

## Referral for Medical Nutrition Therapy (MNT)

Date:	Patient name:		
Day time phone number:	Insurance: (Attach copy of front & back of card)		
DOB:	Home address:	Zip:	

Above is referred for *medical nutrition therapy as a necessary part of medical treatment* and prevention of complications for diagnoses listed.

**Referral Needs:**    New Diagnosis                      New treatment plan                      New complication  
**Special Needs:**    Language                      Hearing/Speech/Vision                      Learning/Processing  
 Other: \_\_\_\_\_

✓ Check all diagnoses that apply to this referral					
✓	ICD-10	ICD-10 Description	✓	ICD-10	ICD-10 Description

✓ **Lab work** (Please attach or complete)                      BP \_\_\_\_ / \_\_\_\_

Hct/ Hgb	FBS &/or pc	Hgb A1c	Total Chol	HDL LDL	Non HDL	Trig	Ua Micro Albumin/Cr	BUN/ Cr	EGFR	Na/K	Phos/ PTH	Vit D
/	/			/			/	/		/	/	

✓ **Exercise/Activity Plan**  
 Release: may walk 20-30 min 5-7 x/week or \_\_\_\_\_  
 Not Released: \_\_\_\_\_

✓ **Medications** – Please attach list

~~Physician signature~~ **X** \_\_\_\_\_ MD/DO Phone \_\_\_\_\_  
 NPI: \_\_\_\_\_ Fax \_\_\_\_\_  
 Print MD/DO Name \_\_\_\_\_

The information requested above is Protected Health Information (PHI), and is the minimum necessary to execute delivery of patient services. Please understand as a link in the "Chain of Trust", all PHI will remain confidential as mandated by the Treatment, Payments, and Healthcare Operation Laws mandated by HIPAA.