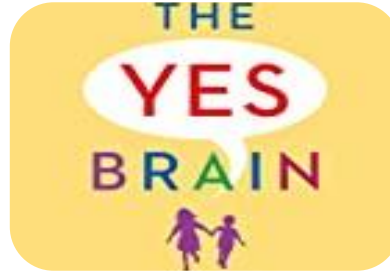


# Resources to Support Play



A Child's Work: The Importance of Fantasy Play by Vivian Paley



The Yes Brain: How to cultivate Courage, Curiosity and Resilience in Your Child by Daniel Siegel



What do you do With an Idea? By Kobe Yamada



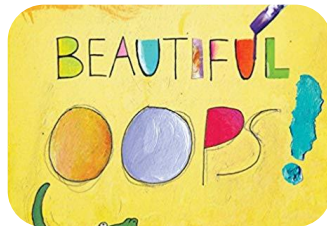
Not a Box by Antoinette Portis



Not a Stick by Antoinette Portis



What to do with a Box by Jane Yolen



Beautiful Oops by Barney Saltzberg



A Box Can Be Many Things by Dana Rau

## STEM bins

- <https://teachoutsidethebox.com/2016/08/stem-bins-hands-solutions-early-finishers/>

## Free Forest School of New York

- <https://www.freeforestschool.org/>
- (most groups are for children up to 6 years of age, but there are some chapters that cater to school age children)

# Questions and Prompts to Support Children During Play



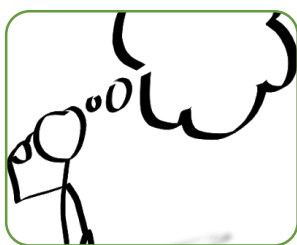
## Storytelling

- Tell stories of when children used persistence and resilience. Our brains remember in stories.



## Goal-Setting

- Set an attainable goal with your child.
- Reward small failures.
- What are you going to try to do right now?



## Reflection

- What went well? What didn't?
- What can we learn from this experience that might help in the future?
- Why do you think...?
- What was challenging? What was easy?
- What would you do differently next time?



## Open Ended Questions

- What will happen if...?
- Does that feel sturdy? Why/why not?
- How could you....?



## Social Emotional

- Tell the other person how you are feeling.
- How could you make this situation better?
- Act out different ways the situation could be solved.