

“THE BUSTER BEAT”



Lake County Board of Developmental Disabilities - Community Recreation Services
December 2020

Upcoming:

Check out the recreation brochure on www.lakebdd.org for the latest in events headed your way, such as:

Natural History Museum,
Craft Nights,
Holiday Lights Tour,
Toy Building,
Swimming,
Bingo Nights,
Movie Nights,
and more!

Please contact recreation with any questions at (440) 350-5165 or info@lakebdd.org

Welcome to December in Lake County! We had a wonderful time with the month of November, and were excited to begin our ridership program with Fieldstone Farms! We made ornaments for the holiday season ahead, and enjoyed a trip to the Christmas Story House. A little quality time is always nice, and we were able to have some with movie nights, girl's day and bingo. Swimming at the YMCA was a blast, and we loved taking advantage of the late season warm weather to explore outdoors!



You got to know our ace news anchors from the Buster News Network a bit better and learned along with our special guests. We loved spending time with you all, virtually and in-person, and wish everyone a very happy holidays as winter descends upon Ohio!



Birthday Board



1st-Bette Midler 5th-Walt Disney
10th- Emily Dickinson 12th-Frank Sinatra
13th-Dick Van Dyke 18th-Ty Cobb
25th-Clara Barton 28th-Maggie Smith

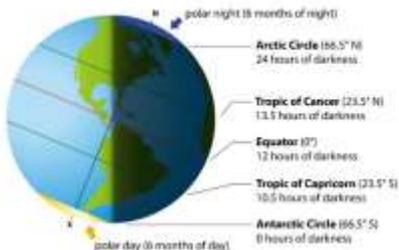


Interested in seeing your name here?
Send in your birthdays to info@lakebdd.org
for a shout out in our monthly newsletter!



Congrats to our pumpkin decorating contest winners!

winter solstice (December 21)



Did you know?

The 2020 winter solstice will occur December 21st at 5:02 AM.

The winter solstice marks the first “official” day of winter in the northern hemisphere, regardless of the weather already happening outside.

On the winter solstice, the sun appears at its lowest in the sky, making it the shortest day of the year with just about 9 hours of daylight between sunrise and sunset in Ohio.



Profile Feature:**Chris Bundy**

Title: Recreation Specialist

Birthday: February 27th

Biography:

Chris grew up in North Carolina, and attended college at Appalachian State University, who memorably defeated Michigan in what he calls the “greatest upset in college football history!”

Chris is married to his wife, who is also named Chris. They have three kids: Matt, Sedona and Jack.

If you were to find Chris on his days off, he would most likely be in the great outdoors either biking, hiking or camping.

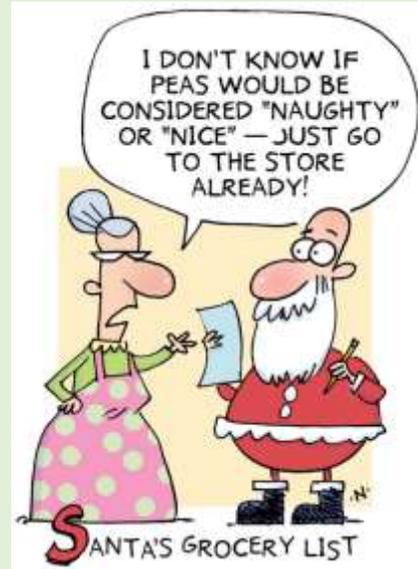
An interesting fact about Chris is that he can ride a unicycle. His all-time favorite food is a “Cajun fillet chicken biscuit” from Bojangle’s, which is a southern fast-food restaurant chain.

Q: “What do young elves do after school?”

A: Their gnome work!

Q: What does Frosty say when asked about his job?

A: “There’s no business like snow business!”



Comic by: Scott Nickel

-- Recipe of the Month --

Bacon Wrapped Pork Loin

Prep: 15 minutes Cook: 1 hour

Ingredients

- 1 2-pound piece boneless pork loin
- ½ teaspoon ground allspice
- black pepper
- ½ cup dried cherries, chopped
- ½ cup fresh flat-leaf parsley, chopped
- 1 tablespoon whole-grain mustard
- 6 slices bacon
- 1 tablespoon currant jelly
- 1 teaspoon red wine vinegar

**Directions**

Step 1

Heat oven to 350°F. Season the pork with the allspice and ½ teaspoon pepper and place on a rimmed baking sheet.

Step 2

In a small bowl, combine the cherries, parsley, and mustard. Spread evenly over the pork. Lay the bacon slices crosswise over the pork, overlapping them slightly and tucking the ends underneath. Roast for 45 minutes.

Step 3

In a small bowl, combine the jelly and vinegar. Brush over the bacon and continue roasting until an instant-read thermometer registers 150°F, about 10 to 15 minutes more. Let rest at least 10 minutes before slicing and serving.

**National Month of:**

Ties,
Pears,



Human Rights,

Food Service Safety,

Operation Santa Paws,



and **BINGO**

