

HOW TO USE PROTANDIM, PRO, and PREBIOTICS, AXIO, and PETANDIM:

No health are ever claims made. Product and income disclosures on
<https://lifevantage.com>

Quick Company Information:

Life Vantage is an 11 year- old, debt- free, American, public Company in Sandy, Utah. It is traded on NASDAQ (under LFNV,) open for business in 22 countries and Erin Brokovich, among other C- Suite executives, sit on the board of directors.

This is THE most important point to understand about Protandim:

They are not vitamins, or just another natural or whole food supplement. It's crucially important for you to understand that, they are far more than a supplement, Protandim are **cellular activators!**

Protandim activates your survival genes to *make* what the body needs.

There are 3 tier one Protandim Products:

Protandim Nrf 2, Protandim Nrf 1 and Protandim NAD.

They each slow down or "combat" the 3 theories of aging:

- 1) Oxidative stress- oxidative stress is to your cells as rust is to a car.
(Oxidative stress, an abundance of free radicals, progresses around age 18, and this condition is linked to over 250 diseases.)
- 2) Mitochondrial decline and, or, failure (Mitochondria is where ATP, our energy, is made. Mitochondria is the powerhouse of the cell.)

3) SIRT gene or Sirtuin protein decline. (SIRT genes are linked to inflammation reduction, tumor reduction and longevity.) You can read specific details on your distributor's site.

Protandim Trysynergizers are life- long wellness tools. They are to be taken daily with a meal, at either breakfast, or lunch. They may give people more energy late at night, if taken at dinner.

Protandim is to be taken 3 hours away from any other vitamins, mineral supplements, prescription medication, over the counter medications, or other health products so that the effectiveness of the Protandim is not diminished.

Protandim, again, is not like **TAKING** antioxidants found in pills, vitamins, whole food supplements, herbs in your kitchen, or a protein shake or any other wellness product on the market.

Protandim Nrf 2 Nrf 1 and NAD ACTIVATE your Survival Genes by causing a protein to “jump” inside the nucleus and link to the DNA and in the case of:

Protandim Nrf 2, it ACTIVATES your survival genes to MAKE more antioxidants (Glutathione, Catalase, Oxygenase, and SOD, so that free radicals are scavenged.)

Protandim Nrf 1, it ACTIVATES your survival genes to MAKE more mitochondria. This is important, it also signals the cells to “clean up” the damaged or dead mitochondria, and it also signals the cells to “recharge” the older mitochondria.

Protandim NAD, it ACTIVATES your survival genes to INCREASE the activity of your Sirtuins. Or SIRT GENES. You can look up SIRT genes on <https://pubmed.gov> Sirtuins are linked to longevity, inflammation reduction, insulin resistance, metabolic syndrome, and other core functions of the body

Sometimes it takes people a minute to grasp the critical importance of this piece that Protandim is a one of a kind wellness product that ACTIVATES your genes.

This is a bit of repetition to help understand the significance of this wellness technology.

Trisynergizers, cause a reaction in the cell, that opens pathways, and survival genes are up or down regulated, to provide optimal benefit.

The Protandim Nrf 2 Synergizer helps your body make more antioxidants.

The Protandim Nrf 1 Synergizer helps your body make more mitochondria= the powerhouse of the cell where ATP (energy) is made.

The Protandim NAD Synergizer is the "**food**" so to speak for the Sirtuin proteins. Sirtuins are linked to longevity among many other important functions including but not limited to inflammation reduction, metabolic syndrome, longevity and insulin resistance.

Simply put...your survival genes are up and or down regulated or "turned on" to help your body operate as it did when you were younger.

Protandim in lay terms -activates your survival genes to combat the 3 core theories or reasons that we age: Oxidative Stress, Mitochondrial Decline, Sirtuin Decline.

Protandim Nrf 2 is also an anti- inflammatory, an anti- oxidant, and an anti-fibrotic!

That means it breaks down fibrin or scar tissue in the joints, lungs and in other areas of the body! That is extremely important.

There are over 100,000 studies in pubmed.gov linking oxidative stress to over 250 diseases.

