A memory café is a welcoming place for people with forgetfulness or other changes in their thinking and for their family and friends. All cafés share one goal: to help guests feel comfortable and to know that they are not alone. Cafés are a place to talk with others who understand what you are going through, to forget about limitations and instead focus on strengths, to enjoy other’s company, and to explore something new. Please find below most memory cafés in the Boston area.

*Golden Age Memory Café
Charlestown

Where: BCYF Golden Age Senior Center, 382 Main Street, Charlestown, MA

When: Usually meets the third Wednesday of the month 9:30-11:00 a.m.

Contact: Renee Frechette at 617-635-4366, renee.frechette@boston.gov

*Memory Café Jamaica Plain
(Spanish speaking café)

Where: Health Promotion Center, 10B Green Street, Jamaica Plain, MA

When: Usually meets the last Thursday of the month 1:00-3:00 p.m.

Contact: Nuria Silva at 617-635-4366, nuria.silva@boston.gov

*Memory Café East Boston

Where: Don Orione Home
111 Orient Avenue, East Boston, MA

When: Usually meets the fourth Wednesday of the month 10:30 a.m.-noon

Contact: Renee Frechette at 617-635-4366, renee.frechette@boston.gov

*Indicates Age Strong-run cafes.

For questions, contact the Age Strong Commission at (617)-635-4366
BOSTON MEMORY CAFES

*Memory Café Roxbury

**Where:** BCYF Vine Street Community Center, 339 Dudley Street, Roxbury, MA

**When:** Usually meets the second Friday of the month 9:30 a.m.-12:30 p.m.

**Contact:** Nuria Silva at 617-635-4366, nuria.silva@boston.gov

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Candle Stick Memory Café Brighton

**Where:** Flatbreads, 76 Guest Street, Boston, MA

**When:** Usually meets the first Wednesday of the month 11 a.m.-12:30 p.m.

**Contact:** Gordon Szerlip at 617-820-2534, gszerlip@coreypark.com, or Carly Ring at 203-804-8919, cring@sheehanhealthgroup.com

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Memory Café West Roxbury

**Where:** German Centre for Extended Care, 2222 Centre Street, West Roxbury, MA

**When:** Usually meets the third Saturday of the month 1:00-3:00 p.m.

**Contact:** Carol Kelly at 617-390-3214, ckelly@germancentre.org or Diane Dunning at 617-325-9447, ddunning@germancentre.org

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Thanks for the Memories Café Dorchester

**Where:** BCYF Grove Hall Senior Center, 51 Geneva Avenue, Dorchester, MA

**When:** Monthly, usually the first Monday of the month 11:00 a.m.-1:00 p.m.

**Contact:** Aidee Pomales at 617-635-1484, aidee.pomales@boston.gov

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Ethos/AgeWell Memory Café West Roxbury

**Where:** BCYF Roche Family Community Center, 1716 Centre Street, West Roxbury, MA

**When:** Usually meets the second Tuesday of every month 1:00-3:00 p.m.

**Contact:** Ann Glora at 617-477-6616, aglora@ethocare.org

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Jamaica Plain Memory Café
(Will resume September 30)

**Where:** Jamaica Plain Branch, Boston Public Library, 30 South Street, Jamaica Plain, MA

**When:** Monthly, usually the last Monday of the month 11:00 a.m. - 12:00 p.m.

**Contact:** Laura Pattison at lpattison@bpl.org