

May 2015

A Month of Wellness for Children's Mental Health



Children's Mental Health Week
May 3-9, 2015

Only 25% of adults with mental health symptoms believed that people are caring and sympathetic to persons with mental illness.

Read one fact a day in the month of May and you will help support the movement to increase awareness about children's mental health. Let's promote awareness and reduce stigma together!



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				30	1 The CDC issued its first ever report on children's Mental Health in May 2013.	2 75% to 80% of children and youth in need of mental health services do not receive them.
3 Over 800,000 people die due to suicide every year and suicide is the second leading cause of death in 15-29-year-olds.	4 In 2012, an estimated 23.1 million Americans ages 12 and older were classified with a substance use disorder.	5 In any given year, only 20% of children with mental disorders are identified and receive mental health services.	6 In 2003, 12,700 families relinquished custody of their children for the sole purpose of accessing mental health services for their child.	7 Less than 10% of the over 1.4 million youth who needed substance abuse treatment received it in 2004.	8 Juvenile detention facilities spend \$100 million each year to house youth who are waiting for mental health services.	9 1 in 4 Americans live with mental illness and nearly two-thirds of all people with a mental illness do not seek treatment.
10 65% of boys and 75% of girls in juvenile detention have at least one mental health diagnosis.	11 Approximately 11% of children 4 to 17 years of age (6.4 million) have been diagnosed with ADHD as of 2011.	12 The rates of suicide attempts among LGBTQ youth are 20% to 40% higher than among non-LGBTQ youth.	13 71% of youth, ages 12-25, with substance use disorders also experience mental health disorders.	14 About 23% of all years lost because of disability are caused by mental health and substance use disorders.	15 Stigma discourages many individuals and their families from even seeking treatment for mental illness.	16 Stigma leads to fear, mistrust, and violence against people living with mental illness and their families.
17 One in eight 17-year-olds have experienced PTSD at some point in their lives.	18 Only 1 in 5, out of approximately 9 million children receives treatment for their mental illness.	19 45% of homeless youth reported mental health problems in the past year.	20 50% of children and youth in the child welfare system have mental health problems.	21 90% of LGBTQ students reported being harassed or assaulted during the past year.	22 65% of boys and 75% of girls in juvenile detention have at least one mental health diagnosis.	23 Only 13% of children from diverse racial and ethnic backgrounds receive mental health services.
24 21% of low-income children and youth, ages 6-17, have mental health issues.	25 More people with mental disorders are affected by violence than are violent themselves.	26 Mental illnesses are more common than cancer, diabetes or heart disease.	27 Among Hispanics with a mental disorder, less than 1 in 11 seek treatment	28 Over 50% of students with mental health issues, age 14 and older, drop out of high school.	29 African-American preschoolers are 3 to 5 times more likely to be expelled than their peers.	30 Half of all lifetime cases of mental disorders begin by age 14.
31 The onset of major mental illness may occur as early as 7 to 11 years old.						