There are 25 Peer Reviewed Independent Studies on the product Protandim Nrf 2 from: Harvard, The Mayo Clinic, The Ohio State University, U of FL, WA, WV, OR, MI, CO, LSU, Washing State, Colorado State, The National Institutes of Health, The National Institutes of Aging, The American Heart Assoc , Universities of Montreal and Amsterdam and others. Those can be found on Pubmed.gov.

<https://pubmed.gov> then simply enter *Protandim* in the top search bar.

We are often asked what independent and peer- reviewed means---

Independent = The universities and institutions invested their own money for the research on Protandim. Life Vantage did **not** pay for the research or control the research in any way.

Peer Reviewed= The research was peer- reviewed, which means, independent colleagues (doctors, scientists) from around the nation, and the world, reviewed the research and came to the same conclusion.

The Studies showed that Protandim Nrf 2 Synergizer is proven to reduce free radical damage or Oxidative Stress (linked to over 250 diseases) on average by 40% in 30 days, in 100% of people, 100% of the time; in every mammal tested.

Protandim (a natural product = synergy of 5 herbs)- the research is housed on <https://pubmed.gov>, which is, The National Library of Medicine.

A natural product with peer- reviewed, independent research housed on pubmed.gov is very rare.

Helpful steps below for you to learn more as you introduce this safe, proven, effective nutrigenomic technology into your family:

Nutrigenomics = is the study of the effects of food and food constituents on gene expression, and how genetic variations affect the nutritional environment.

STEP # 1 PROVEN RESEARCH & HELPFUL VIDEOS:

Links are below so that you can review.

Type the link **exactly**, either in your browser or in your notes in your phone or in the text box in your phone.

How to copy, paste and send videos in your phone. A video will appear once you send the link to your phone. Touch the video lightly in your phone, "copy" will appear, hit "copy," go to contact list in your phone, then click the person you want to reach, open a text box, then hit paste. You can send these links to your phone, to your notes in your phone, or to email, or paste link in your browser.

for the studies: <https://www.justlooking.info/studies>

for doctors' conversations: <https://www.justlooking.info/doctors>

for Petandim canine info: <https://www.justlooking.info/pets>

Link to 2005 ABC primetime investigative report video of Protandim Nrf 2 is below:

12 Minute Video ABC Investigative Report with Q and A w Dr. Joe McCord- the formulator of Protandim Nrf 2. He studied this Nrf 2 activation, for 40 years, before arriving at the exact synergy of these ingredients to promote the reduction of oxidative stress by an average of 40% in 30 days, in 100% of humans, 100% of the time. <https://youtu.be/dP28GutRXew>

10 Minute Video Dr Brian Dixon, PhD, SR VP of R & D, Life Vantage, Molecular Biologist.

The 3 core theories of why our bodies age, decline and expire.

Dr. Dixon on The 3 theories of aging: <https://www.youtube.com/watch?v=-FzjVk1KBrM&t=2s>

Link to Video by Dr. Benedict Maniscalco, MD, Cardiologist, Internal Medicine:

<https://www.youtube.com/watch?v=Cn4zEjRdelw&feature=youtu.be>

Dr. Benedict Maniscalco has been in the private practice of medicine, specializing in cardiovascular diseases since 1976. He is regarded as an opinion leader,

innovator, and educator in cardiovascular medicine. He has served the American College of Cardiology at the local, state, and national level in leadership roles which have directly influenced health care policy. Dr. Maniscalco is a graduate of Duke University School of Medicine and obtained his post graduate training in Internal Medicine and Cardiovascular Disease at Emory University. After leaving a faculty position at the University of South Florida School of Medicine, he founded the St. Joseph's Heart Institute in Tampa, FL. He is a member of the American Medical Association, American Heart Association and a fellow of the American Heart Association, the American College of Cardiology, the American College of Physicians, the American College of Chest Physicians, and the Society for Cardiac Angioplasty

STEP #2 PROTANIDM HAS TOP CERTIFICATION

Protandim is Certified by NSF International, which is more rigorous than USP (quality control organization.)

