## November 2021

### Health Pro

#### Monday
- **(Turkey Muffin)**
  - Chicken Sandwich
  - Baby carrots
  - Leaf lettuce
  - Tomato slice
  - Fruit

- **(Mini Waffles)**
  - Chicken Nuggets
  - Mashed potatoes
  - Tossed salad
  - Broccoli
  - Fruit

- **(Breakfast Pizza)**
  - Chili/Cheese Bread
  - Tator tots
  - Breadstick
  - Baby Carrots
  - Fruit

- **(Banana Bread)**
  - Turkey Dinner
  - Dinner Roll
  - Green beans
  - Mash Potatoes
  - Fruit

- **(Mini Pancakes)**
  - Mini corn dogs
  - Tator tots
  - Baked beans
  - Fruit

- **(Choc. chip Muffin)**
  - Ham and cheese sandwich
  - Lettuce, Tomato
  - Sun Chips
  - Baby Carrots

#### Tuesday
- **(UBR cookie)**
  - Strawberry
  - Sandwich
  - String Cheese
  - Granola Bar
  - Broccoli
  - Fruit

- **(Appel-rite)**
  - Corn Dog
  - Baked beans
  - Tator tots
  - Celery sticks
  - Fruit

- **(Pop-Tart)**
  - Pepperoni Ripper
  - Marinera Sauce
  - Toesed Salad
  - Cherry Tomatoes
  - Fruit

- **(French Toast)**
  - Cheesy Pocket
  - Marinera Sauce
  - Cauliflower
  - Broccoli
  - Fruit

#### Wednesday
- **(Apple Toast)**
  - Nachos w/Bean Dip
  - Shredded cheese
  - Diced Tomatoes
  - Shredded Lettuce
  - Corn

- **(Pop-Tart)**
  - Hamburger
  - Baked beans
  - Crinkle fries
  - Tomato slice
  - Leaf lettuce

- **(Bkst smoothie)**
  - Florentine Tomato
  - Soup
  - Breadstick
  - Spinach
  - Fruit

- **(Cereal Bar, Bowl)**
  - Two cheese
  - Quesadilla
  - Pico de Gallo
  - Romaine Lettuce
  - Corn

#### Thursday
- **(Donut)**
  - Crunchy Tacos
  - Granola bar
  - Shredded cheese
  - Diced tomatoes
  - Lettuce

- **(Bagel w/cream)**
  - Chicken Strips
  - Dinner Roll
  - Baked beans
  - Celery sticks
  - Fruit

- **(Cinnamon Rolls)**
  - Stuffwich
  - Pepperoni Pizza
  - Broccoli
  - Cauliflower
  - Fruit

#### Friday
- **(Breakfast Pizza)**
  - Tator tots
  - Breadstick
  - Baby Carrots
  - Fruit

- **(French Toast)**
  - Cheesy Pocket
  - Marinera Sauce
  - Cauliflower
  - Broccoli
  - Fruit

- **(Pop-Tart)**
  - Pepperoni Ripper
  - Marinera Sauce
  - Toesed Salad
  - Cherry Tomatoes
  - Fruit

### Announcements

Food Shortages are nationwide, and our school is also experiencing unavailable items or last minute replacements. Menus are subject to change, but we will do our best to notify you if there are any major changes.

### Meal Prices

Adult meals will be charged the adult meal price. Only complete meals will be FREE for students. Any single or extra items will be charged. Food preferences such as vegan/vegetarian that are not MEDICALLY necessary will not be accommodated. Meals for children with special dietary needs will be provided upon request.

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The orange is a citrus fruit and is a hybrid of the pomelo and mandarin. There are over 600 varieties of oranges worldwide.

This institution is an equal opportunity provider.