

Updated January 29, 2016



## **Affiliated Parent and Youth Support Groups**

**For more information, contact the Group Leader(s) directly.**

**The days, times and locations are subject to change. Please confirm the details with the Group Leader(s).**

Parent/Professional Advocacy League (PPAL)  
15 Court Square, Suite 660  
Boston, MA 02108  
617-542-7860  
[info@ppal.net](mailto:info@ppal.net)

<b>Boston Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Boston	Parent Support Groups in English and Spanish	Bay Cove Human Services 66 Canal Street	<b>Thursdays</b> : 12pm-1:30pm; <b>Spanish speaking</b> 1st & 3rd <b>Friday</b> of Month: 12-1 pm	Margaret Nixon Sharon Castro	<a href="mailto:mnixon@baycove.org">mnixon@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a> <a href="tel:617-371-3052">Sharon Castro 617-371-3052</a>	Please call in advance if attending
Canton	Weekly Support Groups	Canton Public Library Art & Activity Room 786 Washington Street	<b>Mondays</b> : 6:30 – 8:30pm	Betty Wagner	<a href="mailto:bwagner@mspcc.org">bwagner@mspcc.org</a> <a href="tel:617-983-5803">617-983-5803</a>	
Chelsea	Parent Support Group	Boys and Girls Club 30 Willow Street	<b>3rd Thursday</b> : 6 - 7:30 pm	Sharon Castro	<a href="tel:617-371-3052">617-371-3052</a>	Please call in advance if attending
Dorchester	NAMI Family Support Group	Carney Hospital 2100 Dorchester Ave. Dorchester	2nd <b>Thursday</b> : 6 - 7:30pm	Monica Pomare or Mark Zanger	<a href="mailto:mpomare28@gmail.com">mpomare28@gmail.com</a> <a href="tel:857-342-2796">857-342-2796</a> or <a href="mailto:Mark_Zanger_mzanger@comcast.net">Mark Zanger mzanger@comcast.net</a>	CAH Conf. Room 2211A on 2nd fl.
Dorchester	Parent Support	Bay Cove Early Intervention 105 Victory Road	2nd <b>Wednesday</b> : 6 - 7:30pm	Margaret Nixon	<a href="mailto:mnixon@baycove.org">mnixon@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please call in advance if attending
Dorchester	Transitional Age Youth Parent Support	Bay Cove Early Intervention 105 Victory Road	4th <b>Wednesday</b> : 6 - 7:30pm	Margaret Nixon	<a href="mailto:mnixon@baycove.org">mnixon@baycove.org</a> <a href="tel:617-371-3125">617-371-3125</a>	Please call in advance if attending
Hyde Park	Transitional Age Youth Parent Support	Hyde Park Library	1 <sup>st</sup> <b>Thursday</b> 12 – 1:30pm 3 <sup>rd</sup> <b>Thursday</b> 5:30-7:30pm	Sara Diaz	<a href="mailto:sdiaz@ppal.net">sdiaz@ppal.net</a>	
Westwood	Parent Support	Westwood Library Conference Room 660 High Street	<b>Tuesday</b> : 10 - 11:30 am	Betty Wagner	<a href="mailto:bwagner@mspcc.org">bwagner@mspcc.org</a> <a href="tel:617-983-5803">617-983-5803</a>	
Weymouth	Weekly Group	Tufts Library Jones Room 46 Broad Street	<b>Fridays</b> : 10am - 12 Noon	Betty Wagner	<a href="mailto:bwanger@mspcc.org">bwanger@mspcc.org</a> <a href="tel:617-983-5803">617-983-5803</a>	

