



ADDITIONAL ELECTIVES

Electives fulfilling “G” university entrance requirement will be indicated as UC/CSU College prep



N139 Freshmen Seminar and N142 Freshmen Seminar SEI (9) (Wellness)

- *9th grade VHS XQ Super School requirement*
- *Meets UC/CSU “g” elective*
- *Meets 9th grade Health State Standards Requirement*

This year-long interdisciplinary course is designed to ease student’s transition to high school and provide them with a strong foundation, grounded in the Seven Dimensions of Wellness. This course empowers students to develop and sharpen the behaviors and skills crucial for success in high school and life. Students will engage in creating a supportive learning community, building relationships, resolving conflicts, and developing self-awareness and self-management skills. This course will provide strategies to support individual student success. Students will delve into self exploration and have the flexibility to explore college interests and workforce pathways.

N900 Challenge: Identity (9)

- *9th grade VHS XQ Super School requirement*
- *Meets UC/CSU “g” elective*

This college prep interdisciplinary elective course offers students an educational platform upon which they will have the choice, resources and guidance to examine challenges related to their own lives and underlying causal relationships. Students will work on skills developing an empathetic approach to understanding human issues, problems or challenges from multiple perspectives. They will be empowered to address their challenge(s) by asking thoughtful questions derived from big ideas framed by the United Nations Sustainable Development Goals. Additionally, they will collaborate within the traditional school environment, as well as experts found outside the walls of our district, and create practical solutions with an actionable plan to address their challenge(s). The main objective is to catalyze the research process according to a systematic guide for identifying essential questions connected to their challenge. This process will also serve to help students see research as an ongoing, inquiry-based process and view themselves as participants in a scholarly conversation.

E510 Yearbook Production (10-12)

- *Prerequisite: Student must have a minimum of a 2.5 GPA and Yearbook Advisor consent before adding the class.*
- *Meets UC/CSU “g” college prep elective requirement*

This elective class produces *La Revista*, the school’s award-winning yearbook. The focus of the course is writing; specifically, students will write feature articles and cover news. Skills developed during the reporting process include research, interviewing, and observation. Proofreading and editing skills are also emphasized. In addition to writing, students in the course will learn the essentials of graphic design and

photo imaging. Creative students are highly encouraged to apply. Finally, fiscal responsibility is covered as students (along with the teacher) manage an actual budget and track expenses and revenues through the course of the year.

E535 Journalism in the Digital Age (9-12)

- *Meets UC/CSU “g” college prep elective requirement*

This elective class is a survey of basic concepts of reporting, non-fiction writing, article formats and ways towards developing a voice using different writing styles are studied. The history of journalism, journalism ethics and critical thinking about bias in reporting and the examination of the relationship of journalism and democracy, elements of photojournalism, website design improving writing and peer editing skills will be covered in this course. Students will prepare to be staff writers on the online school newspaper, The Vista Panther Press as well as the online broadcast of KVHS.

H605 Psychology (11-12)

- *Meets UC/CSU “g” elective*

This academic elective course in social science includes the study of human behavior through experimentation and observation. It also covers psychological concepts and principles.

H611 IB Psychology SL (11-12)

This is a one-year college preparatory psychology course that surveys theory, experimentation, research, and preparation.

H680: IB Business and Management (11-12)

- *Prerequisite: successful completion of or concurrent enrollment in Int. Math 2*
- *Meets UC/CSU “g” elective*

The business and management course is designed to prepare students for the IB Standard Level (SL) exam in IB Business and Management. This exam counts towards earning either an IB Certificate, or the IB Diploma. The course objectives aim to help students understand the implications of business activity in a global market. It is designed to give students an international perspective of business through the study of topics such as international marketing, human resource management, finance, and operations management.

H700 Social and Political History of Rock and Roll (10-12)

- *Meets UC/CSU “g” elective*

This elective course will cover social and political history of the United States between 1950-2000 as seen through the lens of music and the musicians of the times. Musical genres range from blues to rockabilly to

punk to heavy metal to hip-hop. Emphasis is placed on significant historical events such as the Civil Rights Movement, the Vietnam War and the impact of U.S. foreign policy. Students will be instructed through the use of primary source documents, lyric analysis, music, original video clips and reflective discussions. Assessments include projects, analysis and interpretation, and reflective writings.

H705 Current Issues in Contemporary America (11-12)

- *Meets UC/CSU "g" elective*

Students will read daily news reports, study the past history of contemporary issues, and investigate the implications of these issues on future policy decisions. The course will consist of two parts: issues America encounters today and those topics which have been consistent issues faced by society. Organized units of study will surround such topics as Social Concerns, Politics, the Economy and International Affairs. Each unit will take up approximately $\frac{1}{4}$ of the course and will consist of a variety of pertinent subjects.

