

May 2016

Mental health is a family affair



Children's Mental Health Week May 1-7, 2016

Only 25% of adults with mental health symptoms believed that people are caring and sympathetic to persons with mental illness.

Read one fact a day in the month of May and you will help support the movement to increase awareness about children's mental health. Let's promote awareness and reduce stigma together!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Half of mental health conditions begin before the age of 14, and three-fourths before age 24.	2 As of 2014, suicide is the second leading cause of death among youth ages 10 to 24.	3 More than 40% of 18 to 24-year-olds know someone with a drug addiction.	4 African-American juveniles have an arrest rate 5 times that of White juveniles.	5 60-90% of adolescents with mental health disorders fail to receive treatment.	6 20 - 30 % of LGBTQ youth abuse substances, compared to 9% of heterosexual youth.	7 Two thirds of homeless youth have a diagnosable mental health condition.
8 One out of every 13 children is taking at least one medication for emotional or behavioral problems.	9 Each episode of LGBTQ victimization, such as harassment or abuse, increases the likelihood of self-harming behavior by 2.5 times on average.	10 In one year, 39% of children ages 12-17 reported witnessing an act of violence and 17% reported being a victim of a physical assault.	11 Residential and other specialized out-of-home care can cost over \$250,000 a year for one child.	12 50-70% of youth in the juvenile justice system have a mental health disorder and 60% have a co-occurring addiction disorder.	13 Between 38-65% of transgender youth experience suicidal ideation and a quarter report having made a suicide attempt.	14 In 2003, 12,700 families relinquished custody of their children for the sole purpose of accessing mental health services for their child.
15 In 2011, nearly 88,000 youth ages 10-18 were treated in emergency rooms for self-harm injuries.	16 1 in 4 kids under the age of 18 suffer from depression and yet primary care doctors identify less than 31% of these patients.	17 Many people living with mental health conditions say the stigma they experience is often worse than the illness itself.	18 More than 13% of children report being physically bullied, while more than 1 in 3 said they had been emotionally bullied.	19 79% of children with private health insurance and 73% with public health insurance have unmet mental health needs.	20 Juvenile detention facilities spend \$100 million each year to house youth who are waiting for mental health services.	21 Less than 10% of Hispanics/Latinos and only 8.6% of Asians with a mental disorder seek mental health treatment.
22 About one in thirteen high school students attempted suicide in the past year.	23 40% of youth in the criminal justice system and 45% of children in foster care are African American.	24 About 50% of students age 14 and older with a mental health condition drop out of school.	25 24% of youth, ages 12-25, with mental health diagnoses also experience an addiction issue.	26 One in five low-income children ages 6 to 17 have mental health conditions.	27 26% of children in the United States will witness or experience a traumatic event before they turn four.	28 9 out of 10 people with mental health conditions experience stigma and discrimination.
29 40% of those in treatment for addiction issues in MA in 2013 were between the ages of 13 and 29.	30 53% of youth are incarcerated in facilities that do not provide mental health evaluations for all.	31 85% of children in need of mental health services in the child welfare system do not receive them.				