<b>Southeast Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Brockton	Parent Support	Call for Location	2nd and 4th <b>Wednesdays:</b> 6 - 8 pm	Tabitha West	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a>  <a href="tel:508-947-8779">508-947-8779 x 214</a>	Please Call for  Info. and Location
Cape Cod (Falmouth)	Support Group	Call for Location	1st <b>Wednesday:</b> 6:30 - 8:30 pm	Kim Eldridge	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 229</a>	Please Call for Info. and Location
Cape Cod (Hyannis)	Parent Support	Call for Location	1st <b>Friday:</b> 10 - 11:30 am	Kim Eldridge	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 229</a>	Please Call for Info. and Location
Cape Cod (Orleans)	Parent Support	Call for Location	1st <b>Tuesday:</b> 10 - 11:30 am	Kim Eldridge	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 229</a>	Please Call for Info. and Location
Cape Cod (Sagamore Bridge)	Cape Cod Coffee Group Sagamore Bridge	Call for Location	<b>Last Tuesday:</b>  10 - 11:30 am	Kim Eldridge	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a>  <a href="tel:508-947-8779">508-947-8779 x 229</a>	Please Call for  Info. and Location
Fairhaven	Fairhaven Coffee Group	Call for Location	3rd <b>Wednesday:</b> 9 - 10:30 am	Amy McDevitt	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 221</a>	Please Call for Info. and Location
Fall River	Parent Support	Call for Location	1st & 3rd <b>Thursday:</b> 6 - 8 pm	Courtney Monte	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 221</a>	Please Call for Info. and Location
Hanover	Parent Support	Call for Location	2nd <b>Wednesday:</b> 6 - 8 pm	Heather Connor	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 216</a>	Please Call for Info. and Location
Hyannis	Parents of Transition Age Youth (14-25) Group	Call for Location	3rd Wednesday:  3:30-5pm	Tresa Salters	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a>  <a href="tel:508-947-8779">508-947-8779 x 222</a>	Please Call for  Info. and Location
Kingston	Parent Support	Call for Location	Morning Group 3rd <b>Thursday:</b> 10:30 am- 12:30 pm	Heather Connor	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 216</a>	Please Call for Info. and Location
Kingston	Parent Support	Call for Location	Evening Group 4th <b>Thursday:</b> 6 - 8 pm	Heather Connor	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 216</a>	Please Call for Info. and Location
Mansfield	Mansfield Coffee Group	Call for Location	2nd <b>Wednesday:</b> 9:30 - 11 am	Lindsay Chretien	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 214</a>	Please Call for Info. and Location
Middleboro	Fathers Group	Call for Location	2nd <b>Saturday:</b> 5 - 7 pm	Chris Bean	<a href="mailto:cbean@bamsi.org">cbean@bamsi.org</a> <a href="tel:781-626-2209">781-626-2209</a>	Please Call for Info. and Location
Middleboro	Parents of Transitional Age Youth (14 - 25)	Call for Location	3rd <b>Wednesday:</b>  6:30 - 8:30 pm	Tresa Salters	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a>  <a href="tel:508-947-8779">508-947-8779 x 222</a>	Please Call for  Info. and Location

