know that they can also place orders online at www.mixedbagdesigns.com/?fundraiserid=347779. We get 40% of the purchase price of all online orders. Make sure our ID number (347779) is add at checkout.

Order packets will be distributed at the Oct. meeting. Delegates who cannot attend this meeting should contact Ways & Means Chair Alison Borodkin (acborodkin@hotmail.com) to be mailed a packet.

Sorority Spotlight

Social media highlights Delta Zeta founders' passion for equality

Checking out Facebook you will find Delta Zeta national sorority touts Women's Equality Day, August 26, which was established by U.S. Presidential Proclamation in 1971. The posting states: "Learn more about Delta Zeta's Founders, who believed in equal rights in the classroom as some of Miami University's first full-time female students." (Link on Pinterest: <http://bit.ly/1efzE5m>.)

We thought it was an appropriate topic for our CAPA newsletter since Lauren Hanna, CAPA President 2016-2017, brings her Delta Zeta sisterhood to our table. I'm also happy to share that my mother became a Delta Zeta after it merged with her local sorority, at Temple University, Philadelphia, during the World War II years. She always spoke fondly of her sorority sisters.

For more information about Women's Equality Day, please visit:

<http://www.nwhp.org/resources/comemorations/womens-equality-day/>

Pat Magee-Nemetz, Delegate, Alpha Gamma Delta

News and Notes

Delta Gamma-Cleveland East was honored at Convention 2016 and received recognition in the following categories:

Winner Outstanding Philanthropy: Fundraising (Region 4)

Runner-up Outstanding Alumnae Programming (Division 2)

Candidate for Outstanding Chapter

An astrological theme for programming will entertain, educate and provide wonderful opportunities for **Delta Gamma** East's sisterhood this year. Our "DG what's your sign?" theme will highlight each month's zodiac sign and sisters whose birthdays correlate with the month. According to astrology, celestial phenomena relate to human activity so that signs are held to represent characteristic modes of expression. This year's alumnae programming will focus on the strengths of each sign while bringing us to a closer understanding of our Delta Gamma sisters. Our September meeting will be a potluck and appropriately themed to VIRGO, the astrological sign of loyalty and friendship.

Delta Delta Delta Cleveland West Side returned from Convention in Phoenix, AZ with three first place awards! In the categories for Alumnae Excellence in Communication and Alumnae Philanthropy with Purpose, these ladies won the medium chapter size divisions. However, size had no bearing on the greatest award they received - the Crescent Award - for being the "top alumnae chapter exhibiting exceptional and rewarding experiences to their members while maintaining a stable or increasing membership, promoting Life Loyal

membership, and offering diversity of activities and schedules. This alumnae chapter reflects the commitment of lifetime membership experience and the Purpose of Tri Delta." As part of these awards, Tri Delta Cleveland earned one free registration for Convention 2018 to be held in Dallas, TX.

During Tri Delta's Convention, a new brand identity for the Fraternity was launched with much enthusiasm! The new brand embodies Tri Delta's classic symbols, colors and imagery in one fresh, innovative and distinct logo. Fittingly, the pictorial element of this new logo is called a "Tricon."



CAPA Marketplace



SCHOLARSHIP SWEETS
A GIFT FOR the HOLIDAYS...OR, YOU! PEANUT BRITTLE!!!
Zeta Tau Alpha Cleveland East is making these perfectly sized "treats just for you!"

Made in our own test kitchen! Made with love and sisterly sage!
4oz bags = \$5. 8oz bags = \$10.
This peanut brittle is very special—very thin. Will not break a tooth!!!!
At October's CAPA meeting, Karen will have some samples, some bags to sell & will take orders for November's meeting's delivery! Funds benefit our ZTA Scholarships!
Bon appetite & Thank You! Karen Erlenbach, 216-849-7088

Tri Delta Poinsettia Sale

Back for its fourth year and in time for the upcoming holidays is the Tri-Delta Poinsettia Sale featuring beautiful poinsettias locally grown by Maria Gardens. Look for flyers in October.

Recipe Corner

Ashley Wohlwend's Caramel 'N Chocolate Pecan Bars

Crust:

2 cups all-purpose flour (I used 1 cup all-purpose and 1 cup whole wheat)
1 cup firmly packed brown sugar
1/2 cup salted butter, softened
1 cup pecan halves

Caramel Layer:

2/3 cup salted butter
1/2 cup firmly packed brown sugar

Chocolate:

1 cup semi-sweet chocolate chips

Heat oven to 350 degrees F. Combine all crust ingredients except pecans in large bowl. Beat at medium speed until mixture resembles fine crumbs. Press onto bottom of ungreased 13x9 baking pan. Place pecans evenly over unbaked crust.

Combine 2/3 cup butter and 1/2 cup brown sugar in 1-quart saucepan. Cook over medium heat, stirring constantly, until entire surface of mixture begins to boil. Continue cooking, stirring constantly, 1 minute. Pour mixture evenly over pecans and crust.

