


GREETERS SCHEDULE

April 7	7:45	Ken & Jo Wendorff
	10:30	Jerry & Diane Fricken
April 14	7:45	Warren & Mary Demmon
	10:30	DuWayne & Marilyn Zamzow
April 21	6:00	Lois Klobucher Bill Brasch
	8:30	Gordon & Justine Port
	10:30	Deb Jaeger Diana Kent
April 28	7:45	Ken & Jo Wendorff
	10:30	Jerry & Diane Fricken

April 1 - 15		April 16 - 30
Sue Repp		Ann Trewin
Mary Scheidt		Kathy Trewin
		Michelle Trewin

Cleaning Schedule

Week of:	
March 31	Girl Pioneers
April 7	Tom and Mark Deibert
April 14	Tom and Mark Deibert
April 21	Tom Butzke
April 28	Bruce & Else Cuppan



Please call Gregg at
923 - 1583
to become a member of
the "cleaning team".

Request for Transfer In

Rob Moss from Trinity, Brillion

Request for Release

Jeffrey, Lisa, & Alesha McArthur

Adult Confirmation

Trish Prickette

Funerals

Joann Freiberg
June Kartos

Removal (Unable to Serve)

Julaya Ferderer*
Elizabeth Davies*
Jaxson Zorn*
Quinn Compton
Devin Terry

Request for Transfer Out

Tim Thompson to St. Paul's,
NFDL
Jeffrey Schumann to Living
Water, Oshkosh

Membership Matters

The matters of membership listed were acted upon or recognized by the Coordinating Council at its March meeting.

<u>April 14</u>	<u>April 18</u>	<u>April 19</u>	<u>April 21</u>
Palm Sunday	Maundy Thursday	Good Friday	Easter
7:45 & 10:30	3:30 & 6:30 w/ Holy Communion	1:00 w/ Holy Communion 6:30 Tenebrae	Sunrise: 6:00am Festival Services: 8:30 & 10:30



ST. PETER'S

Evangelical Lutheran Congregation

1600 S. Main St. Fond du Lac



April
2019

info@stpetersfdl.net

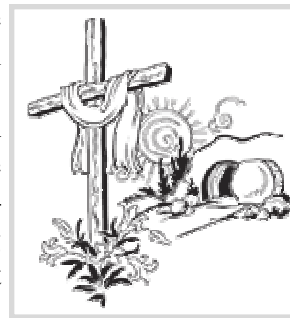
920.922.1160

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No More Tears!

Tears accompany us throughout our lives. Although newborns don't shed tears until they're a couple of months old, nevertheless they enter this world crying. It's a good cry because it shows their lungs are healthy and it blows out the tubes. Off course, at the sound of a newborn's cry, the parent's eyes begin to flow with tears of joy. It doesn't take long for babies to cry out of anger when things don't go their way, or out of pain when they bang their head on something, or out of frustration when they can't accomplish what they want to. A loud noise can cause tears of shock to flow. When that baby receives his/her high school diploma, tears of pride well up in mom and dad's eyes. One thing we all experience which causes us to shed tears is death—either the death of a loved one or facing our own death. Why? Because death is not natural—God didn't create the body and soul to be separated. Rather, death is the result of the sin Adam and Eve brought into the world. Another reason death provokes tears is because it is so permanent—death permanently separates us from our loved ones while we are on this earth.

That's the situation Mary Magdalene, from whom Jesus had driven seven demons, was in on Easter morning. Death had separated her from her dear Lord. She stood outside the tomb crying. Not only was Jesus dead, but now his body was missing. Was this the job of grave-robbers? In her distress, she bent over and looked into the tomb. She saw two angels in white sitting where Jesus' body had been, one at the head and the other at the foot. They asked her, "Woman, why are you crying?" As if to tell her, "Look at the evidence." What evidence was there that Jesus had risen from the dead? The strips of linen that had been wrapped around his body had simply collapsed when Jesus rose from the dead and passed through them, like a tent collapses when its



pole is pulled out. The burial cloth that had been around his head was folded up by itself, separate from the linen. This was no job of grave-robbers. The evidence pointed to the fact that Jesus had risen from the dead.

