

The Road to Readiness

Setting the Stage for Better Outcomes



**Parent/Professional
Advocacy League**

**Prepare steps you can take
when things feel out of
control.**

Is it even possible? **YES!**

This workshop is intended for parents/caregivers of children, youth and young adults who are struggling with their mental health

This workshop is being presented by parents with lived experience, who will share their stories and provide tips and skills for future use.



**Two opportunities to join PPAL's
virtual workshop!**

Wed., April 21 2021 – 10 AM

[Register here for April 21 Workshop](#)

Tues., April 27, 2021 – 6 PM

[Register here for April 27 Workshop](#)

For more information visit our website at www.ppal.net
or email training@ppal.net

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