This Certification by NSF means that an independent organization has reviewed the manufacturing process of a product and determined that the final product complies with specific standards for safety, quality, or performance. NSF certification is recognized by regulatory agencies, at the local, state, federal and international level. NSF periodically conducts audits, and product testing, to verify that the product continues to comply with the standard.

STEP #3 PROTANIDM IS BSCG CERTIFIED TOO

This means student and pro athletes can take Protandim with no legal issues.

Protandim Synergizers, are not a controlled substance, nor does it contain any banned or controlled substances.

The BSCG symbol on the Protandim label, assures consumers that every lot or batch of Protandim Synergizers have been analyzed, and certified by the Banned Substances Control Group (BSCG,) to be free of all substances banned by the World Anti-Doping Agency. This is a great relief to amateur and pro athletes globally.

STEP #4 NO MEDICAL OR HEALTH CLAIMS

Although there are no contraindications, always tell someone in question, simply to take the studies, the FAQs sheets on the products, and the product to their doctor.

You can easily print out the FAQ sheets on products at the bottom of <https://lifevantage.com>. Auburn University, and Colorado State, and other institutions around the world continue to do research on Protandim Trisynergizers.

STEP #5 CAN ANYONE NOT TAKE PROTANDIM? ARE THERE “SIDE EFFECTS?”

Protandim is not dangerous.

Here are some helpful steps, so that you can take these synergizers for life.

The bottles read: anyone over 18 can take Protandim, and Protandim is not for Pregnant, or Nursing Moms. That is legally what the bottles state.

People who have had a recent organ transplant, or recent stem cell treatments, or are in currently in treatment, can simply talk with their doctor.

Bring the doctors, the studies, and the frequently asked question documents.

Although this is rare, but if someone is highly allergic to one of the herbs, or ingredients, in the synergizers, they cannot take it.

Know this, if you are allergic to one of the ingredients, albeit rare, you'll have an immediate reaction.

This is highly unlikely, however if this occurs, obviously, you'll have to discontinue use. This can also be discussed with your doctor. Protandim is safe and natural.

Be mindful; know these synergizers are “cleaning out,” the body at a cellular level.

When asked if there are “side effects,” and by side effects, we mean a minor stomach-ache, a bit of a headache, low energy, you just may feel a bit tired during the day, or your sleep may be different, or you may have a sore neck, or even feel irritable.

Relax, this is not common, however it is possible at the beginning, as your body “cleans out.”

However, these synergizers are life-altering, just move along day by day, using these simple suggestions. Nothing dangerous is going to happen. People can “detox,” and, we don’t really care for that word, but most people understand it.

You reduce how many Protandim you are taking daily, and you follow the “guidelines,” listed here. And, read the FAQs, on your distributor’s site too.

What may bring on “side effects,” while starting the Protandim?

Check your diet and lifestyle activities. These habits can all cause “side effects:”

Too much caffeine.

Too much chocolate, soda pop, coffee or caffeinated tea.

Too much processed foods: chips, fattening foods, fast foods, “junk” foods.

Consuming dairy (butter, cheese, ice cream, milk and all milk products.)

Consuming high fat foods; fried foods, foods with a lot of oil, butter.

Smoking cigarettes or marijuana.

Drinking too much alcohol. (More than 3-4 drinks a week is too much.)

Taking pharmaceutical medications.

Taking the synergizers within 3 hours of any type of supplement or medication.

Not drinking half your body weight in ounces of plain, filtered water.

Not eating enough greens, whole vegetables, and whole, fresh fruits.

Not getting enough sleep.

Some people are fine and feel no side effects, others do for a day or 10 days, and others up to a few months. Again, most people do not have any.

Normal daily intake for most people is the Trisnergizer which is-

1 Protandim Nrf 2 2 Protandim Nrf 1 and 2 Protandim NAD

Possible yet rare “side effects” per Protandim Tier One Products-

Protandim Nrf 2 – this Nrf 2 typically does not cause anyone “side effects,” however if you have any of the effects mentioned, (stomach ache, fatigue, head ache,) know it is working inside your cells. Simply take 1/2 of a Protandim Nrf 2 daily until you have no “side effects.” Then take one whole Protandim Nrf 2 daily.

