Conference presented by the AMWA with assistance from Temple University Harrisburg

November 21 – 22, 2019
Radisson Hotel Harrisburg, Camp Hill PA

2019 CONFERENCE SCHEDULE
Thursday, November 21

7:30  Check-in/Registration

7:30-8:45  Breakfast

8:45-9:00  Welcome & Introductions
Sharon Engdahl, Executive Director, American Mental Wellness Association

9:00-10:00  PLENARY 1: Victims of Mass Violence: Why Psychological Trauma is a Public Health Issue

10:00-10:15  BREAK

10:15-11:45  Workshop 1: Youth Mental Health is Everyone’s Responsibility
Workshop 2: My So-called Manic Life | Human Maintenance
Workshop 3: This is My Brave Mini Documentary & Panel Discussion

11:45-12:30  LUNCH

12:30-2:00  Keynote: A Neuroscientist’s Perspective on Mental Health & Mental Illness

2:00-2:15  BREAK

2:15-3:45  Workshop 4: Resilience Building in Children – Align to Your VISION, Act on your PLAN, MEASURE your success
Workshop 5: It’s Never Too Early: How to Prevent, Recognize and Treat Alcohol & Drug Use in the Autism Community
Workshop 6: Holistic Ways in Working with Anxiety, Depression, PTSD, and Stress

3:45-4:00  BREAK

4:00-5:30  Workshop 7: Enhancing Outcomes in Systems of Care through Trauma Informed Practices- Providing Hope & Healing
Workshop 8: The Physiology of Stress and Mild TBI. How to Hack into the System to Control PTSD & TBI Symptoms
Workshop 9: Just Talk About It

6:00-8:00  RECEPTION & PRESENTATION: Heavy hors d’oeuvres & cash bar
6:30–7:30  Presentation by Nick Jaworski, CEO of Social Circle, Inc: “You’re Thinking About Mental Health, Addiction, and Choices All Wrong”
Friday, November 22

7:30-8:30  Breakfast

8:30-10:00  **PLENARY 2**: Strategic, Early Stage Intervention: Identification and Intervention for Mental Health Crisis in Its Earliest Form

10:00-10:15  **BREAK**

10:15-11:45  **Workshop 10**: The Physiology of Stress and Mild TBI: How to Hack into the System to Control PTSD & TBI Symptoms  *(repeat of workshop 8)*  
**Workshop 11**: How to Get and Keep Insurance Funding for Mental Health Treatment for Children (ages 0-20) Until the Treatment is Completed Successfully  
**Workshop 12**: It’s Never Too Early: How to Prevent, Recognize and Treat Alcohol & Drug Use in the Autism Community  *(repeat of workshop 5)*

11:45-12:30  **LUNCH**

12:30-2:00  **PLENARY 3**: “Beyond Beds”: Using Crisis Services as Primary Diversion from Jails & Emergency Rooms "Crisis Now" - Transforming Crisis Services

2:00-2:15  **BREAK**

2:15-3:45  **Workshop 13**: From a Non-Compliant Patient to the Non-Compliant Parent  |  
Stand Together: Promoting Early Intervention and Reducing Stigma in School Using a Student Driven Peer-to-Peer Model  
**Workshop 14**: Fairweather Lodge: An Adept Model for 21st Century Challenges  
**Workshop 15**: Resiliency through Vulnerability: Suicide Prevention Through Role-Modeling  |  
It Takes a Village: A Campus Process of Mental Health Awareness & Suicide Prevention

3:45-4:00  **BREAK**

4:00-5:30  **PLENARY 4**: Learn more about the American Mental Wellness Association, MyBrain365 powered by the Roberto App, and view a special screening of the 2019 Award Winning Documentary "American Tragedy"