

## Lamar Soccer Club Training Policy

### Players

- Players are to perform the Health Assessment prior to every training session.
  - If a player has a fever (100.4 degree or higher) or exhibits any symptoms for COVID-19 or any other illness, please do not attend practice. Use PlayMetrics to mark your absence accordingly and annotate as necessary for the coach's awareness.
- If you suspect you may have the Corona Virus, or live with somebody that has tested positive, notify your coach immediately via phone, email, text or through PlayMetrics.
- Please enter the training area using the closest entrance to your assigned field.
- No sharing of drinks or snacks.
- Players should wait in their vehicle until their assigned training time to minimize overlap.

### Parents

- Only players and team staff (coaches and managers holding an APP) are allowed to come onto the field area inside the fencing during training. Parents should remain in the parking lot or outside the fence. This helps us control and enforce SafeSport practices for the children and, as we've learned over the last year, helps the players develop more independence and stay focused during the sessions. We understand there will always be mitigating circumstances but request you adhere to this restriction as much as possible.
- Coaches or the club will periodically open practices for parent observation. Please watch for these opportunities and use them to listen to our training practices and get a feel for what the coaches are trying to teach the players.
- As with the players, if you exhibit any symptoms for COVID-19 or any other illness, please do not enter the training area and please do not interact with the players or other parents.
- Unsupervised children and animals are not permitted inside the fence line.
- Use of the fields for recreation or individual training during any organized training session is strictly prohibited.

### Coaches

- Coaches and Managers are to perform the Health Assessment prior to every training session.
- Coaches and Managers are to remain current on all necessary licensing and credentials including but not limited to SafeSport training and Heads Up Concussion Training.

**Anyone may be asked to leave the training area at any time by a coach or manager. Obvious signs of illness, poor sportsmanship, parental coaching, or a general failure to adhere to established Lamar SC policies will result in removal from the fields.**