Protandim Nrf 1, - this Nrf 1 typically does not cause any “side effects.” Again, if you feel any of the above symptoms, it is not dangerous, simply take one Protandim Nrf 1 daily until you have none, then take the recommended two Protandim Nrf 1 daily.

Protandim NAD- - this NAD does give people energy. Some people say they feel nervous or edgy. ***If someone has high blood pressure, they do not start taking Protandim NAD, they cannot take it because it does boost the metabolism and give people energy. Those individuals with HBP do not take NAD.

If you or someone is edgy, irritable or has high energy on Protandim NAD here is how you adjust the Protandim NAD-

Be sure you are taking all Protandim tier one products (Nrf 2, Nrf 1, NAD,) either with a full breakfast or a full lunch.

Be sure you are taking Trisynergizers 3 hours away from any other medications, or supplements, even if they are over the counter.

Be sure you are following above guidelines of healthy eating and drinking.

Be sure you have half your body weight in ounces of plain, filtered water daily.

Most people, on the Protandim NAD can take 2 NAD as directed right away, with absolutely no issue at all. They have clear, focused, energy. They take 2 NAD, 2 Nrf 1 and 1 Protandim Nrf 2, that is the directed Trisynergizer pack.

Some people feel that have too much energy or they feel edgy when they take 2 Protandim NAD, they simply only take ONE Protandim NAD daily from now on along with their 1 Protandim Nrf 2 and their 2 Protandim Nrf 1, and that protocol works perfectly for them.

Some people take the ONE Protandim NAD for 2 weeks and add the second Protandim NAD when they feel less energy or less edgy and that works for them.

Some people cannot take NAD at all, however that is quite rare.

Protandim NAD is an incredibly beneficial cellular activator. It is linked to longevity and helps with tumor reduction and inflammation reduction.

Drink lots of water and follow other healthy guidelines and balance NAD for you.

Most people can take two Protandim NAD daily.

If you are smaller in their build, or have low body weight, or have lots of energy, you may only need one Protandim NAD daily with your Protandim Nrf 2 and Nrf 1.

If someone has high blood pressure do not take Protandim NAD.

STEP #6 ALWAYS TAKE PROTANDIM SYNERGIZERS WITH FOOD / MEAL

Always take with a full meal, with a bit of fat, as Protandim breaks down more efficiently this way. TAKE PROTANDIM WITH BREAKFAST OR LUNCH.

STEP # 7 ALWAYS TAKE PROTANIDM TRYSYNERGERS 3 HOURS AWAY from ANY VITAMINS, MINERALS or OTHER SUPPLEMENTS OR ANY OTHER MEDICATIONS.

Otherwise you will diminish the positive effects of Protandim. Taking Protandim can save people money, as it's highly likely, that they won't need other vitamins, and or supplements unless they are under a doctor's care for a condition.

STEP #8 HOW MUCH Pro or Petandim SHOULD ANIMALS TAKE?

Protandim Nrf 2 and Nrf 1 and NAD are the products for adults, 18 and over, who weigh 100 pounds or more.

Humans who weigh less than 100 pounds would have a protocol that is set up, according to their doctor, and parent or guardian.

DOGS and CATS: This is per Dr. Lee Seward, DVM, Co- formulator of Heart Gard for dogs.

Dogs and Cats Mix Petandim and Protandim Nrf 2

A top veterinarian Dr. Lee Seward, DVM, the inventor of Heart Gard, suggested to mix a bit of crushed Protandim Nrf 2 and whole Petandim for dogs and cats daily.

MOST DOGS: take one PETandim a day, as it becomes more expensive for heavier bigger dogs to take just PETandim.

Mix a bit of Protandim Nrf 2, depending on the body weight of the dog, along with a whole or crushed Petandim.

If the dog weighs around 100 pounds they can have 1 Protandim Nrf 2 daily with a Petandim.

If they weigh around 50 pounds, a half of Protandim Nrf 2 daily with a Petandim.

FAQ for Petandim is found on the bottom of the website as well.

Dr. Seward said just get some Protandim Nrf 2 and Petandim into the dog or cat daily.