N109 AVID 9 (9) and N110 AVID 10 (10)

- *Prerequisite: 2.5 Grade Point Average, or AVID. Coordinator's approval.*
- *Meets UC/CSU "g" elective requirement*

This course is a college preparatory support program for students who wish to attend a four-year college. Emphasis will be placed on preparation for college entrance and placement exams, analytical writing, critical thinking and study skills, such as keeping a Cornell-style notebook and completing A-G requirements. Students obtain help with their other classes from college student tutors.

N111 AVID 11 (11) and N112 AVID 12 (12)

- *Prerequisite: 2.5 Grade Point Average, or AVID. Coordinator's approval.*
- *Meets UC/CSU "g" elective requirement*

This course covers the third year of the AVID curriculum at the high school level & offers students more challenging academic experiences that will help prepare them for admission & success as college freshmen.

This course covers the last year of the AVID curriculum at the high school level. It offers advanced AVID students a continuation of challenging experiences in which the goal is college acceptance and success as college freshmen. The course is designed for those students who elect to take a course that prepares them for the rigor required for college work. Students will engage in higher levels of WIC-R (writing, inquiry, collaboration and reading) strategies than experienced in prior years of AVID. These higher-level thinking, reading, writing and oral language skills are needed to prepare students for the level of work required to produce a culminating research project at the end of the senior year.

N115 ASB General (9-12) 7th period

- *permission from the ASB director*
- *Non-college prep*

ASB General is a project-based elective course that focuses on building student leadership capacity. In this **non-college prep** course, students will plan, organize, and execute numerous activities that will include formal and informal dances, Homecoming, Spirit Week, community awareness projects, and cultural events.

Students will develop and utilize leadership skills to initiate positive changes and create a sense of school community for the school's student body. ASB General is designed for students who wish to enroll in a 7th period class.

N116 ASB Leadership 1 (9-10) during school day

- *Pending UC/CSU "g" elective credit approval*
- *Permission from ASB director*

ASB Leadership 1 is a project-based course that focuses on building student leadership capacity. In the college prep course, students will plan, organize, and execute numerous activities that will include formal and informal dances, Homecoming, Spirit Week, community awareness projects, and cultural events. Students will read extensively about real world issues. Students will develop and utilize leadership skills to initiate positive changes and create a sense of school community for the school's student body.

N117 ASB Leadership 2 (11-12) during school day

- *Pending UC/CSU "g" elective credit approval*
- *Permission from ASB director*

ASB Leadership 2 will closely follow the curriculum as outlined in ASB Leadership 1. This is a project-based course that focuses on building student leadership capacity. In the college prep course, students will plan, organize, and execute numerous activities that will include formal and informal dances, Homecoming, Spirit Week, community awareness projects, and cultural events. Students will read extensively about real world issues. Students will develop and utilize leadership skills to initiate positive changes and create a sense of school community for the school's student body.

N143 Character Leaders (9-12)

- *Non college prep after school elective class*

This is a leadership course in which students learn about the key Pillars of Character. Students will study the concepts of respect, responsibility, trustworthiness, fairness, caring & citizenship. Students will learn conflict mediation skills, team building, positive decision making skills, communication skills & focus on service learning projects. Students will help develop & participate in activities at both VHS & middle/elementary schools. This course make be taken more than once.

N600 Teacher Assistant (9-12)

- *Non college prep*

Students wishing to be teacher aides, departmental aides, & office aides must obtain approval prior to enrollment. Aides are expected to have good attendance & the knowledge/skills necessary to perform their assignments. **Limited to a max of 10 credits**

Administrative Office Aide

Attendance Office Aide

Counseling Office Aide**

Department TA

Library Science

****Note:** *Students must have a min. 2.00 GPA, good attendance & be pre-approved by the counseling office secretary.*

N810 TPP Child Care Intern

- *Prerequisite: TPP Director approval, negative TB Test, age 16 or older, & good attendance*
- *Non college prep*

An elective course that is available to students who **are not** in the Teen Parent Program interested in working with young children. (Same as Child Care Practicum).

T810 Aviation Ground School and Small Unmanned Aircraft Systems (sUAS) - Elective (10-12) (Drones)

- *Prerequisites: successful completion of Integrated Math 1 and*
- *Successful completion of one year of Science*
- *Meets UC/CSU "G" elective credit*

This **elective course** serves to inspire and equip students to pursue post secondary education and careers in aviation and aerospace related fields. Concepts that students will learn and apply to both manned aircraft and unmanned aircraft systems during this course of study include: aerodynamic principles, aircraft systems, rules and laws governing manned and unmanned operations, FAA airspace system, airport operations, weather and its effect on all types of aircraft, performance, weight and balance, navigation, emergency procedures, radio communication, aeronautical decision making and physiological factors affecting pilot performance, maintenance, and preflight procedures.

