

Embro Highland Games Road Race

Overall Finish List

July 01, 2013

10K

Place	Name	City	Bib No	Gender	Age	Age Group	Place	Time	Pace
1	David Sharratt		117	M	31	***** M 30 39		35:53	3:35/K
2	Travis Mann	St Marys	110	M	17	1 M 0 19		38:16	3:50/K
3	Chris Carmichael	Drumbo	198	M	33	1 M 30 39		38:24	3:50/K
4	Samuel Kirwin		54	M	18	2 M 0 19		39:25	3:57/K
5	Nicola Wilberforce	Rosslyn	167	F	45	***** F 40 49		39:33	3:57/K
6	Thomas Branderhorst		111	M	16	3 M 0 19		39:36	3:58/K
7	Michael Duncan		121	M	46	1 M 40 49		40:12	4:01/K
8	Gabrielle Foran	Woodstock	114	F	22	1 F 20 29		40:43	4:04/K
9	Jason Erb	Baden	94	M	41	2 M 40 49		40:45	4:05/K
10	Brian Waldie	Stratford	108	M	43	3 M 40 49		41:00	4:06/K
11	Dave Boersma	Exeter	95	M	41	4 M 40 49		41:07	4:07/K
12	David Jorna		84	M	17	4 M 0 19		41:08	4:07/K
13	Gerald Kodde	Granton	86	M	40	5 M 40 49		41:09	4:07/K
14	Michael Donkers	Arva	194	M	17	5 M 0 19		41:10	4:07/K
15	Trevor Shepherd	St Marys	115	M	41	6 M 40 49		42:09	4:13/K
16	Henry Drost	Woodstock	193	M	56	1 M 50 59		42:45	4:17/K
17	Andrew Box		58	M	42	7 M 40 49		43:38	4:22/K
18	Dan Vanderlaan	Exeter	112	M	39	2 M 30 39		43:38	4:22/K
19	Kathy Mantel	Princeton	107	F	45	1 F 40 49		43:55	4:24/K
20	Steve Baarda	London	90	M	45	8 M 40 49		44:12	4:25/K
21	Drew Williamson		83	M	39	3 M 30 39		44:56	4:30/K
22	Jewel Ross		82	F	47	2 F 40 49		45:19	4:32/K
23	Ian Warnock		87	M	47	9 M 40 49		45:51	4:35/K
24	Cassandra Parker	London	150	F	29	2 F 20 29		46:12	4:37/K
25	Nick Groot	Ingersoll	149	M	54	2 M 50 59		47:35	4:46/K
26	Michelle Vandenhoff	Ingersoll	168	F	39	1 F 30 39		47:43	4:46/K
27	Randall Rehkopf	Plattsville	97	M	45	10 M 40 49		47:52	4:47/K
28	John Hazeleger		169	M	56	3 M 50 59		47:56	4:48/K
29	Ben Thompson		103	M	34	4 M 30 39		48:10	4:49/K
30	Mike Rigglesford	Brantford	172	M	60	1 M 60 64		48:12	4:49/K
31	Jamie Lynn Haus	Tavistock	190	F	37	2 F 30 39		48:17	4:50/K
32	Sandra Whitford	Ingersoll	113	F					
	Ilderton		189	M	44	12 M 40 49		50:23	5:02/K
	Stratford		85	F	53	1 F 50 59		50:24	5:02/K
	Stratford		109	M	56	6 M 50 59		51:12	5:07/K
	Hamilton		181	M	15	6 M 0 19		51:21	5:08/K
	Ingersoll		123	M	57	7 M 50 59		52:08	5:13/K
	Thamesford		96	M	45	13 M 40 49		52:36	5:16/K
	London		197	M	63				
						2 M 60 64		53:22	5:20/K
46	Brooke Anderson	Arva	200	F	18	1 F 0 19		53:43	5:22/K
47	Susan Rabkin	London	173	F	58	2 F 50 59		54:17	5:26/K
48	Ann Marie Moss	Embro	176	F	48	3 F 40 49		54:29	5:27/K
49	Nikki Sloan Clarke	Ingersoll	88	F	48	4 F 40 49		54:30	5:27/K

