

Coronavirus Headlines

July 13 - July 18, 2020

North Carolina sets a record for new coronavirus cases and hospitalizations

N.C. hit its highest day yet on new cases, 2,462. To date, 85,700 people in N.C. have tested positive for coronavirus and 1,503 have died, according to NC DHHS.

Hospitalizations statewide are over 1,000 for the first time since the pandemic began., but hospitals still have capacity.

Durham County has identified 4,500 cases. 68 people have died.

Every death is an individual who will be mourned and missed. We grieve for those families who have lost loved-ones and we pledge to continue educating and encouraging our neighbors on how to stay safe.

North Carolina remains in *Safer At Home Phase 2* restrictions until Friday, July 17. This week, Governor Cooper will announce whether NC can move to Phase 3 reopening.

Durham County's restrictions match the state's except:

- Durham requires wearing a clean face covering any time we are, or will be, in contact with other people who are not household members in public or private spaces, where it is not possible to maintain social distance.

Why is testing important?

Reopening businesses and returning to normal life requires keeping those who are sick away from those who are healthy. To do that, we need to identify who is sick, whether or not they have symptoms. North Carolina is testing only 42% of the number it should be.

Where can I get tested if I think I have symptoms?

With your doctor, you can get help making an appointment for you.

Without a doctor, you can search online at ncdhhs.gov/TestingPlace for the list of sites. Call to learn about testing criteria, availability, and hours. Many CVS and Walgreen Pharmacies offer free testing, but require online screening. They are all drive through.
(more information on reverse side)



Most testing sites only test people in cars. The exceptions are Lincoln Community Health Center and Horton Career Center, though you will always need an appointment. Call 919-635-8150 at Durham Dept. of Public Health for an appointment at Horton. Call 919-956-4034 for an appointment at Lincoln.

There are no mobile testing units that will come to your community or home.

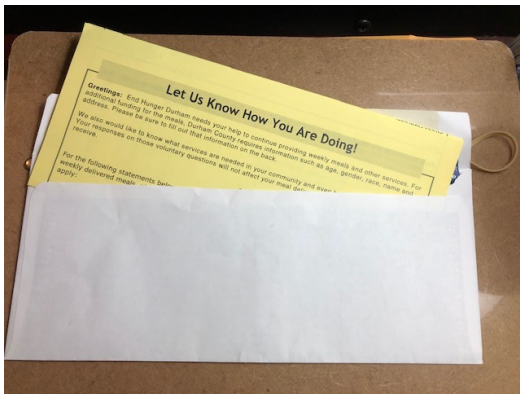
Coronavirus Trivia and more...

Why is it called coronavirus? Corona is the Latin word for “crown.” The virus was named for the spikes that appear like a crown.

What does the 19 in COVID-19 stand for? 2019, the year it appeared.

Why is it called “novel coronavirus”? A “novel” coronavirus (nCoV) is a new strain that has not been previously identified in humans. COVID-19 is so new, very little is known about how this coronavirus acts. And since there is no vaccine and no established immunity from past cycles, experts believe everyone is susceptible.

Is the test painful? The clinician quickly inserts the swab into the nasal cavity and pushes it all the way to the back of the throat before twirling it and removing it. One reporter said, “getting your nose swabbed falls under ‘weird’ and ‘uncomfortable’ more than ‘painful.’”



REMEMBER TO RETURN YOUR SURVEY: Thank you for taking part in this, your answers and feedback are important for us to continue serving you as best as we can! If you haven't already done so, please put the completed survey in the envelop and hang it on the outside of your door next week on meal delivery day, or hand it to the delivery person when you pick up your meal. Your Community Health Promoter or resident volunteers will be collecting these. Thank you. The End Hunger Durham Team.

Inspiration to help us get through:

“Hope is being able to see that there is light despite all the darkness.” Rev. Desmond Tutu

“At some point in life, the world’s beauty becomes enough.” Toni Morrison

Want more Coronavirus Headlines? What information would you like included? Write to Betsy at endhungerd@gmail.com or call David Regan at (917) 992-0798. Let us know if the meals, produce boxes, and hygiene supplies have been helpful.