Bake for 18-22 minutes or until entire caramel layer is bubbly. **DO NOT OVERBAKE**

Remove from oven. Immediately sprinkle with chips; allow to melt slightly. Swirl melted chips over bars leaving some whole for marbled effect. Cool completely. Cut into bars.

Store at room temperature in loosely covered container.

Yields 36 bars

Upcoming Events

Tri Delta invites you to join their team in Cleveland's St. Jude Walk/Run at Edgewater Park on Saturday, September 24th. To make a donation or to join the walking team and waive the \$10 registration fee, use the code "SILVER" at <http://tinyurl.com/ddd4stjude2016>.

Join Tri Deltas and other Panhellenic women at their bi-monthly book club, Poseidon's Readers. On Sunday, October 23rd 4:30pm, meet up with fellow booklovers at Pier W to discuss Brain on Fire by Susannah Cahalan.

Community Service Fall Project

Our fall community service project is collecting items to benefit Next Step. Next Step provides shelter care for youth, ages 12-17, who are without a home or a stable living environment. Next Step also offers semi-independent living in apartment and group living settings for youth, ages 16-21, who will be exiting the foster care system. Its emphasis is preparation for living independently.

Next Step is in need of the items listed below. Please bring to the November meeting. If you have items which are too large to transport you can contact Michelle Morris from NextStep at 216-221-8920 or mlatham-morris@lmmmyouth.org

Bedroom

- *bed linens, blankets, plastic mattress covers (twin, full, toddler)
- *alarm clocks
- *pillows & cases
- *hangars (non-wire)
- *lamps & bulbs
- *wastebaskets
- *throw rugs
- *fans

Bathroom

- *towels & washcloths
- *laundry detergent & bleach
- *shower curtains/liners

Kitchen

- *plates, bowls, cups, saucers & mugs
- *flatware
- *glassware
- *pots & pans
- *mixing bowls
- *Trash containers
- *rugs
- *handheld mixers
- *blenders/food processors
- *can openers
- *dish cloths & towels
- *dish pan
- *dish draining rack
- *dish detergent
- *pot scrubbers
- *cleaning supplies
- *paper towels & dispensers

- *aluminum foil
- *plastic wrap
- *food storage bags
- *food storage containers with lids
- *3-section single-portion plate-style food containers with covers

Personal Hygiene Items

- *soap/body wash
- *shampoo & conditioner
- *deodorant

- *body lotion
- *acne wash/cream
- *nail care items
- *toothpaste
- *toothbrushes
- *mouthwash
- *combs & brushes
- *ponytail clips
- *flat irons/curling irons
- *feminine hygiene products
- *first aid kits/supplies
- *razors & shaving cream

Baby Items

- *cribs
- *strollers
- *car seats
- *baby blankets
- *pack & plays
- *diapers
- *baby wipes
- *bottles
- *pacifiers
- *bibs
- *sippy cups
- *baby utensils
- *new or gently used baby clothing
- *new or gently used baby toys

Furniture & Larger Items

- *dressers
- *kitchen tables & chairs
- *microwaves
- *televisions & stands
- *VCR/DVD players
- *computers
- *sofa/loveseats
- *coffee tables
- *end tables

October Anniversaries

Alpha Phi

October 10, 1872

Kappa Kappa Gamma

October 13, 1870

Alpha Chi Omega

October 15, 1885

Zeta Tau Alpha

October 15, 1898

Kappa Delta

October 23, 1897

Alpha Epsilon Phi

October 24, 1919

Delta Zeta

October 24, 1902

This blank space is where your news should be! Share your alum chapter plans and awards, collegiate news and member accomplishments. Send your news to communications chair Alison Borodkin at acborodkin@hotmail.com



2016-2017 Calendar

All CAPA Delegate Meetings will be held at the Leukemia & Lymphoma Society, 3rd Floor Boardroom, in the AAA Building at 5700 Brecksville Road, Independence

Thursday, October 13, 2016

Delegate Meeting

Social Time-5:30 p.m.

Business meeting-6:00 p.m.

Thursday, November 10, 2016

Delegate Meeting

Social Time-5:30 p.m.

Business meeting-6:00 p.m.

Thursday, January 12, 2017

Delegate Meeting

Social Time-11:30 a.m.

Business meeting-12 Noon

Thursday, February 9, 2017

Delegate Meeting

Social Time-11:30 a.m.

Business meeting-12 Noon

Thursday, March 9, 2017

Delegate Meeting

Social Time-11:30 a.m.

Business meeting-12 Noon

Thursday, April 13, 2017

Delegate Meeting

Social Time-5:30 p.m.

Business meeting-6:00 p.m.

Thursday, May 11, 2017

Delegate Meeting

Social Time-5:30 p.m.

Business meeting-6:00 p.m.

Saturday, May 20, 2017

CAP Spring Luncheon

Stay in Touch With CAPA

Join our Facebook group:
Cleveland Alumnae Panhellenic Association

Nation Panhellenic Conference
Website: NPCWomen.org

NPC Facebook Groups:
NPC Alumnae Panhellenics
National Panhellenic Conference