



The Resting Nest

helping families find rest



Registry List





If you are reading this, I automatically assume that you are an expecting momma. Congratulations! This time period between now and your due date is an exciting time! Registering for your baby shower is part of the fun of waiting for your little one's big arrival. But knowing what you need for your baby can be overwhelming!

Rather than being excited to register for my baby shower, it became very stressful. At one point I thought I might pay someone to register for me. The number of baby products out there is endless, as I am sure you have realized. There were tons of things that I registered for that I ended up sending back because I NEVER used them! To save you the countless hours that I spent online registering and stress I thought I would make it easy on you momma's and make a list of MUSTS! This list is geared more towards sleep products, but I am going to add some other things that are not sleep-related, as well! Now sit back and relax! I did all the hard work for you!



Sleep



	Sound Machine (Lectrofan)
	Blackout Curtain (Amazon Basics Portable Blackout Curtain)
	Swaddles (Nested Bean, SwaddleMe, Halo)
	Firm Crib Mattress
	Fitted Sheets (2-4 total)
	Baby Monitor (Infant Optics)
	Pack-n-Play
	Bassinett (Halo)
	Crib
	Pacifiers (Get 2-3 different brands)



Nursery



	Changing Table
	Changing Pad
	Rocking Chair
	Door Draft Seal (Magzo)
	Diaper Pail (Ubbi)
	Books
	Diaper Caddy



Eat



EATING

	High Chair
	Burp Cloths (I recommend Green Sprout Burp Cloths)
	Bibs
	Utensils

FORMULA FEEDING

	Baby Brezza
	Bottles
	Bottle Drying Rack
	Bottle Brush/ Bottle Cleaner

BREASTFEEDING

	Nursing Bras
	Nursing Pads
	Nipple Cream
	Milk Saver (Hakaa or Milk Saver by Milkies)
	My BrestFriend Support Pillow
	Milk Storage Bags
	Breastfeeding Cover
	Nursing transitional bottles
	Breast Pump (you should be able to get a pump for free through your insurance)



Health/Hygiene



	Baby Nail Clippers (Frida Baby)
	Nose Sucker (Frida Baby)
	Diaper Cream (Aquaphor)
	Baby Medicine Kit
	Baby Shampoo (Aquaphor)
	Baby Bath (Angel Care)
	Dreft Laundry Detergent
	Diapers (3-5 boxes of each size from Newborn-Size 4)
	Wipes (Water Wipes, 5-10 packs)
	Baby Towels (4-6 total)
	Baby Washclothes (8-10 total)



Safety





Travel





Extras



	Jolly Jumper
	Dock-a-Tot (NOT FOR SLEEP)
	Bouncer Seat (NOT FOR SLEEP)
	Ergo Baby Carrier
	Walker
	Hatch Rest
	Cushy Closer Door Cushion
	Yada Car Baby Monitor
	SnoozeShade Car Carrier Canopy
	Hatch Rest
	Slumber Pod (for babies 4 months and older)

