

GREETERS SCHEDULE

| | | |
|---------|-------|----------------------|
| Sept 1 | 7:45 | Deb Jaeger |
| | 10:00 | Jim & Marcia Pflum |
| Sept 8 | 7:45 | Warren & Mary Demmon |
| | 10:30 | Rose Orvis |
| Sept 15 | 7:45 | Ken & Jo Wendorff |
| | 10:30 | Jim & Marcia Pflum |
| Sept 22 | 7:45 | Guy & Sue Repp |
| | 10:30 | Tom & Joan Mrazek |
| Sept 29 | 7:45 | Deb Jaeger |
| | 10:30 | Judine Schicker |

Cleaning Schedule

| Week of: | |
|----------|-------------------------------------|
| Sept 1 | Roger Bargaenquast Mark Kollmann |
| Sept 8 | Lynn Vermeulen |
| Sept 15 | Terry Wickert |
| Sept 22 | Terry Wickert |
| Sept 29 | Jane Fell |



Please call Gregg at
923 - 1583
to become a member of
the "cleaning team".

| | | |
|--------------------------|--|----------------------------------|
| <u>Sept. 1 - 13</u> |  | <u>Sept. 14 - 30</u> |
| Joan Voss Mary Demmon | | Ann, Kathy, & Michelle Trewin |

The Choir Season begins!

We're looking for MORE singers
to join our friendly, fun,
and fabulous adult choir.

Rehearsals: Wednesdays 6:00 – 7:00 pm
First Rehearsal: September 4

Eight dates to sing in 2019 including:
Mission Festival, Thanksgiving Eve, Christ Child Concert, & Christmas Day
Nine dates to sing in 2020 including:
Palm Sunday, Good Friday, & the Easter Festival services

Phil. 4:4 "Rejoice in the Lord always!"

Contact David Koepsell
for more information:
davidkoepsell@stpetersfdl.net or 920-602-7740



ST. PETER'S

Evangelical Lutheran Congregation

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Friends and Family

The story is told....In 1949, John Currier was found guilty of murder and sentenced to life in prison. Later he was transferred and paroled to work on a farm near Nashville, Tennessee. In 1968, Currier's sentence was terminated, and a letter bearing the good news was sent to him. But Currier never saw the letter, nor was he told anything about it. Life on that farm was hard and without promise for the future. Yet John kept doing what he was told even after the farmer for whom he worked had died.

Ten years went by. Then a state parole officer learned about Currier's plight, found him, and told him that his sentence had been terminated long ago. What was interesting was Currier's reaction. He wasn't angry or bitter over his needless prolonged sentence, rather he was overcome with joy and went on his way a free man.

From this story the question is then asked, "Would it matter to you if someone sent you an important message, the most important in your life, and year after year the urgent message was never delivered?"

These next couple months leading up to Christmas, we will be focusing on the theme "Friends and Family." In our own day to day lives, we run across so many people who do not have a faith in Jesus. People who are trapped in the guilt of their sins, burdened with hardships, struggling with heartache, and living in the fear of an uncertain future. As Christians we have good news to share with them, a message of freedom.

One day in the temple, Jesus quoted the prophet Isaiah concerning himself, *"The Spirit of the Lord is on me, because he has anointed me to preach good news to the poor. He has sent me to proclaim freedom for the prisoners and recovery of sight for the blind, to release the oppressed, to proclaim the year of the Lord's favor."* (Luke 4:18)



Only in Jesus is there true freedom, a life of forgiveness and peace before God. It is the message of a Savior who took on human flesh to be our substitute for sin, who gave his perfect life on a cross as the ransom for our soul, and who rose again from the dead to proclaim you forgiven. Only in Je-

sus is there freedom from sin and the certainty of life everlasting.

This is the message we are able to share with our Friends and Family. It is a most important and vital message that needs to be delivered, for it is the only gospel that saves. It is out of greatest love for our family and friends and wanting to see them in eternity one day, that we look for opportunities to share Jesus with them.

