

# Falmouth Human Services

COUNSELING • OUTREACH  
COMMUNITY DEVELOPMENT  
REFERRAL • CONSULTATION



## Our Mission:

The Human Services Department seeks to support, strengthen and empower Falmouth residents and the community by ensuring access to a comprehensive range of community-based health and human services.

## FY18 Highlights:

- **Essential Services Network** – a network of local providers and Police meets monthly to more effectively reach vulnerable residents of Falmouth in need of the most basic services.
- **“Addiction and the Adolescent Brain”** – Community forum was held on April 8<sup>th</sup> in collaboration with Falmouth Public Schools, Falmouth Substance Use Commission and the Regional Substance Use Task Force
- **Inter-departmental Hoarding Intervention Team** - Municipal team to utilize best practices in local cases of hoarding
- **Development of enhanced senior outreach and clinical services in collaboration with the Falmouth Senior Center**
- **Counseling group for Teaticket Elementary students**
- **Development of a Behavioral Health Crisis Team**, in partnership with Falmouth Public Schools, to have a coordinated response to tragic events that impact the emotional wellbeing of the school community and community at large.
- **Summer Camp Fair** –hosted local camps that offer quality, cost effective summer camp options to low income families

## Clinical Services for Individuals and Families:

Mental health counseling services are provided free of charge to Falmouth residents who are uninsured, underinsured or unable to access private mental health services. Our licensed master level clinicians provided clinical services to 153 residents (1,379 sessions). The Department welcomed a new clinical social worker, Elizabeth Rodgers, in December.



## Specialized Clinical Services:

Additional specialized clinical services were offered in collaboration with other town departments and community agencies to aide in early intervention and easy access to quality behavioral health services.

- **Mental Health Outreach Initiative with Falmouth Police Department**
- **Buried in Treasures Support Group**
- **Falmouth Public Schools Outreach and Consultation**
- **Graduate internship and clinical supervision**
- **Clinical Consultant to Falmouth Recreation Summer Camp**

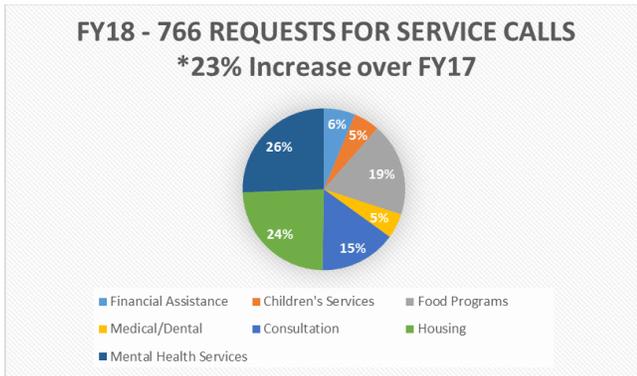
## Consultation and Outreach Services:

The clinical staff provides phone and/or on-site consultation, assessment and outreach services to other town departments, schools, human service agencies and community organizations upon request. During FY18, the staff provided 261 consultations averaging 21 hours per month. 46% of consultations were regarding resident related problems and 54% were regarding community

related concerns. 28.4% of the total consultations were with the school department. The department saw a 39.6% increase in consultation hours with community partners and a 38.5% increase in consultation hours with residents over FY17.

**Information, Referral and Advocacy Services:**

The Human Services department maintains a searchable database of over 2,000 community resources and provides triage, information and referral services upon request.



**Community Development Services:**

Staff members participated in a variety of community projects to develop and/or advocate for resources and services for Falmouth residents. Ongoing FY 2018 projects, affiliations and committee work included:

- **Barnstable County Human Services Advisory Council**
- **Barnstable County Regional Substance Abuse Council**
- **Barnstable County Correctional Facility Community Reentry Committee**
- **Cape Cod Hoarding Task Force**
- **Community Action Committee of Cape Cod and the Islands**
- **Cape & Islands Regional Network on Homelessness**
- **Cape & Islands Regional Domestic Violence Council**
- **Falmouth Housing Authority Emergency Preparedness Committee**
- **Falmouth Human Services Committee**

- **Falmouth Substance Abuse Commission**
- **Falmouth Hoarding Task Force**
- **Local Emergency Planning Committee**
- **Suicide Prevention Coalition of Cape and Islands**
- **The Coalition For Children**
- **Volunteers in Public Schools**

**Volunteers and Community Support:**

The Human Services Department appreciates the ongoing support of the Board of Selectmen and Town Manager’s office as well as the many collaborations with other town departments. Additionally, the support of the tax payers, community organizations and businesses, and many volunteers in our community ensures that the department can continue to enhance services to our residents in need.

A special thank you to:

- Beth Cox, master’s level intern from Simmons College
- The appointees to the Human Services Committee who provide ongoing support, vision and advocacy regarding the changing human service needs in our community: Anne Connolly; Florence Davidson; Kerin Delaney; Stephen Gates; Jessica Lambert; Elaine Sinni; Barbara Sullivan (Co-Chair); Tanya White (Co-Chair); Alexander Ziss.
- The Department extends its utmost thanks and appreciation to staff Clinical Social Worker, Lee Burwell, who retired in July. Lee’s commitment to her clients and her particular passion for providing mentoring and parenting education to Falmouth families has been an invaluable asset to the community. We wish her all the best in her retirement!

For more information about our services or community programs please visit our web site [www.falmouthhumanservices.org](http://www.falmouthhumanservices.org) or call (508) 548-0533 or visit our office at 65A Town Hall Square.

Submitted by: Suzie Hauptmann, Director