At the conclusion of this course, students, will have the required knowledge to pass the FAA Private Pilot Knowledge test, a requirement for earning a Private Pilot Certificate. In addition to gaining the knowledge for the Private Pilot written exam, students will acquire the necessary skills to pass the Part 107 UAS Aeronautical Knowledge Test and earn their Remote Pilot - Small Unmanned Aircraft Systems (sUAS) Certificate.

X968 Concurrent Enrollment—Internship (11-12)

- *Prerequisite: Student application, teacher recommendations, and employer interview.*
- *Non college prep elective*

VHS students may take this RBVHS concurrent enrollment community internship course which integrates academic and applied learning by providing students the opportunity to gain first-hand experience in a career field. This experience will provide the intern with a vision of the skills necessary for this career, the multiple facets of a business setting, and exposure to related career fields unknown to the student prior to the internship. Students meet periodically with the RBVHS Internship Coordinator.

Teen Parent Program (TPP)

The Teen Parent Program is an on campus educational program for pregnant & parenting students. Child care is provided in a licensed, accredited child care center for the infants & toddlers of the students enrolled in the Teen Parent Program. Both male & female students may participate in the program. Parenting & Child Care Practicum courses are required.

N805 TPP Child Care Practicum

- *Prerequisite: Enrollment in Teen Parent Program*
- *Required class for TPP students*
- *non-college prep*

The Infant Care Center is a teaching lab that provides a “hands-on” parenting/child care practicum class, using role modeling as a means to show positive parenting skills. Students receive valuable experience working in a licensed, accredited child care center.

N815 TPP Parenting Class

- *Prerequisite: Enrollment in Teen Parent Program*
- *Required class for TPP students*
- *Non college prep*

This course is the study of child development and related areas including the following: prenatal care, child development, parenting skills, nutrition, practical economics, and career planning. Class participation is required each semester for students enrolled in the Teen Parent Program.

VHS—PALOMAR COLLEGE DUAL ENROLLMENT COURSES**X715-COUN 148-Managing Stress and Well-Being (3 college units, 10 high school credits)**

- *Transfer acceptability: UC/CSU*

This course investigates the cultural, sociological, physiocultural, sociological, physiological, and psychological sources of stress and well-being across the lifespan. An examination of how the mind-body relationship is affected by the personality, thoughts, life events, and messages received within a multicultural society and family will be studied. Students learn mindfulness and stress reduction techniques that resolve stress and anxiety and promote well-being physically, energetically, emotionally, cognitively, socially, and behaviorally

DEC 110– College Success—(3 college units , 10 high school credits)

Transfer acceptability: CSU; UC

Provides students with the skills and knowledge necessary to reach their educational goals. Topics include academic learning strategies, college and life skills, diversity awareness and assessment of personal characteristics related to educational success. The role of race, ethnicity, gender, class, sexual orientation and age in higher education and personal identity is a central theme of the course.

X720- FASH 100—Fashion Industry—(3 college units, 10 high school credits)

- *Transfer acceptability: CSU*

A study of the background and technology of the clothing industry. It includes contemporary problems of production and distribution; emphasis is on career options in the fashion industry.

FASH 105—Fashion Analysis and Clothing Selection—(3 college units, 10 high school credits)

- *Transfer acceptability: CSU*

This course examines fashion for professional and personal need as it relates to culture, wardrobe planning and coordination and coordination.

X725- DELS121—Legal Studies 121 Introduction to Law- (3 college units, 10 high school credits)

- *Transfer acceptability: CSU*

This course is an introduction to law and the legal system. It includes an examination of the federal and state court system, criminal law, civil law, administrative law and procedural law.

DELS240– Legal Studies 240– Civil Liberties and Procedures- (3 college units, 10 high school credits)

- *Transfer acceptability: UC/CSU*

The study of the Bill of Rights and Supreme Court decisions focusing on civil rights and liberties. This area of constitutional law examines the relationship between individuals and government. Emphasis is on minority issues such as privacy, personal freedom, political equity, and first amendment jurisprudence.

Selected topics from logic, modern algebra, number theory, and geometry. Designed to give the student an introduction to the structure of mathematics and its applications. Recommended for liberal arts students.

VHS Students must earn a “C” or higher in these Dual Enrollment courses so their College /University Financial Aid stays in good standing.

D’s or F’s negatively affect their college financial aid.

