



Children's Mental Health Week May 5-11, 2019

Join Parent/Professional Advocacy League and our statewide partners in celebrating children and families throughout the month of May.

Please see our Expanded Events Calendar or visit www.ppal.net/about for additional information about the events listed below and for more events in your area.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 2019 Recovery Forum 1:00-4:30 PM, Marlborough. Caregiver Support Group 6:00-8:00 PM, Milford. Caregiver Social Group 6:00-8:00 PM, Salem.	2 Artist Support Group 1:30-3:30 PM, Cambridge. Guided Group Meditation 6:00-7:30 PM, Quincy. Parenting the Anxious Child 6:30-8:15 PM, Lowell.	3 Connecting Parents Support Group 10:00 AM-12:00 PM, Walpole.	4 Advocates See Me 5K 8:00 AM-1:00 PM DCR Hopkinton State Park. Fellowship Health Resources 4.6 Walk/Run 9:30 AM-12:00PM New Bedford.
5 Children's Mental Health Week! Saturate the Southeast in Green All week, Southeast MA.	6 Gardner City Hall Goes Green! Free Family Group 6:00-7:00PM The SPARK Center, Mattapan.	7 Mayor's Proclamation 6:30 PM, Worcester City Hall. Issues of the Self in Treatment Resistant OCD 7:00-8:00 PM, Belmont.	8 MA Landmarks Go Green! The Support Network's Annual Dinner 5:30-8:00 PM, Holyoke,	9 Mother's Day Breakfast 9:00 AM-12:00 PM, Marlborough. Healthy Minds/Healthy Bodies 3:30-6:30PM, North Dartmouth.	10 Children's Behavioral Health Knowledge Symposium 9:30 AM-3:00 PM, Worcester. Light It Up Green Event 4:00-7:30 PM, Worcester.	11 NAMI Walk Boston 2019 9:00 AM-12:00 PM, Boston. Children's Behavioral Health Innovation Awards 9:30 AM-3:00 PM, Worcester.
12 	13 Cape Ann Caregiver Social Group 6:00-7:30 PM, Gloucester, Parent Support Group 6:30-8:30 PM, Canton.	14 Activities Youth Support Group 4:30-5:30 PM, Milford. Caregiver Support Group 6:00-8:00 PM, Lowell.	15 Mass Psychiatric Rehabilitation Association Conference All day, Marlborough. Parent Support Group Social 5:30-7:30 PM, Worcester.	16 Picnic in the Park 11:00 AM-2:00 PM, Gardner. Meet & Greet - Carolyn Moore 6:00-8:00 PM, Middleboro.	17 Policing, Use of Force, & the Impact of Police Psychology 9:00 AM-12:00 PM, Newton. Parent Support Group 10:00 AM-12:00 PM, Walpole.	18 Workshop for Haitian parents and caregivers 11:00 AM-1:00 PM Dorchester. Jay Gee's Fun Center 2:00-5:00 PM, Methuen.
19 	20 Crisis Planning Workshop 5:30-7:30 PM, Leominster. Caregiver Social Group 6:00-7:30 PM, Gloucester.	21 Women's Advocacy Day 9:00 AM-1:00 PM, Boston. Hope Youth Group Resilient Art Event 5:00-6:30 PM, Worcester.	22 Coming Together; Young Adult Support Group; Your LGBTQ+ Space 6:00-7:30 PM, Framingham	23 Connecting Parents Support Group 10:00-12:00 PM, Newton. EXYO Presents "EXYO 25" 5:00-9:30 PM, Boston.	24 Annual Everett Mental Health Summit Everett Public Schools. Parents Support Group 10:00 AM-12:00 PM, Walpole.	25 Couples Support Group 5:00-7:00 PM, Middleboro.
26 	27 Connecting Parents Support Group 6:30-8:30 PM, Canton.	28 Parents Support Group 10:00 AM, Westwood. Activities Support Group 4:30-5:30 PM, Milford.	29 Caregiver Social Group 9:30-11:30 AM, Beverly.	30 Connecting Parents Support Group 10:00 AM-12:00 PM, Newton.	31 PPAL 8th Annual Conference & Celebration 8:30 AM-3:30 PM, Westborough.	

