

Here is the answer to the question that was asked in this session: *Why can't we bill both PTSD and Major Depression?*

F43.2- Adjustment Disorder

- Adjustment Disorder is an emotional behavioral reaction to a stressful event or change in a person's life. The reaction is considered an unhealthy or excessive response to the event or change within three months of it happening.
- F43.2- does *not* risk adjust
- **Be cautious not to bill F43.2 in place of a depression code.**



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We believe that the question was geared toward this slide of the presentation. PTSD is actually in the code realm of F43.1-, If the patient is diagnosed with PTSD, there are no exclusions in the ICD-10 guidelines stating that PTSD cannot be billed with Depression codes. If a patient is diagnosed with PTSD and Depression it is okay to bill and assess both at the same visit. For clarification on this specific slide, F43.2 defines "Adjust Disorder," which CHPA has seen this code billed in place of a depression code on a patient's chart for consecutive years. We wanted to bring this to the forefront to assist in best coding practices.