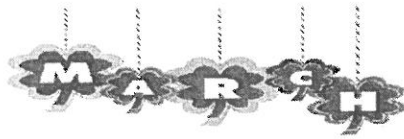





**Pacific Heritage**  
ACADEMY



Monday	Tuesday	Wednesday	Thursday	Friday
<b>(1) SMOOTHIE/COOKIE</b> Pizza Calzone Salad Baby carrots Fruit	<b>(2) WG ENGLISH MUFFIN</b> Chicken nuggets Mash potatoes Dinner roll Peas fruit	<b>(3) BELGIAN WAFFLE</b> Corn dog String cheese Broccoli Fruit	<b>(4) WG MINI DONUTS</b> Meat ball sub Mozzarella cheese Baked beans Spinach Fruit	<b>(5) CEREAL BOWL</b> Pb&j sandwich Baby carrots String cheese Fruit
<b>(8) POPTART/STRING CHEESE</b> Chicken sandwich Leaf lettuce Tomato slice Baked beans Fruit	<b>(9) MINI PANCAKES</b> Bean and cheese burrito Cucumbers Pico de Gallo Shredded lettuce Fruit	<b>(10) MUFFIN</b> Nachos w/ Meat Pico de Gallo Shredded Romaine Lettuce Fruit	<b>(11) MINI PANCAKE WRAPS</b> Fish sticks Dinner roll Tator-puffs Veg. medley Fruit	<b>(12) CEREAL BAR</b> Ham and cheese sandwich Baby carrots Fruit
<b>(15)</b> 	<b>(16)</b> NO SCHOOL	<b>(17)</b> NO SCHOOL	<b>(18)</b> NO SCHOOL	<b>(19)</b> NO SCHOOL
<b>(22)</b> NO SCHOOL	<b>(23)</b> NO SCHOOL	<b>(24)</b> NO SCHOOL	<b>(25)</b> NO SCHOOL	<b>(26)</b> NO SCHOOL
<b>(29)</b> NO SCHOOL	<b>(30) CEREAL BAR KIT</b> PB&J sandwich Baby Carrots Granola String cheese Fruit	<b>(31) BREAKFAST PIZZA</b> Orange Chicken Brown rice Tossed Salad Fortune cookie Fruit		

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER**

**MENU IS SUBJECT TO CHANGE**

ALL MEALS INCLUDE LOW-FAT MILK, WHOLE GRAINS, FRUITS, VEGETABLES, AND PROTEIN

**DISCLAIMER:**

Please note that due to federal funding in response to the COVID-19 pandemic, meals are FREE for all schools regardless of income status for the duration of the 2020-2021 school year. Second meals and Adult meals will be charged the adult meal price. Only complete meals will be Free Any single or extra items will be charge

*Food preferences such as vegan/vegetarian that are not medically necessary will not be accommodated*

*Meals for children with special dietary needs will be provided upon request.*