50	Shelley Duncan		124	F	45	5 F 40 49	54:49	5:29/K
51	Paul MacCallum	Lynden	180	M	43	14 M 40 49	55:01	5:30/K
52	Michelle Burrell	Woodstock	199	F	40	6 F 40 49	56:05	5:37/K
53	Jantje Scheele	St Marys	119	F	45	7 F 40 49	56:21	5:38/K
54	Steven Howe	Woodstock	187	M	35	6 M 30 39	57:22	5:44/K
55	Kalvin Garlick	London	191	M	48	15 M 40 49	57:26	5:45/K
56	Steffen Kampe	St.Thomas	185	M	76	1 M 75 79	57:52	5:47/K
57	Sarah Johnson		92	F	24	3 F 20 29	58:02	5:48/K
58	Mitchell Zorzit		91	M	25	1 M 20 29	58:03	5:48/K
59	Marianne Rowland	Woodstock	171	F	29	4 F 20 29	58:07	5:49/K
60	Greg Morton	Ilderton	177	M	42	16 M 40 49	58:15	5:50/K
61	Ross Wilson	Arva	105	M	49	17 M 40 49	58:22	5:50/K
62	Donald Johnson	Embro	93	M	54	8 M 50 59	58:58	5:54/K
63	Rob MacDonald		106	M	52	9 M 50 59	59:55	6:00/K
64	Laurence Marshall	Woodstock	179	M	22	2 M 20 29	1:00:12	6:01/K
65	Brittany Johnson	Tillsonburg	13	F	23	5 F 20 29	1:00:56	6:06/K
66	Blair MacKay		18	M	23	3 M 20 29	1:00:57	6:06/K
67	Angela Delodder	Woodstock	196	F	38	5 F 30 39	1:02:44	6:16/K
68	Amie Kirwin	Ingersoll	184	F	33	6 F 30 39	1:02:53	6:17/K
69	Alisha Koot	Thamesford	183	F	25	6 F 20 29	1:02:53	6:17/K
70	Bryan Head	London	188	M	43	18 M 40 49	1:02:54	6:17/K
71	Jessie Leduc		89	F	19	2 F 0 19	1:03:31	6:21/K
72	Len Elliott	Ingersoll	192	M	64	3 M 60 64	1:04:18	6:26/K
73	Francine Paquette	Woodstock	174	F	45	8 F 40 49	1:04:59	6:30/K
74	Martin Donkers	Arva	195	M	46	19 M 40 49	1:08:14	6:49/K
75	Geoff Sutherland	London	116	M	61	4 M 60 64	1:09:35	6:58/K
76	Donna Bartlett		101	F	36	7 F 30 39	1:12:13	7:13/K
77	Tammy Romano		99	F	38	8 F 30 39	1:12:13	7:13/K
78	Heather Raymer		100	F	35	9 F 30 39	1:12:15	7:14/K
79	Jackie McAllister	London	178	F	51	3 F 50 59	1:13:33	7:21/K
80	Ann Kovacs		182	F	40	9 F 40 49	1:15:56	7:36/K
81	Abigail Cockle		122	F	36	10 F 30 39	1:17:34	7:45/K

5K

Place	Name	City	Bib No	Gender	Age	Age Group Place	Time	Pace
1	Paul Braun	Kitchener	44	M	49	1 M 40 49	19:17	3:51/K
2	Ted Vanhie	Crediton	29	M	17	1 M 0 19	19:42	3:56/K
3	Remco Scheele	St Marys	73	M	15	2 M 0 19	19:56	3:59/K
4	Mike Morris		52	M	40	2 M 40 49	20:08	4:02/K
5	Patrick Burns	Stratford	81	M	49	3 M 40 49	20:18	4:04/K
6	Andrew Stanley	London	65	M	15	3 M 0 19	20:44	4:09/K
7	James Delodder	Woodstock	3	M	38	1 M 30 39	21:01	4:12/K
8	Tyler Riehl	Stratford	46	M	23	1 M 20 29	21:13	4:15/K
9	Niall Weber		34	M	19	4 M 0 19	21:33	4:19/K
10	Cal Dolson	Tavistock	5	M	55	1 M 50 59	21:43	4:21/K
11	Jane Widdecombe	Guelph	36	F	39	1 F 30 39	22:00	4:24/K
12	Chris Dolson	Stratford	4	M	35	2 M 30 39	22:10	4:26/K
13	Rory Weber	Embro	33	M	17	5 M 0 19	22:30	4:30/K
14	Nathan Keller		59	M	29	2 M 20 29	22:36	4:31/K
15	Dermott Shepherd		68	M	16	6 M 0 19	22:38	4:32/K
16	Arnold Mantel	Princeton	19	M	54	2 M 50 59	22:39	4:32/K
17	Rob Fody		64	M	43	4 M 40 49	22:42	4:32/K
18	Jonathan Circelli		70	M	35	3 M 30 39	23:33	4:43/K
19	Julie Parkins		24	F	43	1 F 40 49	23:36	4:43/K
20	Christine Hitchen		53	F	35	2 F 30 39	23:38	4:44/K
21	Gary McQuaid	Woodstock	23	M	47	5 M 40 49	23:45	4:45/K

