

Friends of Badger Mountain COVID-19 Safety Plan

COMPANY NAME:	Friends of Badger Mountain (FoBM)
PLACE OF BUSINESS:	Badger and Candy Mountain Preserves
ADDRESS:	PO Box 24, Richland WA 99352
BUSINESS OWNER:	NA
SAFETY PLAN LEAD NAME CONTACT INFORMATION:	Jim Langdon 509-943-3992, 79 Newcomer, Richland 99354
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DATE UPDATED:	

In response to the novel coronavirus disease (COVID-19) pandemic, the Friends of Badger Mountain has developed the following COVID-19 Safety Plan.

This Safety Plan relies on a common understanding of a “multiple barrier approach” to reduce exposure and transmission of the COVID-19 virus. Simply put, people will be safer when multiple barriers separate them from potential sources of the virus.

Barriers include:

- Personal health & hygiene - be aware & stay home if you are sick and avoid touching your face
- Hand washing - effective and frequent
- Masking - face masks as recommended by CDC, required by Washington State and Benton-Franklin Health District
- Social distancing - aware of yourself and others, maintain 6 feet of separation
- Work planning - to maximize social distancing
- Personal Protective Equipment (PPE) - as appropriate
- Worksite policies & procedures - to support and encourage implementation of multiple barriers

We will train all volunteers on the content of the plan along with the guidelines issued by the State of Washington and local public health authorities. We will be actively updating and managing the plan and our response as we receive new information or updated guidelines.

The work party leader will be providing the training on the Plan. The training will also include information from the [Center for Disease Control and Prevention](#) (CDC), [Department of Labor and Industries](#) (LNI), Department of Health (DOH), and [Benton-Franklin Health District](#) as applicable.

This Safety Plan follows the guidelines published by the Washington State Department of Labor and Industries, Publication [F414-164-000](#) (04-2020).

PURPOSE OF PLAN

The purpose of this Plan is to identify and communicate the FoBM’s COVID-19 Safety Plan for protecting the health of all volunteers and other trail users while we are working. This Plan is effective immediately in response to the current COVID-19 pandemic.

RESPONSIBILITY OF SUPERVISORS

FoBM has designated a Safety Plan Lead and site-specific COVID-19 supervisor for each work party, typically the leader. If there are multiple work locations, a lead will be designated for each site. The leader will monitor the health of volunteers and enforce the COVID-19 Safety Plan.

Location	Designated COVID-19 Lead
Badger and Candy Mountain	Jim Langdon

All work leaders and the COVID-19 Safety Plan Lead must be familiar with this plan and be ready to answer questions from the volunteers. Leaders must set a good example by following this Plan. The COVID-19 Safety Plan Lead must practice active managerial control to ensure volunteer compliance with this Plan, which includes the following actions:

- Train all volunteers on this plan before they begin their work
- Visually monitor volunteer safety behavior at regular intervals throughout the day
- Immediately correct volunteer behavior when they do not adhere to the safety steps laid out in the Plan. Re-train volunteers who require frequent correction
- Modify the plan or process as needed to increase compliance
- Provide written and graphic materials when available to increase visibility of policies to volunteers

COMMUNICATION

The Safety Plan Lead will direct all communications regarding COVID-19 and FoBM's responses, both within the FoBM and externally. Internal communications will be provided via:

<input checked="" type="checkbox"/> Email	<input checked="" type="checkbox"/> In-person meetings Frequency: at start of day Location: At site	<input type="checkbox"/> Other:
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Educational resources about COVID-19 illness and preparedness measures to control exposure and spreading of the illness are available at the Benton-Franklin Health District web site: www.bfhd.wa.gov

The Safety Plan Lead or designee will provide notification to volunteers of any changes. They will monitor for public health updates and issue advisories and alerts as conditions change.

RESPONSIBILITY OF VOLUNTEERS

Please be responsible for your own health and ensure you participate in our "multiple barrier" prevention efforts while at work. To minimize the spread of COVID-19 at our worksites, everyone must play their part. We have various housekeeping, physical distancing, and other best practices at our worksite to prevent the spread of COVID-19. All volunteers must follow these practices. Specific question about this plan or COVID-19, should be directed to the work party leader.

You are expected to report to the work party leader if you are experiencing signs or symptoms of COVID-19, as described below. A display of these symptoms is called "COVID-like illness" (CLI) until an official COVID-19 test and diagnosis is made. *One of the following symptoms:*

- Cough
- Shortness of breath or difficulty breathing

Or at least two of the following symptoms:

- Fever(subjective or measured)
- Chills
- Repeated shaking with chills
- Muscle pain
- Headache
- Sore throat
- New loss of taste or smell

If you have any of these symptoms or a combination of these symptoms you must stay home. Do not come to help until you are free of symptoms for at least 72 hours, without the use of medicine, as [recommended by the CDC](#).

