



October 13 and 27th, 2020 from 6:00-7:30 pm

Under the age of 26 and live in rural Oregon? Interested in connecting with other young people who feel like they don't fit society's norms on gender or sexuality? Perhaps you are questioning what your identity is? Or maybe you already identify as lesbian, gay, bisexual, transgender or queer LGBTQ+?

Join us to

- Learn to manage stress using cool brain activities
- Find a place to share with others like yourself
- Gain resources to explore gender identity and sexuality

[Click here for information and registration](#)

First 50 will get a free Self-Care Kit



Matthew Dawson (they/them)

"Early in my life it became apparent that typical gender roles just weren't for me. Although full of bumps and turns, my path led to a supportive and understanding community around me."



Shauna Signorini (she/her)

"Both of my children identify as queer. At first I was afraid of what that meant for their lives. Once I learned more, I was able to give my children what they needed all along. We are all doing well."



CENTRAL OREGON
Disability Support
Network



Family Advocacy
& Support Network
COLLABORATING FOR AN INCLUSIVE COMMUNITY



Community **FORCE**
FAMILIES OF RARE COMPLEX AND EXCEPTIONAL CHILDREN



Kintsugi
Disability Support Network
STRONGER & MORE BEAUTIFUL TOGETHER

In collaboration with and funded by the Association of Oregon Community Mental Health Programs and the Oregon Health Authority