Together, over these next months are going to pray for one another, encourage one another, and help one another as we go out each day into our mission fields. But we go out each day with the promises of the Lord, *"My Word will not return to me empty, but will accomplish what I desire, and achieve the purpose for which I sent it."* (Isaiah 55:11) May the Lord bless us in our mission to our Friends and Family, knowing what is being done is for the salvation of many souls.

FINANCE UPDATE – NEW FACILITY

August 15, 2019

Loan History

Date of Original Loan: August 5, 2008 - \$5,794,966

Date of Renewal Loan: August 14, 2010 - \$5,460,585

Date of Renewal Loan: August 14, 2013 - \$4,532,766

Date of Renewal Loan: August 14, 2016 - \$3,843,770

Date of Renewal Loan: August 14, 2019 - \$3,145,111

Current Loan Facts

Interest Rate: 4.45% (5-year fixed)

Monthly Payment: \$27,000

Final Payment: May 14, 2032 (projected)

Principal paid thru August 14, 2019: \$2,649,855 (45.7%)

Interest paid thru August 14, 2019: \$1,881,607

Loan Balance: \$3,145,111 (54.3%)

Loan must be paid off or renegotiated prior to August 14, 2024



Total Indebtedness

As of August 14 we are indebted to only one entity in the amount of \$3,145,111. Including our internal accumulated deficit of \$277,633 our total debt of \$3,422,744 is as follows:

National Exchange Bank & Trust – Commercial Loan balance \$3,145,111

Accumulated deficit:

| | |
|--------------|----------------|
| Prior years | \$151,157 |
| Current year | <u>126,476</u> |
| Total | \$277,633 |

Dear members of my St. Peter's family,

I would like to thank you for your generous support over the last four years at MLC! I'm entering my fourth and final year. I have just recently found out where I'm student teaching this semester. For my first ten weeks I'll be at Mount Calvary Lutheran School in Waukesha, Wisconsin. I am very excited to start this journey and am thankful that it is finally here. I ask that you keep me in your prayers during this time. I am thankful for all that you have done for me. When I return to MLC for the last six weeks I will be student teaching in a local public school. I have yet to find out where that will be, but when I know my parents will know so feel free to ask them about it! I cannot thank you enough for all of the support and prayers you have already given me.

Your sister in Christ,
Emily Orvis



IF YOU HAVEN'T IN THE PAST, WHY NOT START?

Have you ever asked yourself: "Why don't I go to Bible Class?" Many answers have been given to that question: "I learned all that stuff in grade school and high school." Test: Can you list what was created on each of the days of creation? Can you list the Ten Commandments in order? Can you name the twelve apostles? Can you list the nine fruits of the spirit? Where do you find out about the stoning of Stephen? Can you list the books of the Bible? "I'm afraid I'll embarrass myself because it takes me a long time to find passages in the Bible." That's nothing to fear, because all the Bible passages are pre-printed for you. "I'm afraid I'll be called on and I don't like to speak in front of others." But nobody is called on unless they raise their hand. "I don't want to have to read out loud in front of everybody." But only volunteers read. Come and join us. Let the Holy Spirit strengthen your faith as you grow in your knowledge of Jesus and his word. Follow Peter's encouragement when he wrote, *"Like newborn babies, crave pure spiritual milk, so that by it you may grow up in your salvation, now that you have tasted that the Lord is good."* (1 Peter 2:2-3 NIV)



BIBLE STUDY OPTIONS

SUNDAY BIBLE CLASS BEGINS: On Sunday, September 8 Bible Class resumes in the Commons. Enjoy some fellowship time from after first service until 9:15, when class begins. This year we will be delving into the Gospel of John. Come and marvel at **John's Portraits of Jesus: The Christ, the Son of God**. In the simplest language, John paints profound and sublime pictures of Jesus. Come and grow in your knowledge of God's Word, in your love for Christ, and in your love for the fellowship of believers! *"How sweet are your words to my taste, sweeter than honey to my mouth!"* (Psalm 119:103 NIV)