VERY ILL DOGS: can take 1 to 2 PROtandim Nrf 2 daily based on body weight. Talk with Vet.

Note dogs have 7 times the oxidative stress that humans do.

CATS: take 1/8th of the PROtandim Nrf 2 crush tablet in baggie.

Divide that powder in 8ths and put 1/8th of the powder mixed in cheese and give that dose to cat daily with a little bit of crushed PETandim mixed with it.

HORSES or COWS:

Horses and Cows only take Protandim Nrf 2 no other products.

MAINTENANCE DOSE FOR HEALTHY HORSE OR COW is 1- 2 Protandim Nrf 2 Daily.

VERY ILL HORSES or COWS: can take 5-9 Protandim Nrf 2 daily until well split up during the day- perhaps 4 in the morning and 4 in the afternoon etc.

This is based on the animal's body weight.

Then go on maintenance which can be 1- 4 Protandim Nrf 2 daily, depending on health and weight of the animal.

Do not give any animals Protandim Nrf 1 or Protandim NAD!

STEP #9 TAKE IT FOR LIFE

You will not become desensitized to Protandim; take TRISYNERGIZERS as a life-long wellness tools.

We can't possibly keep up with scavenging the trillions of free radicals, that bombard our cells daily, or the decline in our mitochondrial or sirtuin activity as we age!

Take Trisynergizers daily for life with a meal.

STEP #10 HOW MUCH CAFFEINE IS IN PROTANDIM?

Protandim Nrf2 Synergizer contains only 1.8 mg of caffeine per tablet. That is less than 1/2 a cup of decaf. (By comparison, Starbucks coffee may contain up to 150 mg, and “caffeine free or decaf” coffee may contain between 4-7 mg.)

STEP #11 HOW LONG SHOULD I TAKE THEM BEFORE I DECIDE IF THEY ARE WORKING?

Don't Worry, the Protandim starts working within hours after taking your first packet.

Although Protandim Nrf 2 Nrf 1 and NAD are meant to take daily for life here is a guideline for how long to take them before making any decision:

If you are healthy take The Trisynergizers daily for one month for every decade you have been alive.

So, if you're 50 years old, take the Trisynergizers for 5 months and keep track of how you're doing, write notes in your phone, or in a journal.

Then after 5 months of educating yourself on these activators, and noting how you feel day and night, make a decision whether to take them for life.

Most people do **NOT** want to give them up!

If you have a chronic condition take: The Trisynergizers for one month for every year you have been diagnosed or had your chronic condition.

EX) if you have had type 2 diabetes for 8 years, then take the Trisynergizers for 8 months, and keep a journal of how you are doing night and day, before making a decision to stop them.

AFTER 11 YEARS 8.5 OUT OF 10 PEOPLE WILL NOT STOP TAKING THEM- THEY GET IT AND THEY TAKE THEM DAILY for LIFE.

PATIENCE. THE HUMAN BODY IS EXTREMELY COMPLICATED, GIVE THIS TIME.

STEP #12 HAVE YOUR DOCTOR REVIEW IF NEEDED

Any questions, you may take it to your doctor for review, although remember you are in charge of your health.

This is a natural product with 25 independent, peer reviewed studies, and 11 patents, and many more studies are being completed at this time. Protandim is a medical breakthrough.

It's natural, safe and proven around the world.

Auburn and Colorado State continue to do Trisynergizer research.

You can find published Research on <https://pubmed.gov> Type Protandim in the top search bar.

STEP #13 FAQ SHEETS

PROTANDIM Nrf 2 and Nrf 1, PROTANDIM NAD, PETANDIM, AXIO PREBIOTIC POWDER an PROBIO and TRUE SCIENCE SKIN and HAIR CARE –

These are found at bottom of all Life Vantage websites and on all distributors' websites. <https://lifevantage.com>

STEP #14 VERY IMPORTANT TO DRINK YOUR WATER! –

Be sure you drink half your body weight in ounces of **plain** water daily,(no lemons or limes.)

EX) If you weigh 200 pounds drink 100 ounces of plain, still, filtered, water daily.

