Book Recommendations on



Divorce & Co-Parenting

Divorce

Getting Past Your Breakup: How to Turn a Devastating Loss into the Best Thing That Ever Happened to You. Susan J. Elliott

Will I Ever Be Free of You?: How to Navigate a High-Conflict Divorce from a Narcissist and Heal Your Family, Karyl McBride

Chicken Soup for the Soul: Divorce and Recovery: 101 Stories about Surviving and Thriving after Divorce, Jack Canfield and Mark Victor Hansen

Crazy Time: Surviving Divorce and Building a New Life, Revised Edition, Abigail Trafford

The Divorce Survival Guide: The Roadmap for Everything from Divorce Finance to Child Custody,

Calistoga Press

Co-Parenting

Putting Children First: Proven Parenting Strategies for Helping Children Thrive Through Divorce, Jo-Anne Pedro-Carroll

Talking to Children About Divorce: A Parent's Guide to Healthy Communication at Each Stage of Divorce: Expert Advice for Kids' Emotional Recovery, Jean McBride

The Co-Parents' Handbook: Raising Well-Adjusted, Resilient, and Resourceful Kids in a Two-Home Family, Karen Bonnell

Co-parenting with a Toxic Ex: What to Do When Your Ex-Spouse Tries to Turn the Kids Against You, Amy J. L. Baker and Paul R Fine

The Truth About Children and Divorce: Dealing with the Emotions So You and Your Children Can Thrive, Robert E. Emery Ph.D.