

Orthopaedic Injuries & Chronic Conditions: Recovery Can Be Lengthy

Returning Back to “Normal”

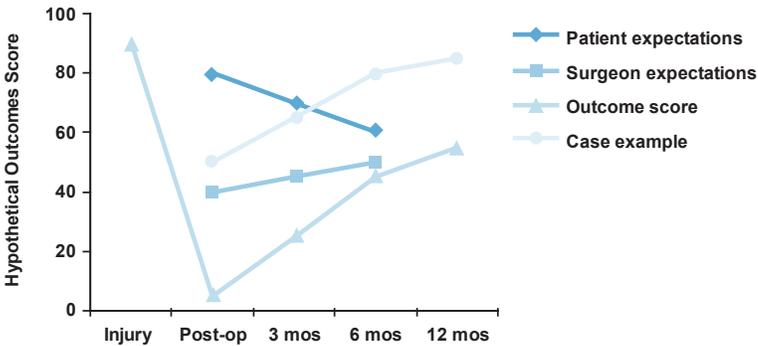
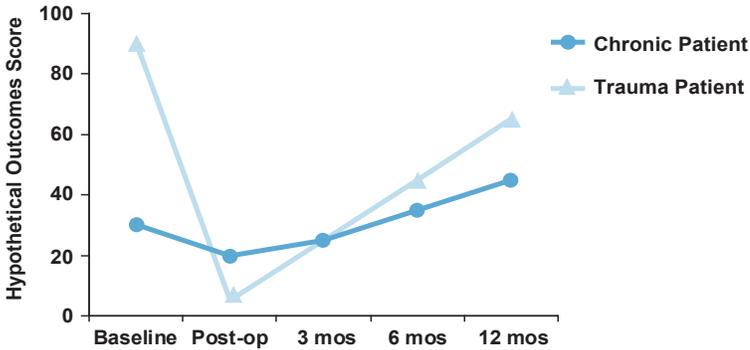
Orthopaedic surgeons, who work with dozens of patients on a daily basis, may notice that patients expect a much faster recovery than what orthopaedic surgeons expect. Several studies have tracked patient outcomes to compare how patient expectations compare to surgeon expectations.

A 2013 study in *The Journal of Arthroplasty* that examined patient and surgeon satisfaction after total joint replacement surgery found that 94.5 percent of surgeons and 90.3 percent of patients were satisfied with the progress after one year.

As evidenced by the charts in this piece, patient expectations for their recovery and return to baseline scores gradually improved over one year.

Texas Orthopaedic Surgeons Are Measuring Outcomes

Asking patients simple questions regarding pain and mobility during their office visits is the future of measuring quality in orthopaedics. Texas orthopaedic surgeons are joining forces to measure patient outcomes through the Texas Orthopaedic Association. Ultimately, the data will help orthopaedic surgeons determine which services provide the most value for various injuries and conditions.



Orthopaedic trauma cases can be a tremendous surprise to young and healthy patients. They suddenly face pain and a loss of mobility.

Another surprise that patients may face is their expectations following the surgery. The recovery for trauma patients can be lengthy, and patients may have unrealistic expectations regarding the time that it will take to recover.