

# WHEDco offers virtual dance classes during quarantine



Posted: May 07, 2020 12:13 PM EDT Updated: May 07, 2020 1:26 PM EDT

A new dance class in the Bronx is taking off online, with people from all over joining to learn some new moves.

Yesmín Vega, of the Women's Housing and Economic Development Corporation, says the idea for virtual dance classes came from a quarantine brainstorm session.

"But this idea of the dance classes came out of just brainstorming, like what would want to do when you are at home," says Vega.

Vega tells **News 12** they got dance instructor Amanda Cardona, founder of the Boogaloo Project, on board.

"At the end of the day it is about fun, so relax, enjoy you are not being tested and then we pretty much just jam out for a full hour," says Cardona.

The classes are available on Zoom with additional information on WHEDco's website. Classes are on Wednesdays at 6 p.m. and Saturdays at 1 p.m.

"Last week in salsa I think there were close to 30 people, so it really has been a positive experience to see folks from all different corners, even outside of New York, joining the classes," says Cardona.

Link: <http://bronx.news12.com/story/42102906/whedco-offers-virtual-dance-classes-during-quarantine>