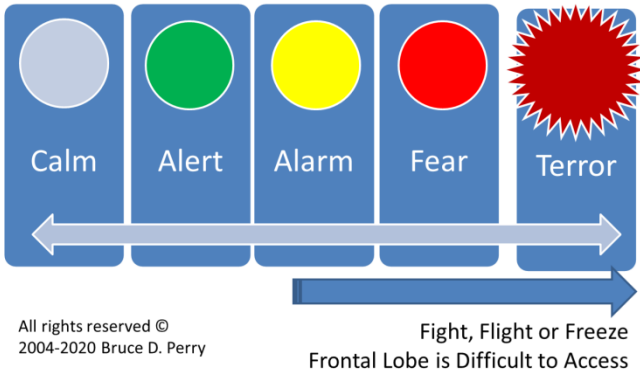
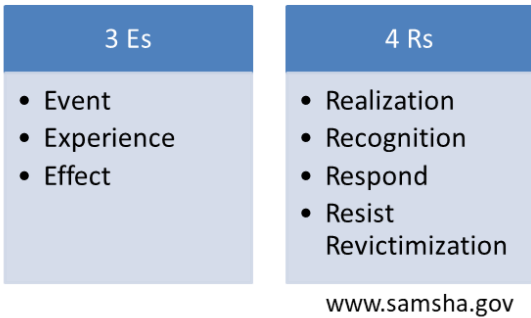


# Brain States

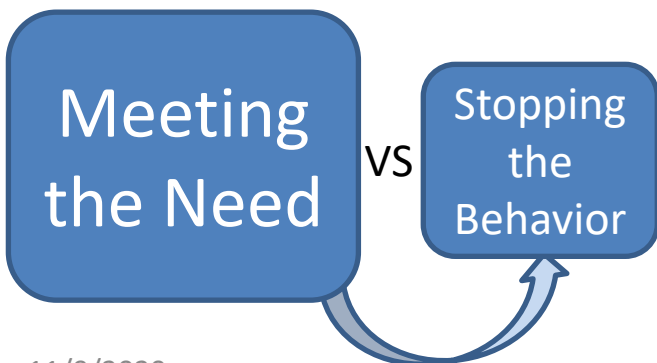


Know the developmental stage.  
 Address the state.                    -B.D. Perry

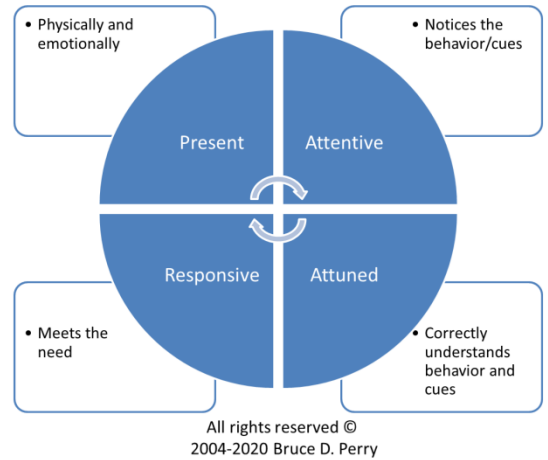
## SAMSHA Concept of Trauma



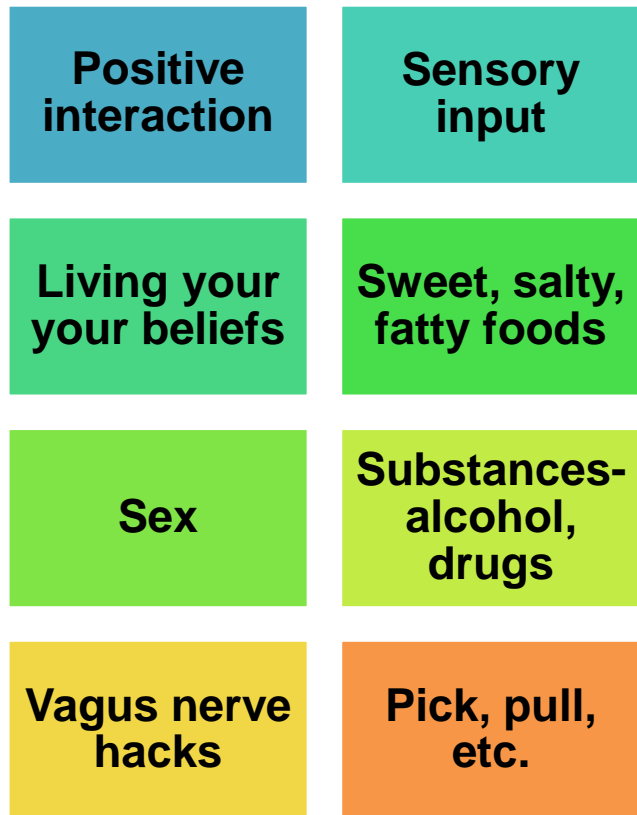
**Self-Care**  
 Everyone's needs get met-  
 even YOURS



# Characteristics of effective caregiving



## Makings of Neurotransmitters



Reward System of the Brain -Bruce Perry

Additional resources:

- [traumainformedoregon.org](http://traumainformedoregon.org)
- [www.neurosequential.com](http://www.neurosequential.com)
- [acesconnection.com](http://acesconnection.com)
- [www.shaunasignorini.com](http://www.shaunasignorini.com)