

## Addiction

*Alcoholics Anonymous, 4th Edition*, A.A. World Services Inc and A.A. World Services Inc

*Twelve Steps and Twelve Traditions*, AA World Services Inc

*Rewired: A Bold New Approach To Addiction and Recovery*, Erica Spiegelman

*The Gifts of Imperfection: Let Go of Who You Think You're Supposed to Be and Embrace*

*Who You Are*, Brene Brown

*Drop the Rock: Removing Character Defects - Steps Six and Seven*, Bill P. and Todd W.

*This Naked Mind: Control Alcohol: Find Freedom, Discover Happiness & Change*

*Your Life*, Annie Grace

*Breathing Under Water: Spirituality and the Twelve Steps*, Richard Rohr

## Impact of Addiction on Families

*Codependent No More: How to Stop Controlling Others and Start Caring for Yourself*, Melody Beattie

*Beautiful Boy: A Father's Journey Through His Son's Addiction*, David Sheff

*Healing the Child Within: Discovery and Recovery for Adult Children of Dysfunctional Families*,

Charles Whitfield and Nuckols, Ph.D., Cardwell

*Perfect Daughters (Revised Edition): Adult Daughters of Alcoholics*, Robert Ackerman

*It Will Never Happen to Me: Growing Up with Addiction As Youngsters, Adolescents, Adults*, Claudia Black