But Mary's sorrow blurred the evidence and she was inconsolable. "They have taken my Lord away and I don't know where they have put him," she lamented. Then she turned around and saw Jesus standing there, but she didn't realize it was Jesus. He said, "Woman, why are you crying? Who is it you are looking for?" She thought he was the gardener and said to him, "Sir, if you have carried him away, tell me where you have put him, and I will get him." Jesus replied, "Mary." In an instant her tears were dried. Her grief was replaced with delight. Instead of crying she blurted out, "Rabboni!" (which means teacher).

Her Lord was alive and all was well. A living Jesus dries the tears of all who mourn. Yes, because we live in a sin-filled world, we all face death—those of our loved ones and our own. But by his death on the cross Jesus conquered death for us. His empty tomb proclaims his words are true when he said, "I am the resurrection and the life. He who believes in me will live, even though he dies; and whoever lives and believes in me will never die." God's children never die—they just move from the church on earth to the church in heaven where eventually all of God's children will be reunited forever. "They are before the throne of God and serve him day and night in his temple; and he who sits on the throne will spread his tent over them. Never again will they hunger; never again will they thirst. The sun will not beat upon them, nor any scorching heat. For the Lamb at the center of the throne will be their shepherd he will lead them to springs of living water. *And God will wipe away every tear from their eyes.*" (Revelation 7:15-17)

Kidney Stones

The pain of kidney stones has been compared to childbirth. We will try to explain why you get them, whether they're preventable, and how they're treated.

What Are Kidney Stones?

As the kidneys filter waste from the blood, they create urine. Sometimes, salts and other minerals in urine stick together to form small kidney stones. These range from the size of a sugar crystal to a ping pong ball, but they are rarely noticed unless they cause a blockage. They may cause intense pain if they break loose and push into the ureters, the narrow ducts leading to the bladder.

Kidney Stone Symptoms

When kidney stones move through the urinary tract, they may cause:

- ◆ Severe pain in the back, belly, or groin
- ◆ Frequent or painful urination
- ◆ Blood in the urine
- ◆ Nausea and vomiting
- ◆ Small stones may pass without causing symptoms.

Kidney Stone or Something Else?

If you have sudden, severe pain in the back or belly, it's best to seek medical care right away. Abdominal pain is associated with many other conditions, including emergencies like appendicitis and ectopic pregnancy. Painful urination is also a common symptom of a urinary tract infection or an STD.

Home Care for Kidney Stones

If a kidney stone seems small enough, your doctor may recommend you take pain medicine and wait for the stone to pass out of the body on its own. During this time, your doctor may recommend that you drink enough water and fluids to keep urine clear – about eight to 10 glasses a day.

Treatment: Medication

There are prescription medications that can help the body pass a kidney stone. Drugs known as alpha-blockers relax the walls of the ureter. This widens the

passages so a stone can fit through more easily. Side effects are generally mild and may include headache or dizziness.

Treatment: Shock Wave Therapy

The most common medical procedure for treating kidney stones is known as extracorporeal shock wave lithotripsy (ESWL). This therapy uses high-energy shock waves to break a kidney stone into little pieces. The small pieces can then move through the urinary tract more easily. Side effects can include bleeding, bruising, or pain after the procedure.

Treatment: Ureteroscopy

When a stone has made its way out of the kidney and is close to the bladder, the most common procedure is ureteroscopy. A thin tube is passed through the urinary tract to the location of the stone. A surgeon breaks up the stone and removes the fragments through the tube. No incisions are made in the body. For very large stones, surgical procedures may be needed.

What Causes Kidney Stones?

Kidney stones may form when there's a change in the normal balance of the water, salts, and minerals found in urine. Different kinds of changes result in different types of kidney stones. There are many factors that can trigger changes in the urine, ranging from chronic medical conditions to what you eat and drink.

Risk Factors You Can Control

Drinking too little water is the most common cause of kidney stones. Diet also plays an important role. Eating a lot of protein, sodium, and high-oxalate foods, such as chocolate or dark green vegetables, can boost the risk for kidney stones in some people. Other risk factors include putting on weight and taking certain medications.

*Above information obtained from WEBMD Reviewed by
Minesh Khatri, MD on June 10, 2016*

