

**ATTACHMENT B**  
**MODIFIED RESTRAINT CHECK SHEET**

**Individual Name:** \_\_\_\_\_ **Behavior Support Plan Date:** \_\_\_\_\_

Program Area: \_\_\_\_\_

Target Behavior resulting in restraint: \_\_\_\_\_

Senior or Master Level Instructor: \_\_\_\_\_

Designated Instructor's review date: \_\_\_\_\_

Summary analysis of CPI Intervention problems documented on Incident Report, observed and from interviews with assigned staff during postvention debriefing:

Checklist

- 1) Supportive stance? Yes/No  
Para verbal communication appropriate? Yes/ No comments:
- 2) Crisis development model level one:
  - a. What anxious behaviors did the team identify for that individual?
  - b. What supportive responses did the team use?
  - c. 'If/then or first then' icons or communication techniques used?
- 3) Level two
  - a. How did the team identify that the individual had become defensive?
  - b. What directive prompts did the team use?
  - c. Where limits set appropriately?
- 4) Level Three Risk Behavior
  - a. Were the Principles of Safety used correctly? Yes/No
  - b. Were the following strategies for safe and effective team intervention applied?
    - 1) Assessing the environment  
Did they identify potential hazards and an escape route?  
Outcome of Decision Making Matrix used?
    - 2) Establishing Team Strategies  
Did everyone know when to put hands on?  
Were staff in the correct or optimum positions to put hands on?  
Did all team members know their roles in the intervention?
    - 3) Using Psychological distractions prior to physical entry?  
(Nonverbal, Verbal and Surroundings) What options were used?
  - c. Control Dynamics of Team control used correctly
    - 1) Back incline Yes/No Comments
    - 2) Arms/ legs Yes/No Comments
    - 3) Hips Yes/No Comments
  - d. Other options discussed

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- 5) Was Therapeutic Rapport done?
- a. Using the COPING model for staff debriefing, what changes were made to the use of Non violent Crisis Interventions?

Summary of Alternative methods systematically implemented and documented as unsuccessful:

Description of potential risks of the behavior that outweigh the risks of restraint: