



2019/2020 INDOOR POOL SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
4:45	Lap Swim 4:45 - 11:00	Lap Swim 4:45 - 11:00	Lap Swim 4:45 - 11:00	Lap Swim 4:45 - 11:00	Lap Swim 4:45 - 11:00		
5:30							
6:00							
7:00						Lap Swim 7:00 - 10:00	Lap Swim 7:00 - 11:00
8:00			Aqua H.I.I.T 8:30 - 9:15				
9:00	Aqua Aerobics 8:30 - 9:30				Aqua Aerobics 8:30 - 9:30		
10:00	Aqua Aerobics 9:30 - 10:30	Aqua Zumba 9:30 - 10:30	Aqua Aerobics 9:30 - 10:30		Aqua Aerobics 9:30 - 10:30		
11:00						Group Lessons* 10:00 - 12:00	
12:00	Open Swim 11:00 - 4:30	Open Swim 11:00 - 5:30	Open Swim 11:00 - 12:30	Open Swim 11:00 - 5:30	Open Swim 11:00 - 5:30	Open Swim 12:00 - 6:45	Open Swim 11:00 - 6:45
1:00			Group Lessons* 12:30 - 1:00				
2:00			Open Swim 1:00 - 9:45				
3:00							
4:00						Pool Closes 6:45	Pool Closes 6:45
5:00	Group Lessons* 4:30 - 5:30						
6:00		Swim Team 5:30 - 6:45		Swim Team 5:30 - 6:45	Swim Team 5:30 - 6:45		
7:00	Open Swim 5:30 - 9:45	Aqua Aerobics 7:00 - 8:00	Aqua Aerobics 7:00 - 8:00	Aqua Aerobics 7:00 - 8:00	Open Swim 6:45 - 9:45		
8:00		Open Swim 6:45 - 9:45		Open Swim 6:45 - 9:45			
9:00	Pool Closes 9:45	Pool Closes 9:45	Pool Closes 9:45	Pool Closes 9:45	Pool Closes 9:45		

INDOOR WET ZONE GUIDELINES

- Children under the age of 12 must be accompanied by an adult.
- No Open Swim during AM Aqua Aerobics and Swim Lessons.
- One lap lane will be available during all classes.
- Children under 14 are not permitted in or around the Whirlpool.
- Contact Micki Stratil at 724-933-1911 ext. 4248 with any questions/comments.
- **Pool is closed during Group Lessons & Swim Team. No Open Swim.**
- **Please Note: There will only be 1 LANE AVAILABLE from 5:30 - 6:45PM, Tues, Thurs, Fri.**