

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 BB 9:00-11:00am (F) PB 1:00-4:00pm (F)	2 BB 6:00-7:30am (F) Vital 9:30-10:15am (1/2) PB 1:00-4:00pm (F) WT 6:00-6:30pm (1/2)	3 TAB 9:00-10:00am (1/2) CH 6:45-7:45pm (1/2) PB 7:30-9:30pm (F)	4 BB 6:00-7:30am (F) WT 8:15-9:15am (1/2) PF 9:30-10:30am (1/2) PB 1:00-4:00pm (F) WT 6:00-6:45pm (1/2)	5 WT 4:45-8:00am (F) TAB 9:00-10:00am (1/2) RS 11:00-12:00pm (1/2) Fusion 6:00-8:00pm (1/2) BB 8:00-9:30pm (F)	6 BB 6:00-7:30am (F) PF 9:15-10:30am (F) PB 1:00-4:00pm (F)	7 Fusion 8:30-9:30am (1/2) TAB 8:45-9:45am (1/2) Fusion 9:30-10:30am (1/2) Vital 10:30-11:15am (1/2)
8 BB 9:00-11:00am (F) PB 1:00-4:00pm (F)	9 BB 6:00-7:30am (F) Vital 9:30-10:15am (1/2) PB 1:00-4:00pm (F) WT 6:00-6:30pm (1/2)	10 TAB 9:00-10:00am (1/2) RS 11:15-12:15pm (1/2) CH 6:45-7:45pm (1/2) PB 7:30-9:30pm (F)	11 BB 6:00-7:30am (F) WT 8:15-9:15am (1/2) PF 9:30-10:30am (1/2) PB 1:00-4:00pm (F) WT 6:00-6:45pm (1/2)	12 WT 4:45-8:00am (F) TAB 9:00-10:00am (1/2) RS 11:00-12:00pm (1/2) Fusion 6:00-8:00pm (1/2) BB 8:00-9:30pm (F)	13 BB 6:00-7:30am (F) PF 9:15-10:30am (F) PB 1:00-4:00pm (F)	14 Fusion 8:30-9:30am (1/2) TAB 8:45-9:45am (1/2) Fusion 9:30-10:30am (1/2) Vital 10:30-11:15am (1/2)
15 BB 9:00-11:00am (F) PB 1:00-4:00pm (F)	16 BB 6:00-7:30am (F) Vital 9:30-10:15am (1/2) WT 6:00-6:30pm (1/2)	17 TAB 9:00-10:00am (1/2) CH 6:45-7:45pm (1/2) PB 7:30-9:30pm (F)	18 BB 6:00-7:30am (F) WT 8:15-9:15am (1/2) PF 9:30-10:30am (1/2) WT 6:00-6:45pm (1/2)	19 WT 4:45-8:00am (F) TAB 9:00-10:00am (1/2) RS 11:00-12:00pm (1/2) Fusion 6:00-8:00pm (1/2) BB 8:00-9:30pm (F)	20 BB 6:00-7:30am (F) PF 9:15-10:30am (F) PB 1:00-4:00pm (F)	21 Fusion 8:30-9:30am (1/2) TAB 8:45-9:45am (1/2) Fusion 9:30-10:30am (1/2) Vital 10:30-11:15am (1/2)
22 BB 9:00-11:00am (F) PB 1:00-4:00pm (F)	23 BB 6:00-7:30am (F) Vital 9:30-10:15am (1/2) WT 6:00-6:30pm (1/2)	24 TAB 9:00-10:00am (1/2) RS 11:15-12:15pm (1/2) CH 6:45-7:45pm (1/2) PB 7:30-9:30pm (F)	25 BB 6:00-7:30am (F) WT 8:15-9:15am (1/2) PF 9:30-10:30am (1/2) WT 6:00-6:45pm (1/2)	26 WT 4:45-8:00am (F) TAB 9:00-10:00am (1/2) RS 11:00-12:00pm (1/2) Fusion 6:00-8:00pm (1/2) BB 8:00-9:30pm (F)	27 BB 6:00-7:30am (F) PF 9:15-10:30am (F) PB 1:00-4:00pm (F)	28 Fusion 8:30-9:30am (1/2) TAB 8:45-9:45am (1/2) Fusion 9:30-10:30am (1/2) Vital 10:30-11:15am (1/2)
29 BB 9:00-11:00am (F) BD 12:00-3:00pm (F)	30 BB 6:00-7:30am (F) Vital 9:30-10:15am (1/2) PB 1:00-4:00pm (F) WT 6:00-6:30pm (1/2)	1 TAB 9:00-10:00am (1/2) CH 6:45-7:45pm (1/2) PB 7:30-9:30pm (F)	2 BB 6:00-7:30am (F) WT 8:15-9:15am (1/2) PF 9:30-10:30am (1/2) PB 1:00-4:00pm (F) WT 6:00-6:45pm (1/2)	3 WT 4:45-8:00am (F) TAB 9:00-10:00am (1/2) RS 11:00-12:00pm (1/2) Fusion 6:00-8:00pm (1/2) BB 8:00-9:30pm (F)	4 BB 6:00-7:30am (F) PF 9:15-10:30am (F) PB 1:00-4:00pm (F)	5 Fusion 8:30-9:30am (1/2) TAB 8:45-9:45am (1/2) Fusion 9:30-10:30am (1/2) Vital 10:30-11:15am (1/2)

## LEGEND

BB = Basketball  
 BBC= Basketball Clinic  
 BD= Birthday Party  
 CH= Cardio HIIT

KZ= Kid Zone Camp  
 PB=Pickle Ball  
 PF= Power Fit  
 TAB= Laura's Lean-up Tabata

RS= Rock Steady  
 SP= Sports Performance  
 WT= Weight Training  
 VB = Volleyball