Middleboro	Parents of Transitional Age Youth-High School Group	Call for Location	4th <b>Wednesday</b> : 10:00 - 11:30 am	Tresa Salters	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 222</a>	Please Call for Info. and Location
Middleboro	Parent Support	Call for Location	1st <b>Wednesday</b> : 6 - 7:30 pm	TBA	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 214</a>	Please Call for Info. and Location
New Bedford	Parent Support	Call for Location	Evening Group 4th <b>Thursday</b> : 5 - 7 pm	Amy McDevitt	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 221</a>	Please Call for Info. and Location
Norton	Parent Support	Call for Location	3rd <b>Wednesday</b> : 6 - 7:30 pm	Lindsay Chretien	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 214</a>	Please Call for Info. and Location
Wareham	Wareham Coffee Group	Call for Location	2nd & 4th <b>Thursday</b> : 9:30 - 11 am	Amy McDevitt	<a href="mailto:pin@bamsi.org">pin@bamsi.org</a> <a href="tel:508-947-8779">508-947-8779 x 221</a>	Please Call for Info. and Location
<b>Northeast Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Beverly	Parent Support	North shore Educational Consortium, Family Center, 3rd Floor 112 Sohier Road	4th <b>Tuesday</b> : 9:30-11am	Krissie Burnham	<a href="mailto:KrissieBurnham@me.com">KrissieBurnham@me.com</a> <a href="tel:978-283-0296">978-283-0296 ext. 732</a>	Please call in advance if attending Register
Haverhill	Family Fun Night	LHBS (formerly NBH) 60 Merrimack Street	3rd <b>Thursday</b> : 6 - 8 pm	Barbara Peters	<a href="mailto:bpeters@mspcc.org">bpeters@mspcc.org</a> <a href="tel:978-373-1126">978-373-1126 ext. 5310</a>	Register
Haverhill	Family Support	LHBS (formerly NBH) 60 Merrimack Street	1st & 3rd <b>Tuesday</b> : 6 - 8 pm	Barbara Peters	<a href="mailto:bpeters@mspcc.org">bpeters@mspcc.org</a> <a href="tel:978-373-1126">978-373-1126 ext. 5310</a>	Register
Lawrence	Parent Support	MSPCC 439 Union Street	2nd & 4th <b>Monday</b> : 11 am-1 pm	Damaris Santiago	<a href="mailto:dsantiago@mspcc.org">dsantiago@mspcc.org</a> <a href="tel:978-681-9581">978-681-9581</a>	Light Refreshments Served
Lawrence	Transitional Age Youth Parent Support	Lawrence Public Library 51 Lawrence St., Lawrence, MA 01830	1st and 3rd Tuesday	Carol Bisgrove	<a href="mailto:cbisgrove@ppal.net">cbisgrove@ppal.net</a>	
Lowell	Parent Support	Call for Location	2nd & 4th <b>Tuesday</b> : 6 - 7:45 pm	Nancy Collier	<a href="mailto:ncollier@mspcc.org">ncollier@mspcc.org</a> <a href="tel:508-668-5739">508-668-5739</a>	Food is Provided Limited Child Care
Lowell	Parents of Transitional Age Youth	Call for Location	1st & 3 <sup>rd</sup> <b>Monday</b> : 6 - 7:45 pm	Nancy Collier	<a href="mailto:ncollier@mspcc.org">ncollier@mspcc.org</a> <a href="tel:508-688-5739">508-688-5739</a>	Food is Provided

Lynn	Parent Support	Lynn YMCA 20 Neptune Blvd	Every <b>Friday</b> : 6 - 8 pm	Dalene Basden	<a href="mailto:ptahsw@verizon.net">ptahsw@verizon.net</a> <a href="tel:781-775-0708">781-775-0708</a>	Call First to schedule intake
Malden	Parent Support	Malden YMCA 99 Dartmouth St. Malden	2nd & 4th Thursday 10:00am-12:00pm	Martha Cregan	<a href="mailto:mcregan@mspcc.org">mcregan@mspcc.org</a> <a href="tel:978-766-2600">978-766-2600</a>	RSVP for childcare
Salem	Parent Support	Salem YMCA One Sewall Street	2nd <b>Friday</b> : 6 - 8:30 pm	Krissie Burnham	<a href="mailto:KrissieBurnham@me.com">KrissieBurnham@me.com</a> 978-283-0296 ext. 732 Reservations required	Supper, swimming, and child care provided
Salem	Parent Strong Club	Salem YMCA One Sewall Street	<b>Mondays</b> : 9:45-11am	Krissie Burnham	<a href="mailto:KrissieBurnham@me.com">KrissieBurnham@me.com</a> 978-283-0296 ext. 732 Reservations required	Exercise group all ages & ability
Wakefield	Parent Support	Horizon House 78 Water Street Wakefield, MA 01880	1st and 3rd Tuesday 6:30-8:30pm	Martha Cregan	<a href="mailto:mcregan@mspcc.org">mcregan@mspcc.org</a> <a href="tel:978-766-2600">978-766-2600</a>	RSVP to email
<b>Metro Suburban Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Framingham	Parent Support	Wayside Youth & Family Support Network 88 Lincoln Street	1st & 3rd <b>Monday</b> : 10 - 11:30 am 3rd <b>Wednesday</b> : 7 - 8:30 pm	Ann Killion	<a href="mailto:ann_killion@waysideyouth.org">ann_killion@waysideyouth.org</a> <a href="tel:508-620-0010">508-620-0010 x 194</a>	
Framingham	Sibling Club 6 - 12yrs old (for siblings of a mental health child)	Wayside Youth & Family Support Network 88 Lincoln Street	Runs in Fall/Spring	Ann Killion	<a href="mailto:ann_killion@waysideyouth.org">ann_killion@waysideyouth.org</a> <a href="tel:508-620-0010">508-620-0010 x 194</a>	Pre- Registration required & information through Ann Killion
Framingham	Parent Support Group (parents of transition Age Youth)	Wayside Youth & Family Support Network 88 Lincoln Street	3rd <b>Wednesday</b> of each month: 7 - 8:30pm	Ann Killion	<a href="mailto:ann_killion@waysideyouth.org">ann_killion@waysideyouth.org</a> <a href="tel:508-620-0010">508-620-0010 x 194</a>	
Waltham	Wayside Youth & Family Support Network	118 Central Street Waltham	1st and 3rd Mondays 10:30-12:00pm + Wednesdays 6:00-7:15pm	Kelly Daron	<a href="mailto:Kelley_daron@waysideyouth.org">Kelley_daron@waysideyouth.org</a> <a href="tel:g_781-891-0555">g_781-891-0555 x58</a>	

