

LOWPOINT-WASHBURN COVID-19 QUARANTINE PROTOCOLS

Updated on 8/11/20

POSITIVE TEST, SYMPTOMATIC

- Isolate at home for 10 days from the date symptoms began, AND
- Fever-free without fever-reducing medication for 24 hours, AND
- Other symptoms have improved for 24 hours.
- A release letter from the Woodford County Health Department (WCHD) is required prior to returning to school/work.

POSITIVE TEST, ASYMPTOMATIC

- Isolate at home for 10 days from the day the test was taken. If the individual does not develop symptoms, he/she may return 10 days after the positive test was taken.
- If the individual develops symptoms, then isolation time starts on day 1 of symptoms.
- Isolate at home for 10 days from the date symptoms began, AND
- Fever-free without fever-reducing medication for 24 hours, AND
- Other symptoms have improved for 24 hours.
- A release letter from the WCHD is required prior to returning to school/work.

TESTED NEGATIVE, BUT SYMPTOMATIC

- Isolate at home until respiratory symptoms have improved, AND
- Fever-free without fever-reducing medication for 24 hours.

UNTESTED, SYMPTOMATIC

- Isolate at home for 10 days from the first day symptoms appeared, AND
- Fever-free without fever-reducing medication for 24 hours, AND
- Other symptoms have improved for 24 hours.

SYMPTOMATIC, UNTESTED, WITH A CONFIRMED ALTERNATE MEDICAL EXPLANATION

(strep, influenza, or other non-COVID- related illness, as determined by a physician)

- May return to school after 24 hours resolution of fever without the use of fever-reducing medication, AND
- Healthcare provider must submit a letter stating the student or staff member has an alternate diagnosis and the provider believes it is appropriate for him/her to return to school.

HAVING CLOSE CONTACT TO SOMEONE WITH A CONFIRMED POSITIVE COVID-19 CASE

(Close contact means being within 6 feet for more than 15 minutes of someone who tested positive, regardless of whether or not a cloth face covering was worn.)

NOT LIVING WITHIN THE SAME HOUSEHOLD AS THE POSITIVE CASE:

- Quarantine for 14 days after the last close contact date before returning to school.
- Must remain symptom-free. If an individual develops symptoms during the quarantine:
 - Isolate at home for 10 days from the first day symptoms appeared, AND
 - Fever-free without fever-reducing medication for 24 hours, AND
 - Other symptoms have improved for 24 hours.
- Those in close contact should consult their healthcare provider for further guidance regarding testing options.
- A release letter from the WCHD is required prior to returning to school/work.

LIVING WITHIN THE SAME HOUSEHOLD AS THE POSITIVE CASE:

- If the one in close contact is quarantining within the same household as the person testing positive, the quarantine period is extended to 14 days after person testing positive completes his/her isolation period.
- If the close contact becomes positive and/or develops symptoms, the isolation/quarantine period may change.
- A release letter from the WCHD is required prior to returning to school/work.