

## FIELD TRIP GUIDELINES

**Fee:** Free. Friends of Edgewood Natural Preserve is a non-profit organization, and gratefully accepts donations in support of its programs. Find out more about us at [www.FriendsofEdgewood.org](http://www.FriendsofEdgewood.org).

**Directions:** 6 Old Stagecoach Rd, Redwood City, CA 94062

From I-280 take the Edgewood Road exit in Redwood City. Drive east on Edgewood Road about  $\frac{3}{4}$  mile. Just past Crestview Drive turn right at the Edgewood County Park entrance sign.

Coming from Redwood City or San Carlos on Alameda de las Pulgas, turn west on Edgewood Road and drive about 1.9 mi. Turn left at the Edgewood County Park entrance sign.

Arrangement for **buses** must be made in advance.

Cars or vans may park either in the outer or the inner parking lot if space is available. The parking lots can fill up early. Use extreme caution if parking along Edgewood Road, and look out for No Parking signs.

Lead your group to the amphitheater at the entrance to the Bill and Jean Lane Education Center, where your docents will meet you.

### **Organization:**

Email from the Junior Explorers coordinator will let you know how many groups we would like you to divide into. Before the field trip, please divide the students into equal groups. If you like, choose appropriate names for the groups, such as Checkerspot Butterflies, Tarantulas, Coyotes, etc.

Please provide a name tag for each student, if possible. At least one parent or other responsible adult is required for every group of students and must stay with that group for the duration of the field trip.

Please have each student bring:

1. A full water bottle (no soda) and a snack that can be eaten along the trail.
2. Sturdy walking shoes (no sandals or thongs).
3. Layered clothing; every student should bring a jacket or sweater unless it's hot. A rain jacket if the weather is iffy. To protect against ticks, light-colored clothing is recommended, as well as tucking pants into socks.
4. A sun visor or hat is recommended.
5. Sunscreen.
6. A no-trash lunch, if you will be picnicking in the park afterwards.
7. Items brought on the trail should be carried in a backpack so that the children can have their hands free.

Good trail manners:

1. Treat the preserve as you would like people to treat your room at home.
2. Stay on the trail. Going off our trails can damage fragile and endangered plants and animals.
3. No souvenirs. Wood, rocks, and plants belong to the preserve. Don't pick the flowers, berries, or mushrooms.
4. Plants may be touched with permission from your guide.
5. Respect wildlife by being quiet, and by not chasing or handling.
6. Don't litter. Anything you bring into our preserve should go out with you.
7. Watch out for poison oak, rattlesnakes, and ticks.
8. Stand on the uphill side of the trail to let faster walkers and runners pass.
9. Stay behind the leader and with your group.
10. Listen when your docent talks. A quiet trail group also has a better chance of seeing and hearing wildlife.