If you have kidney disease, then follow instructions from your doctor.

STEP #15 EAT HEALTHY & WHOLE FOODS

You'll find many people say they want to eat healthier foods on Protandim TRISYNERGIZERS. That's great. You should avoid too much caffeine, avoid

processed foods, refined sugar and flour, and limit alcohol consumption to just a few drinks a week if any, since you are taking Protandim Trisynergizers.

STEP #16 ProBIO- PROBIOTIC

The Probiotic at Life Vantage is very gentle, safe and effective! ProBio has 2 patents and begins to work safely in the large intestine just as it should. No refrigeration needed. In fact, only about 4-10 % of most probiotics do not reach the large bowel, where they are needed the most, and 65% of ProBio reaches the large bowel. This is impressive. The quality of ProBio is exceptional, and this is recommended by many medical doctors in the US. Take the 3 tiny spherical tablets every single night before bed. This is important for your immune system. See benefits at the end of this document. Enhances your immune system!

STEP # 17 PREBIOTIC POWER

This is another important protocol, along with the PROBIO for your immune system. The majority of the immune system lives in your gut. Life Vantage's prebiotic powder is the food for your own healthy gut flora. It's imperative to take one scoop daily, preferably an hour away, from food. If you forget don't worry just take it every 24 hours with or without food. **MAKES YOU FEEL LESS HUNGRY and PROMOTES BOWEL REGULARITY.**

STEP #18 THE AXIO DRINK

FAQ online. We call it brain food. This is a favorite! It's vegan, natural, and AXIO helps your body's response to mental stress!

The immediate benefits of AXIO are enhanced concentration and sharper focus!

AXIO can be a game changer along with Protandim Trisynergizers.

Axio, helps with overall mental and physical stress, anxious minds, busy schedules and poor sleep patterns. Can improve positive mood, memory retention and increase the brain's resilience to stress. It's a clean formula full of phytonutrients, B vitamins and minerals and helps to balance the sugar highs and lows all without the jitters. It's safe, clean and effective.

DRINK AXIO SLOW, SIP ON IT- no gulping; drink an hour before a meal on an empty stomach is best. Although you can drink it with food.

Mix AXIO in 16- 20 ounces of plain water!

The Decaf is best for children under 18 or anyone with a fast heart rate.

Do not underestimate the power of the AXIO drink. It's a favorite among students, student athletes, elderly, and adults alike. Dr. Jeff Fannin completed a brain map.

The link is below:

Dr. Jeff Fannin brain mapping ADD male, 15, Used Protandim Nrf2 Protandim Nrf1 and Axio

<https://youtu.be/An8Y0norV2I>

STEP # 19 WHAT IF SOMEONE IS ON A FEEDING TUBE or CAN'T SWALLOW PILLS?

The Protandim synergizers melt in a few ounces of water in about 45 minutes. This is helpful for those who can't swallow pills too. They don't taste good, so follow with some more water and liquid nutritional supplement or bite of banana or other fruit or food if you can swallow. The Protandim Nrf 1 and NAD are vegetarian capsules, that are simply opened up, next, pour the powder in the one ounce of water, the Protandim Nrf 2 takes about 45 minutes to dissolve in the water. Protandim Nrf 2 is cold – pressed herbs.

STEP # 20 TRUE SCIENCE SKIN CARE and THE HAIR CARE: Nrf 2 ACTIVATED.

The skin care and hair care systems are the only skin and hair lines that contain this proven Nrf 2 science to date.

The Life Vantage TRUE SCIENCE Skin care and hair care systems are listed on The THINK DIRTY APP, as they are natural, Non- toxic, Non GMO and safe. Hair care 98% natural, there are stabilizers because, obviously, you can't have personal products that grow bacteria. These are exceptional products!

The younger you start taking Protandim Trisynergizer (18 yrs old and over) the more benefits over the years.

Many feel Protandim, will help to change the landscape of medicine.

Reach out with any questions at <https://inspiredbywellness.com> in the contact section.

We feel every human deserves to know about it.

