



197 E Broadway
NY, NY | 10002
646.395.4280
www.mannycantor.org
@MannyCantorNYC

Painting in Acrylic and Oil
Instructor: Thomas J. Legaspi
thomaslegaspi@gmail.com

All materials can be purchased at art stores such as Artist and Craftsman or Blick or easily ordered online. We do not endorse one store over the other. Please feel free to bring similar supplies you already have rather than buying new supplies. We will go over this list in the first class and I will have supplies that you can use in the first class if you are uncertain of what exactly to buy.

Paint

The best brand for your dollar is Gamblin. Other good brands include Winsor and Newton, Blick and Vasari. Old Holland is a great brand but quite expensive. For this course you can purchase oil, acrylic or both.

Recommended Paints:

- Burnt Umber
- Burnt Sienna or Transparent Red Oxide or Red Earth
- Ultramarine Blue
- Cadmium Yellow Light (contains cadmium which is a hazardous material) or Cadmium Yellow HUE (contains no actual cadmium) or Hansa Yellow Light (contains no actual cadmium)
- Cadmium Red Light (contains cadmium which is a hazardous material) or Cadmium Red HUE (contains no actual cadmium) or Vermillion (contains no actual cadmium) or Naphthol Red (contains no actual cadmium)
- Yellow Ochre
- Flake White Replacement made by Gamblin (when painting flesh this white will retain your colors more vibrantly than Titanium White)
- Titanium White
- Phthalo Green or Viridian Green
- Alizarin Crimson

Optional Paints:

- Cerulean Blue
- Cobalt Blue
- Brown Pink
- Naples Yellow



Brushes

Please purchase 4-5 brushes for this class. The type of brush you use should be based on the type of painting style you want to achieve. Fibers of the brush determine the texture of the painting.

If you think you gravitate toward more realistic, soft blended images, like Raphael, invest in soft synthetic brushes or red sable brushes. Follow this link to see an example of this:

<https://www.dickblick.com/products/blick-masterstroke-finest-red-sable-brushes/>

If you think you like to see your brush strokes like an impressionist painter, like Claude Monet, go toward the stiffer natural hairs like bristle or hogs hair. Follow this link to see examples of this:

<https://www.dickblick.com/products/robert-simmons-signet-brushes/>

This link gives a detail description as to the different types of brushes artists may use:

<https://en.wikipedia.org/wiki/Paintbrush>

Recommended Brushes:

For student grade brushes, I recommend brands like Scholastic, Princeton, Grumbacher, Robert Simmons or Blick's line of brushes. For more expensive but better quality brushes, I recommend the brands Escoda, Isabey and Old Holland.

- **Size**

Each company makes their brushes slightly different from the other so as a general rule: small brushes are measured either as fractions or 0-4 and 5; medium brushes go from 6- 10 in size; and, any size greater are considered large brushes. I recommend purchasing:

- One large brush that is 1 - 2 inches in width
- Several medium size brushes
- One small detail brush

- **Fiber**

- Soft Hair Brush: Good for blending and creating smooth textures. Best soft natural fibers are red sable brushes
- Blending Fan Brush: Best blending fan brushes are badger hairbrushes
- Stiff Hair Brush: The fibers are good for seeing brush marks on the painting surface. The best stiff brush hairs are hogs hair, bristle brushes, and some synthetic hairs.

- **Shape**

- Round: Good for precise work, small works, delicate work and detail
- Filbert: All around good brush
- Flat: All around good brush and great for covering large amounts of surface
- Bright: All round good brush but the shorter hairs make it not favorable for blending
- Fan: Great for blending and specific textures

Painting Surface

Recommended Painting Surface:

- **Canvas**

I recommend the brands Fredrix and Blick. Michaels Arts and Crafts store also offers good deals on canvas packs. Please purchase:

- Any size from 11 x 14 inches to 18 x 24 inches

Optional Painting Surface:

- **Wood**

Wood panels are a more archival painting surface and offer rigid support. Often these are sized or waterproofed, and then gessoed to be paint ready.

- Ampersand's ready to paint wood panels:

<https://www.artistcraftsman.com/catalogsearch/result/?q=ampersand>

OR

- The following link is for Artists and Craftsman's wood panels:

<https://www.artistcraftsman.com/surfaces/canvas-panels/wood-painting-panels.html>

General Supplies

- Palette: Glass, plexiglass or grey disposable palette paper pads- 12 x 16 inches. I recommend Blick or Richeson disposable palette pads.
- Closable jars or containers: 2 total- 1 for solvents and 1 for oil medium
- Palette knives: Richeson and Blick make good palette knives. I recommend this palette knife from Blick- <https://www.dickblick.com/products/blick-palette-knives-by-rgm/>
- Rags or paper towels
- Solvent: Odorless Turpenoid Mineral Spirits like Gamsol by Gamblin or Weber brand
- Oil Medium: Oil medium is usually 3 parts Linseed oil+ 1 part turpenoid or pre mixed oil mediums can be purchased at the art store. I recommend using walnut oil. Blick and Artist and Craftsman make premade oil painting mediums. I recommend this an oil medium: <https://www.dickblick.com/products/m-graham-walnut-alkyd-medium/>
- Oil Cleaner Soap: Dawn dish soap or Murphy's oil soap to clean brushes

Optional Supplies for Acrylic Painting

Acrylic painting allows for an infinitely larger selection of possible mediums, textures, and effects. Please see this link to learn more:

<https://www.dickblick.com/categories/painting/mediums/acrylic/>

- Acrylic Retarder: a slow drying medium
- Acrylic Flow Release: aids in the paint becoming more fluid