

# Upper Arlington Rotary Club



# ROTARYVIEW

ROTARY OPENS OPPORTUNITIES

MAY 25, 2021

UPPER ARLINGTON ROTARY CLUB

District 6690, Columbus Ohio, USA

Club 3694, Chartered 1972

## JENNIFER ADAMS DIRECTOR - FIRST COMMUNITY VILLAGE

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### ON THE WEB

[www.uarotary.org](http://www.uarotary.org)

[www.district6690.org](http://www.district6690.org)

[www.rotary.org](http://www.rotary.org)

For make up locations, check the club web site or call the make-up hotline at (614) 470-1002.



Our speaker today was **Jennifer Adams**, Director of First Community Village. Jen is an Ohio State graduate and has 15 years of executive experience serving seniors. First Community Village is a continuing care retirement community which has independent living, assisted living and memory care programs. It also has nursing and post-rehabilitation programs.

One of the reasons Jen is in this career is her early realization about the importance of helping out in the community. She considers it an honor to serve at First Community Village. She takes the responsibility very seriously – especially during something like the pandemic year which we just experienced and which was very tough for the industry.

FCV was created in 1963 and was originally affiliated with First Community Church. It was purchased in 2011 by National Church Residences. The new Fairfax facility will open this summer (first move-ins are July 6) which will include a wellness center with a smart gym along with 70 apartments – some of which are over 2,000 square feet. The Fairfax is a beautiful facility – but no more beautiful than the rest of the campus.

One of things she wanted to talk about are the real life challenges people face and the reluctance to discuss and plan for late life situations. When you have someone in your life who you love and care for it is important to deal with difficult or uncomfortable situations up front.

She noted that many seniors are ultimately relieved to move to a community where they are comfortable and supported. They realize once they are there how difficult and burdensome their situation had been before the move. Many seniors have told her they wish they had made the decision to move to a community sooner. Over the years many have come into senior communities after having been angry at their family or friends and then realize that they should have done it earlier.

There are a few things that are incredibly important to think about when considering independent or assisted living. We assume that our loved ones want safety, control, socialization and good food. While all of these things are certainly true, Jen thinks what all of us really want is autonomy and self-determination. We want to control how we spend our money, what we put in our body, who we interact with and whether we are safe or not.

We may consider safety as the most important thing for our loved ones. To them, however, safety is probably not number one. It is autonomy and independence.

There are a couple of ways to approach the process of initiating a conversation with a loved one. One is to pay attention to your gut feelings that something is not quite right. Follow your gut when comparing facilities also. The physical facility is important but other observations about resident happiness, cleanliness and the attitude of the people are important too. There may be wonderful physical facilities but if “something just doesn’t feel right” it may be time to pay attention to your gut instincts.

[CLICK HERE](#) to view this meeting and all previously recorded Rotary meetings

Upper Arlington  
**Rotary**  
Club



## GREETERS

### June 1

Jim McKinney  
Matt Hare

### June 8

Bill Hosket  
Jack Cotter

### June 15

Joe Valentino  
Sandra Cotter

## REGISTRATION DESK

### June 1

Dick Stone  
Janine Hummer

### June 8

Jon Hellstedt  
Keith Schneider

### June 15

Jim Hamilton  
Rich Simpson

## CALENDAR

### June 1 - The Amelita Mirolo Barn/ZOOM

Steve Schoeny, UA City  
Manager *UA Economic  
Development Update*  
Host: Kip Greenhill

### June 8 - Scioto CC/ZOOM

Parent - Grad Day  
Host: Bill Hosket & Jim Ayers

### June 15 - Scioto CC/ZOOM

Maddie & Jason Fine -  
*Overcoming Tourette's  
Syndrome*  
Host: Jason Fine

## VOLUNTEER OPPORTUNITIES

Submit your volunteer opportunity to [herb@herbgillen.com](mailto:herb@herbgillen.com) for inclusion in the Rotaryview Newsletter.

## SOCIAL EVENTS

Please submit your social event reminder to [herb@herbgillen.com](mailto:herb@herbgillen.com) for inclusion in the Rotaryview Newsletter.

## OUR NEXT MEETING

### JUNE 1ST

### THE AMELITA MIROLO BARN/ZOOM

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# JENNIFER ADAMS

## DIRECTOR - FIRST COMMUNITY VILLAGE

You can't read a book or pamphlet that tells you everything you need to know to make the best decision for your loved one. There are many ways to approach the discussion and the making of the ultimate decision. Siblings need to work out a plan for approaching the subject. There is no right way and no one clear path. In many cases you learn as you go through the selection process.

When to have these conversations is another variable which needs to be approached with great care. Sometimes these conversations can, in fact, be very liberating. When you come out the other side of the conversation there is a great sense of relief.

## THE MEETING



Today's meeting, presided over by President **Debbie Johnson**, was held in person at Scioto Country Club and via Zoom. Twenty three members joined via Zoom. **Ginny Barney** offered the invocation and led us in the Pledge of Allegiance.

**Bob Ness** turned 80 years old today so the club honored his big day with a grand chorus of "Happy Birthday".

**Debbie** thanked **Joe Valentino** for stepping in to chair last week's meeting.

## NOTES AND ANNOUNCEMENTS:



**Michele Hoyle** thanked members for the Heart to Heart campaign support and the drive for diapers and wipes. Thursday, May 27 is the deadline for additional contributions. See your May 23 email for details.

**Angela Lanctot** announced an opportunity to honor graduating UA high school seniors. The effort is coordinated by the UA Education Foundation and Upper Arlington Alumni Association. A \$10 tax deductible contribution sponsors a student. Angela has a QR code. Contact her for details.

Angela also updated us on **Matt Hare's** infant son who is at Nationwide Children's Hospital. Early tests are positive and cancer free but many treatments are still to come. He will stay in-patient for the foreseeable future – definitely until fall.

Senior Service Saturday will be June 5 at 8:30 AM. We are still looking for four or five more Rotarians. Let **Chris Guglielmi** know if you can help out.

June 8 is Parent/Grad day. **Bill Hosket** reminded us with the details. Honorees will be recognized both in-person and on Zoom. **Jim Ayers** is co-leader with Bill. Please get your graduate names in ASAP. To date we only have three students registered. Waiting until the last minute makes it tough on

**Herb Gillen** and his team to get all the photos and information put together – so please respond ASAP.

**Debbie** reminded us about the Rotary International virtual convention June 12-16. Since the convention is virtual everyone can take advantage of the opportunity to experience the full scope of Rotary International. UA Rotary will help pay the registration fee. Let Debbie know.

Scioto has new guidelines that allow fully vaccinated people to "unmask" if they so desire. The Four Way Test applies here.

Next week (6/1) we'll get an economic development update from City Manager **Steve Schoeny** at the Amelita Mirolo Barn and also via Zoom. No meeting at Scioto next week.

