



OMNI  
DERMATOLOGY  
Wound Care Instructions

Wound care supplies needed: Vaseline/Petroleum Jelly, Non-adherent gauze/Telfa pad, Paper Tape

- Wash area gently once daily in shower/bath with your regular soap and water.
- Apply Vaseline/Petroleum Jelly twice a day for 7 to 10 days or until wound is healed. (NOTE: Neosporin and other topical antibiotics are NOT recommended)
- Remove bandage before shower/bath, wash gently, then reapply dressing after shower
- **If stitches were placed**, continue to apply Vaseline/Petroleum Jelly and cover with bandage/dressing once daily until sutures are removed.
- A small amount of redness around the biopsy/surgery site is normal. If the wound becomes painful, swollen, or is draining, return to the office immediately. Should you have any questions about above instructions, please call and ask to speak with a medical assistant.

### **Discomfort**

Regular strength Tylenol/Advil may be taken as needed for discomfort. (whatever your normal pain reliever is)

### **Bleeding**

Excessive bleeding is rare with dermatological procedures/surgeries. Should you experience bleeding, apply continuous direct pressure with clean gauze for 15 minutes. If the bleeding does not stop, or if any other problems develop, please call and ask to speak with a medical assistant

**East Phoenix:**602-954-3919 **Tempe:**602-559-5470 **Glendale:**623-299-9540 **West Phoenix:**623-478-8000