



Market Café

Soups

Soup of the Day		c/4	b/6
Moroccan Chick Pea Soup	c/4	b/6	
Santa Fe Vegetarian Chile	c/5	b/8	

Clubs, Wraps, and Open-Face Sandwiches

Fish Tacos

Grilled Mahi Mahi in warm flour tortillas with queso fresco, lime slaw, and two salsas. Served with Latin-style Caesar salad. 16

Roasted Fish Sandwich

Fresh Atlantic Cod roasted golden brown with walnut crust, served open face with preserved lemon aioli, and walnut apple field salad. 14

Healthy Buffalo Chicken Wrap

Char-grilled chicken breast, seasoned with lime juice, sherry and hot sauce. Wrapped with field greens, tomatoes, and smoked cheddar. Served with Bleu Cheese Vinaigrette. 12

California Club Sandwich

Roasted turkey breast, crisp bacon, sliced avocado, lettuce, tomato, and sweet red onion. Served on toasted sourdough with tomato ginger jam. 12

Tuna Salad Sandwich

White Albacore Tuna fish salad, served on your choice of bread, with tomato, lettuce, and pickled red onion. 8

Roasted Chicken Salad Sandwich

Roasted lemon and herb marinated chicken breast, served chilled on your choice of bread, with lettuce, tomato, and pickled red onion. 8

Curry Shrimp & Vegetable Flatbread

Gulf shrimp and winter vegetable curry on toasted naan, with steamed basmati rice and cucumber yogurt ribbons. 14

*Sandwiches served with one side: Kale Slaw, Two Potatoes & Herb Salad,
Cup, Cottage Cheese, French Fries, Roasted Sweet Potato Fries*

Fresh Fruit



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From the Char-Grill

Local Burger

McElhanney's Family Farm Grass-fed Beef Burger, char-grilled. Served on a freshly baked Kaiser roll with your choice of cheese (American, Cheddar, Swiss, Provolone, Feta, Chevre, Queso Fresco, Smoked Cheddar, Fresh Mozzarella). 14

Lamb Burger

Jamison's Farm grass-fed lamb burger, char-grilled. Served with red onion marmalade, Harissa aioli, on a toasted Kaiser roll. 14

Turkey Shawarma

Mediterranean spiced turkey and bulgur wheat skewer, char-grilled, served with toasted pita with lettuce, tomato, sweet red onion, and tzatziki sauce. 12

Grilled Chicken Sandwich

Char-grilled chicken breast, served with roasted peppers and Boursin cheese on a toasted Kaiser roll. (can be prepared blackened Cajun style) 12

Chicken Mole Quesadilla

Pasilla chili and apple mole shredded local "fresh-air" chicken, grilled with Queso Fresco, avocado and bell peppers on flour tortillas. Served with two salsas, crema and pickled chilis. 12

Bison Burger

An 8 oz. anti-biotic and hormone free bison burger, on a toasted Kaiser roll with your choice of cheese. 19

Blackened Fish Sandwich

Char-grilled Mahi Mahi with Cajun spices, on a toasted Kaiser roll with spicy horseradish remoulade. 14

Black Bean Burger

Latin-spiced black bean burger, grilled served with sliced avocado, pickled onions, and chimichurri rojo aioli on a toasted Kaiser roll. 10

Grilled Sandwiches served with one side: Kale Slaw, Two Potatoes & Herb Salad, Fresh Fruit Cup, Cottage Cheese, French Fries, Roasted Sweet Potato Fries



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Salads & Bowls

Garden Salad

Seasonal lettuces and herbs, trimmed with tomatoes and crisp vegetables, cured mushrooms, brined olives, toasted walnuts, Goat Rodeo Chèvre. 8

Choice of house-made dressings: Non-fat Balsamic, Balsamic Vinaigrette, Pomegranate, Bleu Cheese Vinaigrette, Walnut Tahini, Buttermilk Ranch, Tapenade Vinaigrette

Fattoush Salad

Traditional Lebanese peasant salad, an array of crisp vegetables, lettuce, fresh herbs, and Feta cheese. Tossed with a Lemon-Mint Dressing and crisp pita chips. 8

Greek Kale Salad

Sweet peppers, onion, radish and tomato tossed with baby kale, mint and butter lettuce in an Olive Oil & Lemon Dressing. Served with Greek olives, Feta cheese and toasted pita bread. 8

Add to any of the above salads:

Hormone & Antibiotic-free Roasted Chicken Breast 8

Roasted Herb Crusted Atlantic Salmon 8

Grilled Local Grass-fed Sirloin 12

Thai Chicken Satay Salad

Grilled lemongrass chicken skewers served over crisp romaine hearts, roasted spiced edamame and pickled vegetables with Spicy Peanut Dressing and warm tofu fries. 16

Cobb Salad

Made Famous in the 1920's at Hollywood's Brown Derby Restaurant, this classic boast roasted turkey, bacon, avocado, tomato, hard-boiled egg, and field greens. Dressed with Red Wine Vinaigrette and of course Roquefort cheese. 14

Roasted Salmon Salad

Herb crusted salmon, served chilled with field greens, autumn apples, pears and pomegranate, toasted walnuts and Goat Rodeo Farms Chèvre. 16

Choice of house-made dressings: Non-fat Balsamic, Balsamic Vinaigrette, Pomegranate, Bleu Cheese Vinaigrette, Walnut Tahini, Buttermilk Ranch, Tapenade Vinaigrette

Mediterranean Salmon Salad

Crisp Moroccan-spiced salmon croquettes with wheatberry and vegetable tabbouleh salad, with warm pita. 14

Thai Noodle Bowl

Rice noodles with poached "fresh air" chicken breast, sprouts, and cinnamon, in a ginger-scented broth. 10