WEDNESDAY BIBLE CLASS BEGINS: Come and join us for class in the Multipurpose Room on September 4. You can attend at either 10:00 am. or 7:00 pm. This year we are studying Genesis, the "Book of Beginnings," under the theme: **The Beginning History of God's Saving Activity**. It's amazing how almost every Christian doctrine can be drawn from the first book of the Bible. We pray that many new people will join us for this soul-strengthening time in God's Holy Word! *"When your words came, I ate them; they were my joy and my heart's delight."* (Jeremiah 15:16 NIV)

NURSES POINT OF

Cheap Healthy Foods

Think you have to pay big bucks to *eat healthy*? Think again. Find out more about *cheapfoods* that will keep your body and bank account in good *health*.

Eggs Serving size: 1 egg Cost per serving: About 25 cents. Calories: 72. With 6 grams of protein each, eggs are another cheap sub for meat. They're full of nutrients, like vitamins D and A, and choline—essential for pregnant and breastfeeding women. Experts say one egg per day won't throw off your cholesterol numbers. So, crack one for breakfast, try one hard-boiled on grain bowls and salads, or scramble some as a base for veggies or in tacos.

Oats Serving size: ½ cup (dry) Cost per serving: About 22 cents Calories: 140 A hot bowl of oatmeal makes a great breakfast. Or use oats as a healthy filler in meatloaf, burgers, casseroles, and fruit cobblers. Their fiber will keep your stomach satisfied and can lower cholesterol and boost your immune system. They also have antioxidants that may help protect your cells from damage.

Sweet Potatoes Serving size: 1 medium sweet potato Cost per serving size: About 30 cents Calories per serving: 105 In just one, you get 400% of your daily vitamin A needs, and more than a third of your vitamin C. Sweet potatoes do have more sugar than white ones, but they have fewer calories and carbs and more fiber. Baked or sliced and roasted, they make a great side dish.

Beans Serving size: ½ cup cooked Cost per serving size: 10 cents Calories: About 100 With about 7 grams of protein per serving, you can sub beans for meat in many recipes. And they've got plenty of fiber, folate, potassium, and magnesium.

Popcorn Serving size: 2 tablespoons of kernels (3-4 cups popped) Cost per serving: About 18 cents Calories: 140 Along with the crunch, popcorn packs fiber, which will satisfy you longer than a lot of snack foods. And it's a tasty way to get one of the three servings of whole grains you need every day. A cup has less than a quarter of the calories of the same serving of potato chips. Skip the butter and salt and add flavor with dried herbs.

Whole-Grain Pasta Serving size: 2 ounces (uncooked) Cost per serving: 17 cents Calories: 200 Pasta gets a bad rap, but in a reasonable portion, it can be part of an affordable, healthy meal. Whole-grain versions have twice the fiber as white pasta and will raise your blood sugar less. Try spaghetti, penne, or macaroni with a homemade tomato sauce, or tossed with olive oil and sautéed veggies.

Bananas Serving size: 1 medium-large banana Cost per serving: 15 cents Calories: 112 This fruit gives you fiber, vitamins B6 and C, and potassium, which balances blood pressure and keeps your heart healthy. It's also easy on your stomach, which makes it a good option when you're getting over tummy troubles.

Peanut Butter Serving size: 2 tablespoons Cost per serving size: 15 cents Calories: About 190 Yes, it has quite a bit of fat. But it's mostly the healthy, unsaturated kind. It also has potassium and even some fiber. And it's not just for sandwiches -- try some on celery sticks or apple slices for a satisfying snack.

Frozen Veggies Serving size: ½ cup cooked Cost per serving: 50 cents Calories: About 30 You'll generally get just as much nutrition from frozen vegetables as you do from fresh, sometimes more. Plus, they stay good longer than fresh produce, so they're less likely to go to waste.