22	Nathan Kodde	Granton	47	M	14	7 M 0 19	23:52	4:46/K
23	Daniel Millar		66	M	51	3 M 50 59	25:08	5:02/K
24	Clodagh Weber		35	F	15	1 F 0 19	25:19	5:04/K
25	April Clark		72	F	16	2 F 0 19	25:34	5:07/K
26	Nick Donker	Beachville	6	M	71	1 M 70 74	25:40	5:08/K
27	Jillian Urban		60	F	28	1 F 20 29	25:43	5:09/K
28	Hayden Hofstetter	Plattsville	10	M	18	8 M 0 19	25:49	5:10/K
29	Gord Johnson	Woodstock	45	M	35	4 M 30 39	26:06	5:13/K
30	Lisa Petrisor		69	F	43	2 F 40 49	26:46	5:21/K
31	Dan Veldman	Embro	30	M	50	4 M 50 59	27:12	5:26/K
32	Judy Matheson	St. Marys	43	F	40	3 F 40 49	27:21	5:28/K
33	Sherita Guetter	Beachville	80	F	28	2 F 20 29	27:24	5:29/K
34	Scott Finch	Kintore	63	M	39	5 M 30 39	27:40	5:32/K
35	Kelly Hansen		49	M	50	5 M 50 59	28:47	5:45/K
36	Janey Spittal		164	F	no age given		29:18	5:52/K
37	Charlie Peterson	Stratford	25	M	67	1 M 65 69	29:56	5:59/K
38	Steven Veldman		57	M	54	6 M 50 59	30:01	6:00/K
39	Suzanne Peterson	Stratford	27	F	42	4 F 40 49	30:12	6:02/K
40	Sharon McDonald		78	F	55	1 F 50 59	30:16	6:03/K
41	Harold Burgin	St. Marys	1	M	74	2 M 70 74	30:25	6:05/K
42	Cate McCorquodale	Embro	22	F	26	3 F 20 29	30:49	6:10/K
43	Rachel Hofstetter	Plattsville	11	F	41	5 F 40 49	31:32	6:18/K
44	Alyssa Habel		48	F	16	3 F 0 19	31:41	6:20/K
45	Kathleen Hole	Chatham	12	F	36	3 F 30 39	32:34	6:31/K
46	Philip Hicks	Dorchester	55	M	53	7 M 50 59	32:46	6:33/K
47	Kimberly McCaw		67	F	no age given		33:01	6:36/K
48	Payton Hofstetter	Plattsville	8	F	16	4 F 0 19	33:08	6:38/K
49	Michael Hofstetter	Plattsville	9	M	45	6 M 40 49	33:08	6:38/K
50	Ida Debruin	St. Mary's	76	F	41	6 F 40 49	33:11	6:38/K
51	Erin McKay		74	F	24	4 F 20 29	33:37	6:43/K
52	Louis Athanasakos		75	M	39	6 M 30 39	33:38	6:44/K
53	Kevin Grills		71	M	37	7 M 30 39	34:28	6:54/K
54	Wendy McNaughton	Stratford	51	F	61	1 F 60 64	35:14	7:03/K
55	Carol Veldman		56	F	53	2 F 50 59	35:51	7:10/K
56	Emina Krech	Woodstock	16	F	65	1 F 65 69	36:27	7:17/K
57	Steve Colton		79	M	55	8 M 50 59	36:54	7:23/K
58	Marian Demeester		77	F	57	3 F 50 59	37:07	7:25/K
59	Lanna Ireton		62	F	33	4 F 30 39	37:08	7:26/K
60	Ron Shier	Ingersoll	61	M	77	1 M 75 79	38:07	7:37/K

Place	Name	City	Bib No	Gender	Age	Age Group	Place	Time	Pace
1	Marcel Scheele	St Marys	163	M	13	1 M		20:03	4:01/K
2	Aaron Lonsberry	Ingersoll	17	M	14	2 M		22:44	4:33/K
3	Daniel McRoberts	Embro	160	M	13	3 M		23:12	4:38/K
4	Mac Stanley	London	158	M	11	4 M		23:37	4:43/K
5	Timo Scheele	St Marys	162	M	10	5 M		23:57	4:47/K
6	Kyrstin Walley	Woodstock	32	F	10	1 F		24:03	4:49/K
7	Leslie Kelley	London	155	F	13	2 F		24:16	4:51/K
8	Jordan Stanley		159	M	9	6 M		24:27	4:53/K
9	Alison Hansen		50	F	12	3 F		25:45	5:09/K
10	Evelyn	50m sech London			255	F	11		

15	Kennedy Finch	Kintore	157	F	9	7 F	27:38	5:32/K
16	Mark Barton		165	M	7	9 M	29:15	5:51/K
17	MacKayla Hayes		151	F	11	8 F	29:15	5:51/K
18	Kelly Mantel	Princeton	21	F	8	9 F	30:15	6:03/K
19	Peggy Mantel	Princeton	20	F	11	10 F	31:34	6:19/K
20	Kevin Hicks	Dorchester	154	M	13	10 M	32:20	6:28/K
21	Campbell Juby	Shanty Bay	15	M	6	11 M	41:45	8:21/K
22	Ailyth Juby	Shanty Bay	14	F	11	11 F	41:46	8:21/K