<b>Central Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Bellingham	Parent/Caregvr. Support Group	B'ham Pub. Library 100 Blackstone St. Bellingham, MA 02019	5:30 - 7:00pm 1st and  3rd Tuesdays	Lisa Cecelya	<a href="mailto:icecelya@ppal.net">icecelya@ppal.net</a>  <a href="tel:508-767-9725">508-767-9725</a>	
Gardner	Family Support	You Inc. Family Support Center 205 School Street	Every <b>Thursday</b> : 10 - 11:30 am & 6:30 - 8 pm	Ann Berube	<a href="mailto:berubea@youinc.org">berubea@youinc.org</a>  <a href="tel:978-630-4918">978-630-4918 ext. 32</a>	
Milford	Parent Support Group	Kennedy Donovan Center 171 Main St. 4 <sup>th</sup> Floor	1 <sup>st</sup> and 3 <sup>rd</sup> <b>Thursdays</b>	AmyJo Or Chery Marino	<a href="tel:508-473-5700">508-473-5700</a> <a href="mailto:marinoc@youinc.org">marinoc@youinc.org</a>  <a href="tel:508-902-0080">508-902-0080 ext. 119</a>	Sylvie Dugas, Dugas & Dugas Advisors on Facebook
Sterling	Focus on Transition Aged Youth	InSync Communication Center One Beverly Drive (rte 12) Sterling, MA 01564	1st and 3rd Wednesday	Anne Hurst	<a href="mailto:ahurst@ppal.net">ahurst@ppal.net</a>	
Worcester	Focus on Transition Aged Youth	Parent Professional Advocacy League (PPAL) 40 Southbridge St. Worcester	1st and 3rd <b>Thursday</b>	Rick Benoit	<a href="mailto:rbenoit@ppal.net">rbenoit@ppal.net</a>	
Worcester	Parent Support	Parent Professional Advocacy League (PPAL) 40 Southbridge St. Worcester	2nd and 4th <b>Thursday</b> :  5:30-7:30pm	Beth Pond	<a href="mailto:bpond@ppal.net">bpond@ppal.net</a>  <a href="tel:508-767-9725">508-767-9725 x 203</a>	