Lana Kontos, ND, LDHS

<http://inspiredbywellness.lifevantage.com>

BENEFITS of LIFE VANTAGE WELLNESS TECHNOLOGY-

THE TRISYNERGIZERS: TIER ONE PRODUCTS

Nrf 2 Nrf 1 and NAD:

BENEFITS of PROTANIDM Nrf 2:

- Reduces oxidative stress by 40% in just 30 days*
- Significantly reduces cellular stress through Nrf2 activation*
- Produces enzymes capable of neutralizing more than 1,000,000 free radicals**
- Helps to regulate survival genes*
- Helps the body repair and rejuvenate its own cells*
- Helps the body detoxify genes, keeping the master blueprint of the cell's function intact*

BENEFITS OF PROTANDIM NRF 1:

- Improves performance through energy function*
- Enhances cellular health—cells function at peak performance*
- Increases cellular energy (ATP)*

BENEFITS OF PROTANDIM NAD:

- Supports healthy longevity*
- Supports autophagy (removal of cellular waste)*
- Improves mental focus and concentration*
- Supports positive mood and motivation*
- Boosts mental and physical energy*
- Supports body's healthy inflammatory response*
- Maintain cholesterol levels already in the healthy range*

- Supports healthy vascular system*

A HEALTHY GUT IS VERY IMPORTANT TO PROMOTE GOOD HEALTH

BENEFITS OF LIFE VANTAGE PROBIO PROBIOTICS:

- 6 Billion CFUs of healthy bacteria to support your digestive system≠
- Restores your gut flora with healthy bacteria≠
- Helps restore gut integrity≠
- Safely enhances your immune system with Wellmune®—a clinically proven ingredient
- Features BIO-tract®, a unique controlled-release technology, delivering probiotics throughout the day and deep into your digestive system — where they are needed most***
- Helps improve tight junctions and the communication between your brain and gut to help signal that you are full

BENEFITS OF LIFE VANTAGE PREBIOTIC:

- Helps you feel less hungry*
- Supports a balanced gut microbiome*
- Promotes a healthy gut environment to feed your probiotics*

- Promotes a healthy balanced relationship of bacteria by allowing beneficial bacteria to thrive*
- Helps maintain balanced blood sugar levels already within a healthy range*
- Promotes bowel regularity*

AXIO DRINK BENEFITS:

Say no to energy drinks, say hello to Nootropics. AXIO takes a different approach to energy—specially formulated to give energy to your mind, not just your body. Because when you're feeling tired or sluggish, it's your brain that needs a pick-me-up, not your hyperactivity levels. You need less fog and more clarity, not a cattle prod. Engineered with Nrf2 ingredients, AXIO is designed to wake your brain up, increase concentration, and deliver the right kind of energy, right when you need it without the jitters or caffeine crash. *

Axio Benefits

- Improves mental endurance & mental acuity, concentration & memory retention *
- Enhances neurotransmitter function and the brain's resilience to stress *
- Reduces mental fatigue & brain fog *
- Increases physical & mental energy while improving positive mood *
- A clean, low-calorie, low-carb, vegetarian formula that is BSCG approved and free of artificial colors, artificial flavors and artificial sweeteners, added sugars, GMOs and gluten.

HAIR CARE AND SKIN CARE THAT'S NRF 2 ACTIVATED:

LIFE VANTAGE SKIN AND HAIR CARE IS LISTED ON "THINK DIRTY" APP

BENEFITS OF LV TRUE SCIENCE SKIN CARE SYSTEM:

- Mitigates visible effects of skin damage caused by oxidative stress.
- Steps up skin's own protective barriers.

- Provides protection against environmental assaults on skin.
- Counterbalances the visible negative effects of sun related damage.

BENEFITS OF LV TRUE SCIENCE HAIR CARE SYSTEM:

- Clean formula
- Mindfully formulated with Nrf2 ingredients
- Protects against environmental assaults
- Improves shine and body for fuller and thicker looking hair

PROTECTING OUR FUR BABIES FOR LIFE:

BENEFITS OF PETANDIM FOR DOGS CATS:

- A shinier coat
- Increased playfulness
- More energy
- Supports joint health and
- Supports hearing and eyesight