



# 2019 INDOOR POOL SCHEDULE

|       | MONDAY                          | TUESDAY                         | WEDNESDAY                       | THURSDAY                        | FRIDAY                       | SATURDAY                        | SUNDAY                    |
|-------|---------------------------------|---------------------------------|---------------------------------|---------------------------------|------------------------------|---------------------------------|---------------------------|
| 4:45  | Lap Swim<br>4:45 - 11:00        | Lap Swim<br>4:45 - 11:00        | Lap Swim<br>4:45 - 11:00        | Lap Swim<br>4:45 - 11:00        | Lap Swim<br>4:45 - 11:00     |                                 |                           |
| 5:30  |                                 |                                 |                                 |                                 |                              |                                 |                           |
| 6:00  |                                 |                                 |                                 |                                 |                              |                                 |                           |
| 7:00  |                                 |                                 |                                 |                                 |                              | Lap Swim<br>7:00 - 10:00        | Lap Swim<br>7:00 - 11:00  |
| 8:00  |                                 |                                 |                                 | Aqua H.I.I.T<br>8:30 - 9:15     |                              |                                 |                           |
| 9:00  | Aqua Aerobics<br>8:30 - 9:30    |                                 |                                 |                                 | Aqua Aerobics<br>8:30 - 9:30 |                                 |                           |
| 10:00 | Camp Swim<br>9:30 - 10:30       | Camp Swim<br>9:30 - 10:30       | Camp Swim<br>9:30 - 10:30       | Camp Swim<br>9:30 - 10:30       | Camp Swim<br>9:30 - 10:30    |                                 |                           |
| 11:00 | Group Lessons*<br>10:30 - 11:30 | Group Lessons*<br>10:30 - 11:30 | Group Lessons*<br>10:30 - 11:30 | Group Lessons*<br>10:30 - 11:30 | Open Swim<br>11:00 - 9:45    | Group Lessons*<br>10:00 - 12:00 | Open Swim<br>11:00 - 6:45 |
| 12:00 | Open Swim<br>11:30 - 4:30       | Open Swim<br>11:30 - 9:45       | Open Swim<br>11:30 - 12:30      | Open Swim<br>11:30 - 9:45       |                              |                                 |                           |
| 1:00  |                                 |                                 |                                 |                                 |                              |                                 |                           |
| 2:00  | Camp Swim<br>1:30 - 2:30        | Camp Swim<br>1:30 - 2:30        | Open Swim<br>1:00 - 9:45        |                                 |                              | Open Swim<br>12:00 - 6:45       | Open Swim<br>11:00 - 6:45 |
| 3:00  |                                 |                                 | Camp Swim<br>1:30 - 2:30        | Camp Swim<br>1:30 - 2:30        | Camp Swim<br>1:30 - 2:30     |                                 |                           |
| 4:00  |                                 |                                 |                                 |                                 |                              | Pool Closes<br>6:45             | Pool Closes<br>6:45       |
| 5:00  | Group Lessons*<br>4:30 - 5:30   |                                 |                                 |                                 |                              |                                 |                           |
| 6:00  | Swim Team<br>5:30 - 6:30        |                                 | Swim Team<br>5:30 - 6:30        |                                 |                              |                                 |                           |
| 7:00  | Open Swim<br>5:30 - 9:45        | Aqua Aerobics<br>7:00 - 8:00    | Aqua Aerobics<br>7:00 - 8:00    | Aqua Zumba<br>7:00 - 8:00       |                              |                                 |                           |
| 8:00  |                                 |                                 |                                 |                                 |                              |                                 |                           |
| 9:00  | Pool Closes<br>9:45             | Pool Closes<br>9:45             | Pool Closes<br>9:45             | Pool Closes<br>9:45             | Pool Closes<br>9:45          |                                 |                           |

## INDOOR WET ZONE GUIDELINES

- Children under the age of 12 must be accompanied by an adult.
- No Open Swim during AM Aqua Aerobics and Swim Lessons.
- One lap lane will be available during all classes.
- Children under 14 are not permitted in or around the Whirlpool.
- Contact Micki Stratil at 724-933-1911 ext. 4248 with any questions/comments.
- **Pool is closed during Group Lessons & Swim Team. No Open Swim.**
- **Please Note: There will only be 1 LANE AVAILABLE from 5:30 - 6:45PM, Mon - Thurs until June 6th.**



# 2019 OUTDOOR POOL SCHEDULE

|       | MONDAY                         | TUESDAY                        | WEDNESDAY                      | THURSDAY                       | FRIDAY                         | SATURDAY                       | SUNDAY                    |
|-------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|--------------------------------|---------------------------|
| 7:00  | Lap Swim<br>7:00 - 9:00        | Lap Swim<br>7:00 - 9:00        | Lap Swim<br>7:00 - 9:00        | Lap Swim<br>7:00 - 9:00        | Lap Swim<br>7:00 - 9:00        | Lap Swim<br>7:00 - 10:00       | Lap Swim<br>7:00 - 11:00  |
| 8:30  |                                |                                |                                |                                |                                |                                |                           |
| 9:00  | Swim Team<br>9:00 - 10:00      | Swim Team<br>9:00 - 10:00      | Swim Team<br>9:00 - 10:00      | Swim Team<br>9:00 - 10:00      | Swim Team<br>9:00 - 10:00      |                                |                           |
| 9:30  |                                |                                |                                |                                |                                |                                |                           |
| 10:00 | Aqua Aerobics<br>10:00 - 11:00 | Aqua Aerobics<br>10:00 - 11:00 | Aqua Aerobics<br>10:00 - 11:00 | Aqua Aerobics<br>10:00 - 11:00 | Aqua Aerobics<br>10:00 - 11:00 | Aqua Aerobics<br>10:00 - 11:00 |                           |
| 11:00 | Open Swim<br>11:00 - 8:00      | Open Swim<br>11:00 - 8:00      | Open Swim<br>11:00 - 8:00      | Open Swim<br>11:00 - 8:00      | Open Swim<br>11:00 - 8:00      | Open Swim<br>11:00 - 6:45      | Open Swim<br>11:00 - 6:45 |
| 1:00  |                                |                                |                                |                                |                                |                                |                           |
| 2:00  |                                |                                |                                |                                |                                |                                |                           |
| 3:00  |                                |                                |                                |                                |                                |                                |                           |
| 4:00  |                                |                                |                                |                                |                                |                                |                           |
| 5:00  |                                |                                |                                |                                |                                |                                |                           |
| 6:00  |                                |                                |                                |                                |                                |                                |                           |
| 7:00  |                                |                                |                                |                                |                                | Pool Closes                    | Pool Closes               |
| 8:00  | Pool Closes                    | Pool Closes                    | Pool Closes                    | Pool Closes                    | Pool Closes                    |                                |                           |

## OUTDOOR POOL GUIDELINES

- During an electrical storm or thunderstorm, the indoor and outdoor pools and whirlpool will be cleared of all swimmers.
- In accordance with Allegheny County regulations, the pools are open only when a lifeguard is on duty.
- No one is permitted to enter any club pool without a lifeguard's supervision.
- Children under the age of 12 must have a parent or guardian accompany them to the pool area.
- Children requiring floatation devices must be accompanied in the water within arms reach of an adult.
- The sand volleyball court and playground area is open during Open Swim hours.
- The volleyball sand is to be used for volleyball only.
- Contact Micki Stratil at 724-933-1911 ext. 4248 with any questions/comments.
- **Outdoor pool will close at 5PM on the following dates for swim meets: June 13th, 20th, 28th & July 2nd.**
- **Outdoor pool will close at 4PM on the following date for swim championships: July 9th.**