# **Progeny Academy**

### March 2021

### **COLD LUNCH**

Prices: Student - No Charge, Adult - \$3.85

#### SERVED DAILY

Regular Entrée Fresh Veggies and/or Lettuce - Carrots, Broccoli, Cucumber, Tomatoes, Celery, and/or Romaine, Iceberg Fresh Fruit - Apple, Orange, Pears, Or Banana Variety of Milk, including Skim

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
Roast Beef & Cheese on Bun Corn Salad Veggies, Fruit, Milk	Chef Salad Dinner Roll Veggies, Fruit, Milk	Turkey & Cheese Sandwich Chipotle Beans Veggies, Fruit, Milk	Walking Taco Veggies, Fruit, Milk	Chicken Shawarma Wrap Veggies, Fruit, Milk
8	9	10	11	12
Deli Salami Sandwich Veggies, Fruit, Milk	Chicken Caesar Salad Soft Breadstick Veggies, Fruit, Milk	Chicken Fajita Wrap Chipotle Beans Veggies, Fruit, Milk	Tuna Salad on Bun Corn Salad Veggies, Fruit, Milk	No School
15	16	17	18	19
Turkey & Cheese Sandwich Corn Salad Veggies, Fruit, Milk	Chipotle Chicken Wrap Baked Chips Veggies, Fruit, Milk	Beef Gyro Bowl Veggies, Fruit, Milk	Deli Salami Sandwich Chipotle Beans Veggies, Fruit, Milk	Chicken Salad Wrap Crackers Veggies, Fruit, Milk
22	23	24	25	26
Turkey & Cheese Sandwich Chipotle Beans Veggies, Fruit, Milk	Chicken Ranch Wrap Crackers Veggies, Fruit, Milk	Chicken Taco Salad Baked Chips Veggies, Fruit, Milk	Roast Beef & Cheese on Bun Corn Salad Veggies, Fruit, Milk	Rice Salad w/ Chicken Veggies, Fruit, Milk
29	30	31		
No School	No School	No School	Done Right Food School & Event Catering Services	

### MENUS SUBJECT TO INFREQUENT CHANGE BASED ON AVAILABILITY OF ITEMS

Note: Menus may use ingredients that contain peanuts, other nuts/seeds, milk, egg, soybean, and other products.

All Done Right Food meals are Pork-Free.

This institution is an equal opportunity provider.

## Our Commitment "Healthy Food, Healthy Message"

We provide wholesome, delicious, real food that helps teach the right message to children.

### ANY QUESTIONS? CONTACT:

School Office @ 763-325-9150 or DONE RIGHT FOOD @ 763-789-4493 or www.donerightfood.com