



new life fellowship

**Sermon Title: Sabbatical Reflections: Pathway to a Transformed Life**

**Speaker: Rich Villodas, Lead Pastor**

**Scripture: 2 Kings 5:1-15**

Now Naaman was commander of the army of the king of Aram. He was a great man in the sight of his master and highly regarded, because through him the Lord had given victory to Aram. He was a valiant soldier, but he had leprosy. Now bands of raiders from Aram had gone out and had taken captive a young girl from Israel, and she served Naaman's wife. She said to her mistress, "If only my master would see the prophet who is in Samaria! He would cure him of his leprosy."

Naaman went to his master and told him what the girl from Israel had said. "By all means, go," the king of Aram replied. "I will send a letter to the king of Israel." So Naaman left, taking with him ten talents of silver, six thousand shekels of gold and ten sets of clothing. The letter that he took to the king of Israel read: "With this letter I am sending my servant Naaman to you so that you may cure him of his leprosy."

As soon as the king of Israel read the letter, he tore his robes and said, "Am I God? Can I kill and bring back to life? Why does this fellow send someone to me to be cured of his leprosy? See how he is trying to pick a quarrel with me!"

When Elisha the man of God heard that the king of Israel had torn his robes, he sent him this message: "Why have you torn your robes? Have the man come to me and he will know that there is a prophet in Israel." So Naaman went with his horses and chariots and stopped at the door of Elisha's house. Elisha sent a messenger to say to him, "Go, wash yourself seven times in the Jordan, and your flesh will be restored and you will be cleansed."

But Naaman went away angry and said, "I thought that he would surely come out to me and stand and call on the name of the Lord his God, wave his hand over the spot and cure me of my leprosy. Are not Abana and Pharpar, the rivers of Damascus, better than all the waters of Israel? Couldn't I wash in them and be cleansed?" So he turned and went off in a rage.

Naaman's servants went to him and said, "My father, if the prophet had told you to do some great thing, would you not have done it? How much more, then, when he tells you, 'Wash and be cleansed!' So he went down and dipped himself in the Jordan seven times, as the man of God had told him, and his flesh was restored and became clean like that of a young boy.

Then Naaman and all his attendants went back to the man of God. He stood before him and said, "Now I know that there is no God in all the world except in Israel. So please accept a gift from your servant."

*2 Kings 5:1-15 (NIV)*

**Sermon Outline:**

- Transformation usually comes to us in life during desperation.
- The challenge with transformation is we want to do it on our own terms, but the Bible shows we need to yield to God.
- No matter your strength or status, we all have "leprosy" something we wish we could get rid of and long for transformation.
- Transformation comes when we lay down our control and entitlement.
- Transformation cannot happen without humility.
- Transformation often requires us to do what we don't want to -- vulnerability, confession, moving towards others in love and openness.
- Reluctantly Naaman goes to the river.
- Spiritual formation is doing the same acts over and over again, expecting different results.
- Jesus came and healed our sin, we are to trust in His love.
- Yielding to Christ's love will lead to transformation.

**Sermon Summary:**

This Sunday Pastor Rich continues sharing his reflections from his sabbatical, offering a vision of transformation that applies to all aspects of our lives.

**Sermon Questions**

1. How does this scripture connect for you the topic that was discussed today? What words resonate with you? Why?
2. In your family of origin, what would you say were moments of transformation? Immigration? Finances? Illnesses? Salvation? etc...
3. Naaman was upset with what he was told to do. At times we may become angry when we think we have done something to fix a problem, but it has failed. Share a time when you felt that you knew the solution, but it failed. Why didn't it work? How did that make you feel?
4. If comfortable, what is your "leprosy" today, something you desire to shed? What are your barriers to starting the process of transformation? Shame? Lack of desperation? Fear of failure?
5. Spend time in prayer for anyone whom shared or pray that barriers to transformation are broken.