



# Russell

Russell is a growing community only 30 minutes from downtown Ottawa. Dynamic and friendly, the people of Russell are known for their community involvement and participation in cultural and sporting activities. Year round,

agricultural activities and a variety of festivals and events are organized. One of the most interesting characteristics of the area is the bilingualism that has existed since the arrival of the first English and French settlers in the 19th century.



## Eight Great Things in Russell

1. Russell Arena
2. Metcalfe Golf Club
3. Castor river fishing
4. J. Henry Tweed Conservation Area
5. Calypso Waterpark
6. Russell Sports Dome
7. New York Central Fitness Trail
8. Stanley's Olde Maple Lane Farm



## Russell High School

Russell High School is located in the small but rapidly growing community of Russell, Ontario. At Russell High School, our focus is to provide all students with the opportunity to develop knowledge, skills, and attitudes that will help them to develop appropriate career plans and explore career options.

Mascot: **Wolves** School Population: **400**  
 Colours: **Red and Black** International Students: **10-20**

### Top Sports and Clubs:

- Basketball
- Math
- French
- Swimming

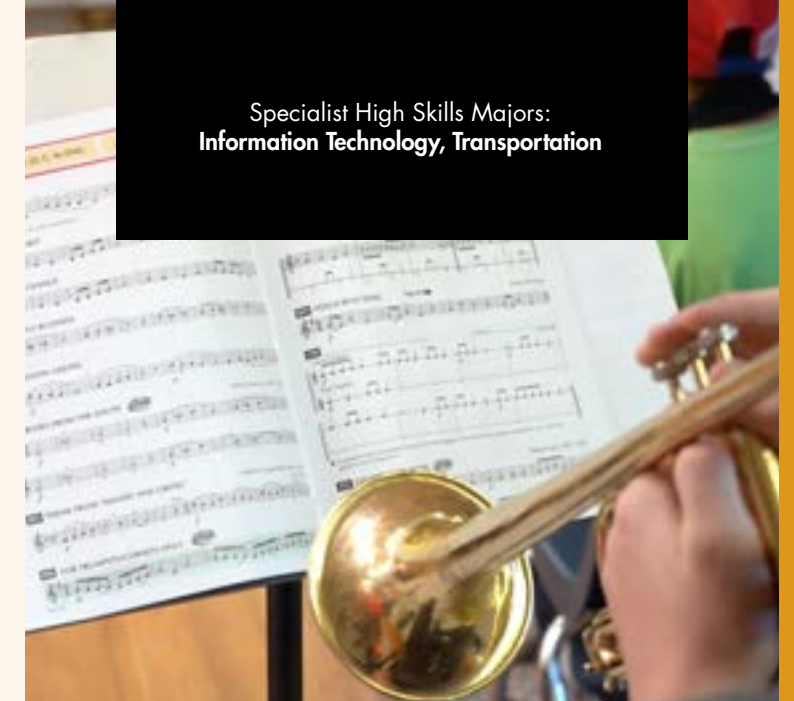


**Helen Liu**  
From China

*"When I first came I nervous and needed a lot of support. The school staff helped me to take the right classes and get accepted for university. Thank you Upper Canada!"*



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Specialist High Skills Majors:  
**Information Technology, Transportation**

