



Let's chat!

101 Family Conversation Starters

by Christa Melnyk Hines

Some of these suggestions are serious, while others are lighthearted. Some are for older kids, others appeal to all ages. Pick and choose and have fun!

Get crafty! Print these conversation starters out on colored printer paper. Cut your favorites out into strips and tuck the strips into a pretty mason jar. Have your family take turns pulling a conversation starter out of the jar. And don't forget to add your own conversation ideas. Your kids would probably love to help!

Find more ideas on getting family conversation going in my book [Happy, Healthy & Hyperconnected: Raise a Thoughtful Communicator in a Digital World.](#)

- 1. Describe your perfect day.**
- 2. If you had your own radio or TV show, what would it be about?**
- 3. Who is someone you would love to meet someday?**
- 4. What is your favorite summertime memory?**
- 5. If you could be a superhero, what would your name be and what would be your special power?**
- 6. What would be a cool invention?**
- 7. Who is someone you really admire? Why?**
- 8. Describe the perfect meal.**
- 9. Who made you smile today? What did they do or say?**
- 10. Who is a celebrity you would like to meet? Why?**
- 11. If you saw a classmate getting picked on by some other kids, what would you do?**
- 12. If you could travel anywhere in the world, where would you go?**
- 13. What is something you like to do that makes you feel great about yourself?**

14. *If you could try anything, what would it be?*
15. *Invent a new holiday. Date? Food? Traditions?*
16. *What musical instrument would you try playing if you could choose anything?*
17. *If you were an animal, what kind would you be? Why?*
18. *Describe your favorite place to spend time.*
19. *What is the funniest thing that happened this week?*
20. *What do you think life will be like when you are all grown up?*
21. *What is one word you think people would use to describe you?*
22. *What is one word you would use to describe each person here?*
23. *What is one of the best things that has ever happened to you?*
24. *If you could be a storybook or movie character, who would you be?*
25. *What makes your best friend special?*
26. *What do you think your special qualities are that make you a good friend?*
27. *What is the funniest thing that has ever happened to you?*
28. *How would you design your future house?*
29. *What is the best gift you've ever received?*
30. *What is something kind you could do for someone else without them knowing it was you?*
31. *If you could be king or queen for a day, what would you do to make the world a better place?*
32. *Would you prefer to shuttle into outer space or explore the ocean in a submarine?*

33. *What would be your talent if you were in the circus?*
34. *What do you think is the best age to be? Why?*
35. *What is one of your favorite traditions? Why?*
36. *What are three things you are most grateful for that happened today?*
37. *What is the nicest thing anyone has ever said to you?*
38. *Is it ever okay to lie?*
39. *What do you wish people better understood about you?*
40. *What is your favorite vacation memory? Where would you want to go next?*
41. *What is one thing you look forward to every day?*
42. *If you could change one thing about your life, what would it be?*
43. *If you could change your name, what would you change it to?*
44. *If you had the ability to become invisible, what would you do with your special power?*
45. *What is a job that you think really makes a difference in people's lives?*
46. *If you could only eat the same 3 things every day, what would you choose?*
47. *What would you do if your friend asked if s/he could copy your homework?*
48. *When you are sad, what cheers you up?*
49. *What is your favorite way to spend time with our family?*
50. *What is your favorite way to spend time alone?*
51. *Do you think it is more important to be popular or smart?*

52. *What is your favorite way to spend time with friends?*
53. *When hurt or angry, what is something that makes you feel better?*
54. *What are the qualities of a good friend?*
55. *What is one thing you do that helps you feel good about yourself?*
56. *Who is someone you really respect and admire?*
57. *Who is someone who always makes you feel welcome and loved?*
58. *How do you like to help other people?*
59. *How do you try to cheer up a friend who is sad?*
60. *What do you think it means to be a good sport?*
61. *If you could try anything, what would you do?*
62. *What is one thing you would change about your school?*
63. *What is your favorite activity to do at recess or in P.E.?*
64. *What makes a person brave or courageous in your eyes?*
65. *Who is a figure in history who you think was especially brave? Why?*
66. *What is a good way to make a friend?*
67. *What would be the best thing about being the new kid at school?*
68. *What would be the hardest thing about being the new kid at school?*
69. *At the end of your life, what do you hope to be proudest of?*
70. *Do you think it is ever OK to lie about your age?*

71. *How do people earn your trust and respect?*
72. *What would you like to learn more about?*
73. *What do love most about our family?*
74. *Name one thing that makes the person next to you special.*
75. *Is it better to be the best player on a team or the most fair player?*
76. *What if a friend texted you gossip about a classmate? What would you do with it?*
77. *What do you hope your friends would do if someone started spreading mean rumors about you? What would you do?*
78. *Do you think there is a double standard when it comes to what girls and boys can get away with posting online?*
79. *If you were invited to get on the school intercom to say something positive to the school, what would you say?*
80. *What is one change you would make to our family life?*
81. *What are 5 things you would love to do over school break?*
82. *What do you think is one of the coolest things about life in our world today?*
83. *If you heard that someone was going to pull a mean prank on another kid, would you warn the other kid?*
84. *What do you think it means to be successful?*
85. *Would you rather climb a mountain or scuba dive in a coral reef?*
86. *What season best describes your personality? Why?*

- 87. What is your favorite day of the week? Why?**
- 88. What is one place you would love to visit again?**
- 89. What would you try if you knew you wouldn't fail?**
- 90. What helps you calm your nerves when you are nervous?**
- 91. Snow day! What do you do with this unexpected day off?**
- 92. You see the new kid standing alone at recess. What can you do to help him/her feel welcome?**
- 93. What is your favorite story about a family member?**
- 94. If you could ask your grandparents anything, what would you want to know?**
- 95. Do you think it is more fun to live in the city or the country?**
- 96. What is one of your favorite words?**
- 97. What is your favorite zoo animal?**
- 98. What are 3 things that make you happy?**
- 99. What is your favorite song? Sing it!**
- 100. What is your favorite book?**
- 101. Tell us your favorite joke.**