

**Design Fit For You Waiver**  
1124 Darczuk Drive Garnite Valley, PA 19060  
302 690 2522  
Personal Training/Classes/ Nutrition Coaching

Waiver sign date:

<b>Name:</b>	<b>D.O.B.</b>
<b>Address:</b>	<b>Client#</b>
<b>City/State:</b>	<b>Zip Code:</b>

**Hereinafter Design Fit For You**

**1.Design Fit For You Commitment:**

Design Fit For You will provide a Certified Nutrition Coach to work with you in an individual setting for the number and duration of sessions agreed upon under this agreement. The Nutrition Coach is committed to working with you during scheduled sessions.

**2.Your Commitment and Responsibility:**

You will work with a Nutrition Coach in an individual setting for the number and duration of sessions agreed upon under the agreement. You understand and agree that you success relies solely on your commitment and dedication to the nutrition plan discussed with the Nutrition Coach. You agree to come to every session on time and give the Nutrition Coach no less than 24 hours notice if you need to reschedule your session.

**3.Payment Policy:**

All payments are to be prior to group training sessions.

**4.Cancellation Policy:**

You may reschedule a session as long as you provide 24 hours notice. If you do not provide 24 hours notice then you forfeit that session and will be charged accordingly.

**5. Session Rescheduling Policy:**

You may reschedule a session as long as you provide 24 hours notice. If you do not provide 24 hours then you forfeit that session and will be charged accordingly.

**6. On Time Policy:**

All Sessions start and end at the designated time. If you are late for a session, the session will still end at the designated time.

**7.Expiration:**

This contract along with all unused sessions will automatically expire one year from the date of sale.

You the client agree and understand that all personal training, group fitness classes, exercises, and use of equipment and facilities are taken sole risk of the client and that the client holds the employees of Design Fit For You free and harmless from all liability and damages resulting from any and all accidents, injuries, or illnesses, up to and including possible death, arising either directly or indirectly from the client's participation in Personal Training, including all consequential and incidental damages; furthermore the client and their executors, administrators, heirs, and assigns does hereby expressly release, discharge, waive, relinquish, and covenants not to sue Design Fit For You for all such claims, demands, injuries, damages, or causes of action, with respect to any personal training at the studio.

**Employee Signature** \_\_\_\_\_ **Date** \_\_\_\_\_

**Client Signature** \_\_\_\_\_ **Date** \_\_\_\_\_