



## **SaddleBrooke Hiking Club 2019 Programs**

### **2019**

**Jan. 16, 2019: "Hiking Training and Injury Prevention: A Physical Therapy Perspective" – Robert Klingman**

**Feb. 20, 2019: "Identifying Wildflowers in the Catalinas" – Tim Butler**

**Mar. 20, 2019: "Hiking in Norway's Fiordland" – Laurel Parrott**

**Apr. 17, 2019: "A Peakbagger's Experiences on the Barry M. Goldwater Bombing Range" – Doug Kasian**

**May 15, 2019: "Hiking in the San Juan Mountains"**

*These programs are open to residents of SaddleBrooke & SaddleBrooke Ranch. They are usually held in the HOA#1 Activity Center, starting at 4:00 PM, and are followed by a social hour in the Agave Lounge in the SaddleBrooke clubhouse starting at 5:00 PM. Future bulletins will confirm dates, times, and venue.*

### **Program Committee**

***Michael Caryl (Chairperson), Laurel Parrott & Bruce Hale***