<b>Western Area</b>						
<b>Town</b>	<b>Group</b>	<b>Location</b>	<b>Day and Time</b>	<b>Group Leader</b>	<b>Contact Information</b>	<b>Other Details</b>
Agawam	Agawam Support Group	Agawam Public Library, 750 Cooper Street	1st Tuesday 11:30am-12:45pm	Jan Lamberg	<a href="mailto:jlamberg@wmtcinfo.org">jlamberg@wmtcinfo.org</a> <a href="tel:413-536-2401">413-536-2401 ext. 3002</a>	
Amherst	Amherst Support Group	Bangs Community Center Boltwood Walk	3rd <b>Wednesday</b> of the month: 6:30 -	Margery Jess Reid	<a href="mailto:margeryjess@wmtcinfo.org">margeryjess@wmtcinfo.org</a> <a href="tel:413-536-2401">413-536-2401 x 3005</a>	Upcoming dates are Sept. 15, Oct. 20, Nov. 17. Contact for future dates.
Greenfield	Parent Support	Community Room Greenfield Gardens Pray Drive Greenfield, MA 01301	Every other Wednesday: 10 - 11:30am	Shauna Osman	<a href="mailto:sosman@wmtcinfo.org">sosman@wmtcinfo.org</a> <a href="tel:413-774-1000">413-774-1000 ext. 2078</a>	
Greenfield	Transitional Age Support Group	13 Prospect Street	2nd <b>Wednesday</b> : 6 - 8 pm	Gretchen Emond	<a href="mailto:gmond@wmtcinfo.org">gmond@wmtcinfo.org</a> <a href="tel:413-774-1000">413-774-1000 ext. 2080</a>	
Springfield	Parent Support	11 Wilbraham Road (Next to Mason Square Neighborhood Health)	3rd <b>Friday</b> : 12:30 - 1:45pm	Jan Lamberg	<a href="mailto:jlamberg@wmtcinfo.org">jlamberg@wmtcinfo.org</a> <a href="tel:413-536-2401">413-536-2401 ext. 3002</a>	
Springfield	Caregiver/ Parent Support Group (English)	Baystate Medical Associates 3300 Main St. Springfield, MA 01199	3 <sup>rd</sup> <b>Tuesday's</b> : 6:30 – 8p	Cynthia Santiago	<a href="mailto:Csantiago@wmtcinfo.org">Csantiago@wmtcinfo.org</a> <a href="tel:413-218-5055">413-218-5055</a>	
Springfield	Caregiver/ Parent/ Grandparent Support Group (Spanish)	Springfield Family Resource Center 18 Gaucher St. Springfield, MA 01109	<b>Last Friday of the month</b> : 10am – 12 noon	Cynthia Santiago	<a href="mailto:Csantiago@wmtcinfo.org">Csantiago@wmtcinfo.org</a> <a href="tel:413-218-5055">413-218-5055</a>	

Holyoke	Caregiver/ Parent/ Grandparent Support Group (Spanish)	The Support Network Office 187 High St. #305 Holyoke, MA 01040	<b>Last Wednesday of the Month:</b>  6 – 8p	Cynthia Santiago	<a href="mailto:Csantiago@wmtcinfo.org">Csantiago@wmtcinfo.org</a>  413-218-5055	
Ware	Ware Support  Group	Hillside Village Apts.  Community Room 17  Convent Hill Rd.	1st <b>Wednesdays:</b>  11:30 - 1 pm	Margery Jess Reid	<a href="mailto:margeryjess@wmtcinfo.org">margeryjess@wmtcinfo.org</a>  413-536-2401 x 3005	
Springfield/ Holyoke	Transitional Age Support Group (Spanish)	511 Main St. Springfield	2 <sup>nd</sup> <b>Wednesday</b> 10:00 – 11:30am	Elena Szela	<a href="mailto:eszela@ppal.net">eszela@ppal.net</a>	
Springfield/ Holyoke	Transitional Age Support Group (Spanish)	537 Northampton St. Holyoke	4th <b>Wednesday</b> 6:30 – 8:30pm	Elena Szela	<a href="mailto:eszela@ppal.net">eszela@ppal.net</a>	