Best practices for control and prevention, regardless of exposure risk are:

- Frequently wash your hands with soap and water or use an alcohol-based hand sanitizer with at least 60% alcohol
- Avoid touching your eyes, nose, or mouth
- Cover your mouth and nose with a tissue when you cough or sneeze. If you don't have a tissue, cough or sneeze into your elbow, not your hands. Then wash hands or use sanitizer
- Avoid close contact (standing within 6 feet) with others at all times
- Use a face mask or covering when you must have close contact with others

Volunteers are encouraged to talk with the work party leader to resolve any safety concerns. Safety complaints about coronavirus or other issues can be filed by calling L&I directly at 1-800-423-7233

WORKSITE PROTECTIVE MEASURES

GENERAL SAFETY POLICIES AND PROCEDURES

- Physical Distancing Policy:
All volunteers must maintain at least six feet of physical distance from each other while working when feasible and during breaks.
- Group size limit Policy:
Work parties will be broken into discrete small groups not exceeding 5 people per group. Groups will be assigned work in places physically separate from all other groups.
- Volunteer Hygiene Policy:
 - Volunteers should wash their hands or use hand sanitizer before starting, before and after eating, after blowing their nose, and at the end of the day.
 - Cover your cough and sneeze with tissues or into your elbow shirt sleeve.

Visitors

- When visitors come into the work site volunteers should stop work, step to the side of the trail and allow them to pass.

Personal Protective Equipment

- Volunteers need to be wearing gloves when working. If they do not have gloves, FoBM has some available.
- FoBM recommends the volunteers wear a cloth face covering if they are working within

six feet of another volunteer. Volunteers need to provide their own face coverings.

Volunteer Health Screenings

FoBM will screen all volunteers prior to start of work by asking the following questions:

Have you had any of the following:

- A new fever (100.4°F or higher), or a sense of having a fever?
- A new cough you cannot attribute to another health condition?
- New shortness of breath you cannot attribute to another health condition?
- A new sore throat you cannot attribute to another health condition?
- New muscle aches you cannot attribute to another health condition, or may have been caused by a specific activity (such as physical exercise)?
- New loss of taste or smell?
- Have you recently been near anyone diagnosed with COVID-19?

If a volunteer answers YES to any of the screening questions they will be sent home.

CLEANING AND DISINFECTION

FoBM will have disinfectant wipes available for cleaning tool handles, hearing protection and other equipment used at the end of the day and before passing it between other volunteers. Volunteers can get disinfectant wipes from the leader to clean their tools as needed.

EXPOSURE PLAN

Recognizing COVID-19 Symptoms

COVID-19 symptoms include a fever, persistent cough, and shortness of breath, but may also include headache, sore throat, chills, or loss in taste or smell. If you think you have these symptoms, let the leader know and go home, self-isolate, and contact your health provider. If you think someone in the work party has these symptoms, let the leader know.

Response Protocol for a confirmed COVID-19 Case

In the event a volunteer tests positive for COVID-19, FoBM will clean and disinfect the tools used by this volunteer in accordance with CDC guidelines and will contact others who may have come into contact with this individual.

Except for circumstances in which FoBM is legally required to report workplace occurrences of communicable disease, the confidentiality of all medical conditions will be maintained in accordance with applicable law and to the extent practical under the circumstances. When it is required, the number of persons who will be informed that an unnamed volunteer has tested positive will be kept to the minimum needed to comply with reporting requirements and to limit the potential for transmission to others. We reserve the right to inform other volunteers that an unnamed co-volunteer has been diagnosed with COVID-19 if the other volunteers might have been exposed to the disease so they may take measures to protect their own health.

COVID-19 Exposure Definitions & Procedures

Potential Exposure: means being a household contact or having close contact within 6 feet of an individual with confirmed or suspected COVID-19. The timeframe for having contact with an individual includes the period of time of 48 hour before the individual became symptomatic.

Confirmed COVID: A person who is confirmed by local authorities as having COVID-19.

Probable COVID: A person displaying mild respiratory flu-like symptoms that had a known contact with a confirmed COVID-19 case or has travelled to a high risk area as defined by the CDC.

Unrelated illness: A person displaying illness unrelated to COVID-19

COVID Symptoms (may appear 2-14 days after exposure): Fever 100.4 or higher, cough, shortness of breath or trouble breathing, chills, repeated shaking with chills, muscle pain, headache, sore throat, new loss of taste or smell.

Self-Quarantine: Quarantine is used to keep someone who might have been exposed to COVID-19 away from others. Someone in self-quarantine stays separated from others.

Close Contact: Being within about 6 feet of a COVID-19 case for 10 minutes or more; close contact can occur while caring for, living with, visiting, or sharing a room with a COVID-19 case - or- having direct contact with infectious secretions of a COVID-19 case (e.g. being coughed on).

Self-Monitor: Individuals monitor themselves for fever and remain alert for cough or difficulty breathing. If they feel feverish or develop measured fever (over 100.4 degrees), cough, or difficulty breathing during the self-monitoring period, they should stay home and contact the leader.